

LIFEINDEXAIR



Report of the stakeholders' training courses

Deliverables B6.3

September 2021 (updated in October 2021)

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DEMOKRITOS
NATIONAL CENTER FOR SCIENTIFIC RESEARCH



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LIFE Index-Air – Report of the meetings and training courses with stakeholders

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SUMMARY

The LIFE Index-Air management tool was developed in the framework of the LIFE Index-Air project (LIFE15 ENV/PT/000674), aiming to cover the gap between ambient air quality management and real-life exposure of urban populations and related health risks. It aspires to provide policy makers with the means to assess citizens' exposure to PM and related health effects, as well as to evaluate the effectiveness of selected air pollution mitigation measures with respect to ambient air quality, population exposure and the protection of public health. The tool also aims to enhance the knowledge of the general public on PM pollution, its sources, means of exposure and health effects and to raise awareness regarding the adoption of sustainable and environmentally friendly practices in our everyday lives.

It is essential for the successful realization of LIFE Index-Air project that the developed Management Tool will be adopted by policy makers and relevant authorities in the five studied cities. For this reason task B6.3 was assigned to stakeholders' training where all functionalities of the tool were presented to stakeholders while they were also had the opportunity to examine the data collected by the project. The manual (book and video) developed in B1 was also distributed during the course.

This deliverable presents the minutes of the stakeholders' training courses organized in Lisbon, Kuopio, Treviso and Athens.

LIFE Index-Air

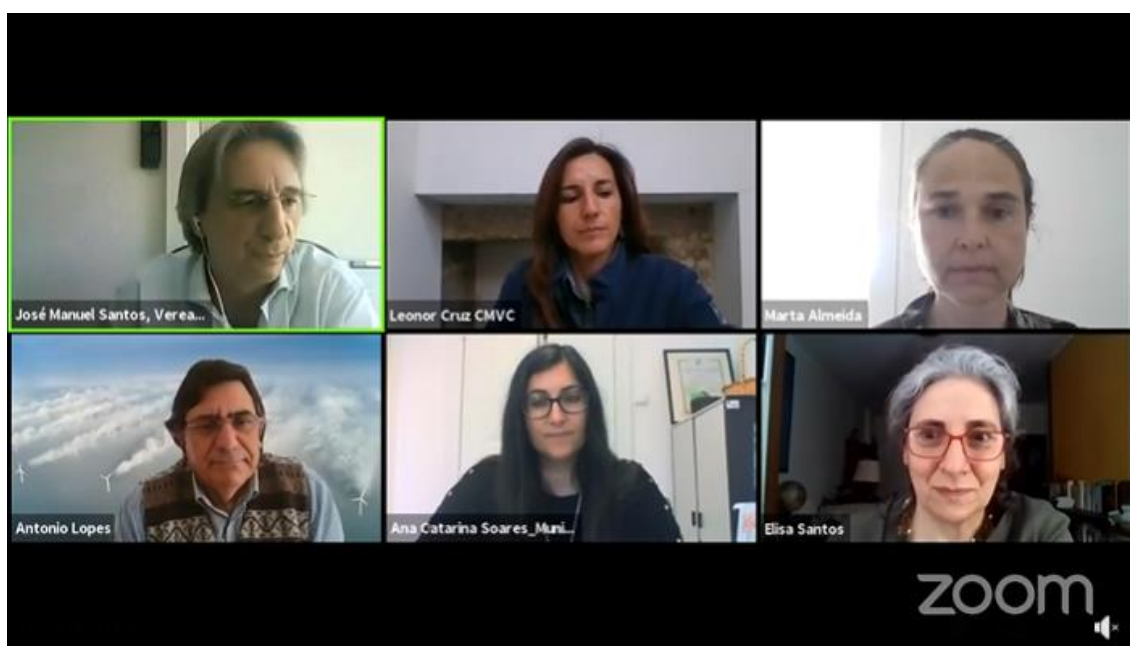
Webinar with Rede Portuguesa de Municípios Saudáveis

**LIFE Index-Air - Development of an Integrated Exposure – Dose Management Tool for Reduction of Particulate Matter in Air –
LIFE15ENV/PT/000674**

Report of the webinar

Date: 19th of March 2021

Zoom meeting



Introduction

The present Minutes Report has been made to provide an overview of the Webinar with Rede Portuguesa de Municípios Saudáveis. The meeting took place on 19th of March 2021. This webinar was attended by a total of 100 participants with representatives of 33 Portuguese Municipalities

Marta Almeida, as coordinator of the project, made a lecture about the LIFE Index-Air functionalities, and implementation.

Objectives

The objectives of the webinar were:

1. Deepen the concepts of ecology and health;
2. Identify strategies and public policies that promote sustainable development;
3. Promote municipal actions that develop environmental health.

The objectives of the lecture dedicated to the LIFE Index-Air tool were:

4. to highlight the motivation and goals of the LIFE Index-Air project;
5. to introduce the LIFE Index-Air Management Tool;
6. to train the stakeholders to run the LIFE Index-Air Management Tool;
7. to present the results of the implementation of the Tool in Lisbon as an example of application;

Participating Members

33 Portuguese Municipalities: 1 Lousã Municipality, 2 Avis Municipality, 3 Azambuja Municipality, 4 Braga Municipality, 5 Cascais Municipality, 6 Castro Marim Municipality, 7 Chamusca Municipality, 8 Coimbra Municipality, 9 Figueira da Foz Municipality, 10 Gondomar Municipality, 11 Grandola Municipality, 12 Lagoa (Açores) Municipality, 13 Lagoa (Algarve) Municipality, 14 Loures Municipality, 15 Matosinho Municipality, 16 Olhão Municipality, 17 Palmela Municipality, 18 Pombal Municipality, 19 Seia Municipality, 20 Serpa Municipality, 21 Sesimbra Municipality, 22 Setúbal Municipality, 23 Soure Municipality, 24 Terras do Bouro Municipality, 25 Torres Vedras Municipality, 26 Valongo Municipality, 27 Viana do Castelo Municipality, 28 Vila Franca de Xira Municipality, 29 Barreiro Municipality, 30 Entrocamento Municipality, 31 Montijo Municipality, 32 Porto Municipality, 33 Seixal Municipality

Agenda of the Meeting

The working agenda of the webinar is displayed in Figure 4.

LIFE Index-Air – Report of the meetings and training courses with stakeholders

15:00h – Enquadramento

José Manuel Santos, vereador da Câmara Municipal do Montijo

Marta Almeida, investigadora, Centro de Ciências e Tecnologias Nucleares do Instituto Superior Técnico da Universidade de Lisboa

António Lopes, investigador, Centro de Estudos Geográficos da Universidade de Lisboa

15:50h – Boas práticas dos municípios Saudáveis

"Da Terra para «O Mercado»: O cabaz da semana", Elisa Santos, consultora da área da saúde pública da Câmara Municipal de Valongo

"Bioparque de Pombal: Parque Urbano da Charneca", Ana Catarina Soares, chefe de Unidade do Ambiente da Câmara Municipal de Pombal

"Escola da Natureza", Leonor Cruz, coordenadora do Centro de Monitorização e Interpretação Ambiental da Câmara Municipal de Viana do Castelo

16:45h – Debate

Moderador: José Manuel Santos, vereador da Câmara Municipal do Montijo

Figure 1 – Working agenda of the webinar.

Important links

LIFE Index-Air presentation is available [here](#)

The Webinar was displayed online and it is possible to see it [here](#)

More information can be found [here](#)

Images of the webinar

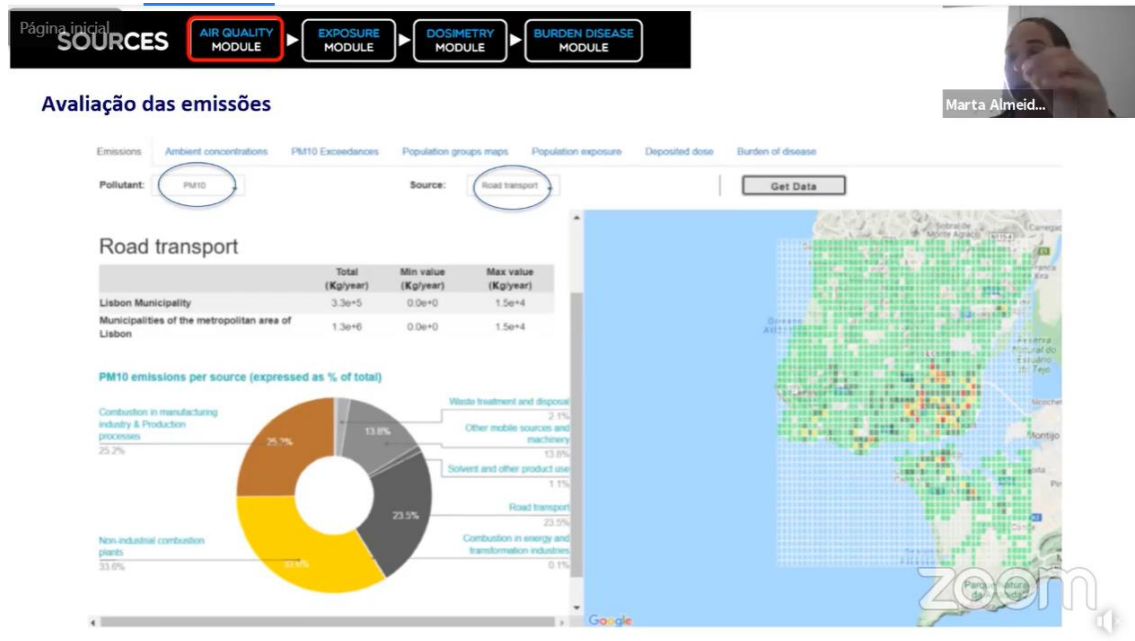


Figure 2 – Presentation the Tool's functions.

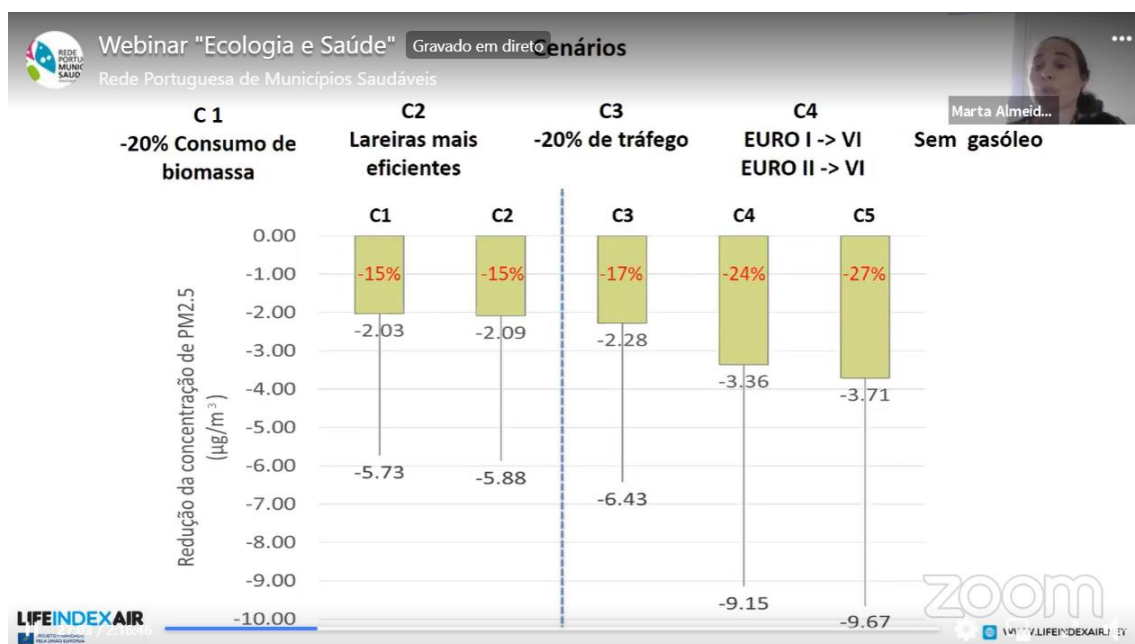


Figure 3 – Presentation of the implementation of the tool in Lisbon.

LIFE Index-Air

Meeting and training course with Regional Agency for Environmental Protection and Prevention of the Veneto (ARPAV)

**LIFE Index-Air - Development of an Integrated Exposure – Dose
Management Tool for Reduction of Particulate Matter in Air –
LIFE15ENV/PT/000674**

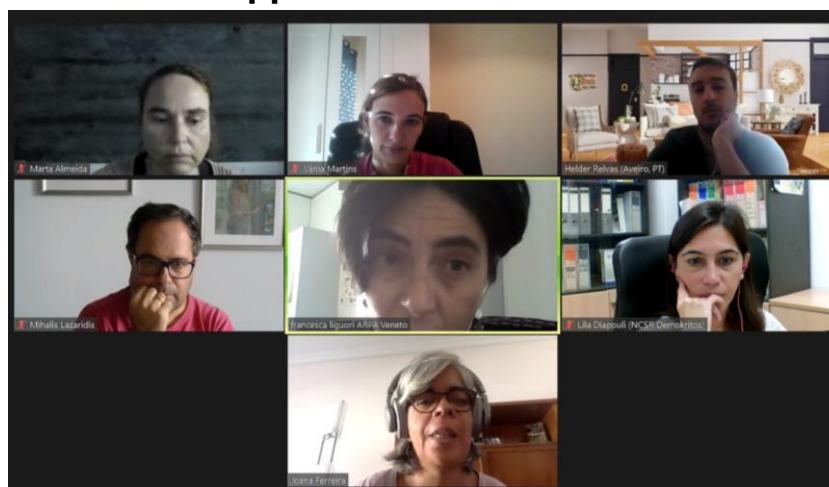
Report of the meeting and training course with stakeholders

Date: 12th of October 2021

Zoom meeting

Chair: Marta Almeida

Rapporteur: Vânia Martins



Introduction

The present Minutes Report has been made to provide an overview of the meeting and training course with Regional Agency for Environmental Protection and Prevention of the Veneto (ARPAV). The meeting took place on 12th of October 2021. This meeting was attended by a total of 7 participants: 2 from IST, 2 from UAVR, 1 from NCSR-Demokritos, 1 from TUC and 1 from ARPAV.

ARPAV is a public body founded in 1996. The goal of the Agency is to control and preserve the environment in order to help the identification and elimination of risks to humans and to the environment.

More specifically, ARPAV is responsible for:

1. controlling of the environment including sources of pollution (e.g. industrial emissions, waste, radiation);
2. monitoring of the state of the environment, particularly the quality of air, water, and soil;
3. preventing risk factors and the promotion of an education aimed at favoring life styles, which respect the environment.

ARPAV coordinates its activities closely with others Public Bodies and Private Organizations in order to complete its tasks for the interest of whole society, having developed a large and structured network.

Marta Almeida, as coordinator of the project, was the chair of the meeting and nominated Vânia Martins (from IST team) as the rapporteur.

Objectives

The objectives of this meeting were:

8. to highlight the motivation and goals of the LIFE Index-Air project;
9. to introduce the LIFE Index-Air Management Tool;
10. to train the stakeholders to run the LIFE Index-Air Management Tool;
11. to present the results of the implementation of the Tool in Treviso;
12. to discuss the results obtained with stakeholder.

Participating Members

The following members of IST, UAVR, NCSR-Demokritos, TUC and stakeholder participated in the meeting:

- IST – Marta Almeida, Vânia Martins
- UAVR – Hélder Relvas, Joana Ferreira
- NCSR “Demokritos” – Lila Diapouli

- TUC – Mihalis Lazaridis
- ARPAV – Francesca Liguori

Agenda of the Meeting

The working agenda of the meeting is displayed in Figure 4.

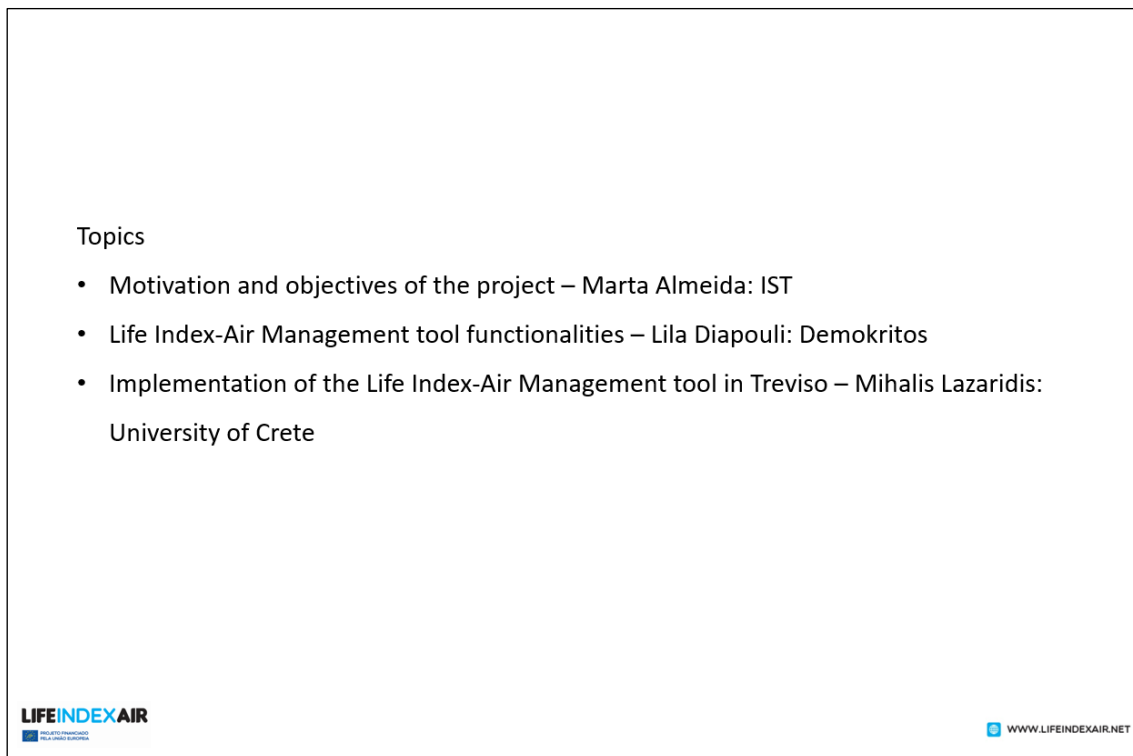


Figure 4 – Working agenda of the meeting.

Working resume

The meeting started at 9:00 with the introduction of all participants. Marta Almeida gave a general overview of the LIFE Index-Air project: motivation, goals and structure. Lila Diapouli introduced the LIFE Index-Air Management Tool and gave training regarding the different functions of the Tool. The manual for the Management Tool utilisation was presented. This manual includes the description of all the functions of the Operational Platform and the input data needed in the application of the “Scenario” tab. The results of the implementation of the Tool in Treviso were presented by Mihalis Lazaridis. Following the presentations, Francesca Liguori was able to exchange views, knowledge and experience and highlight different aspects of the issue of air quality management. In addition, she has gotten familiar with the Tool’s functions. Project partners indicated ways of effective use of the project outcomes.

LIFE Index-Air – Report of the meetings and training courses with stakeholders

The PowerPoint that supported this meeting is shown in Annex 1.

The meeting ended at 10:30.

Images of the online meeting

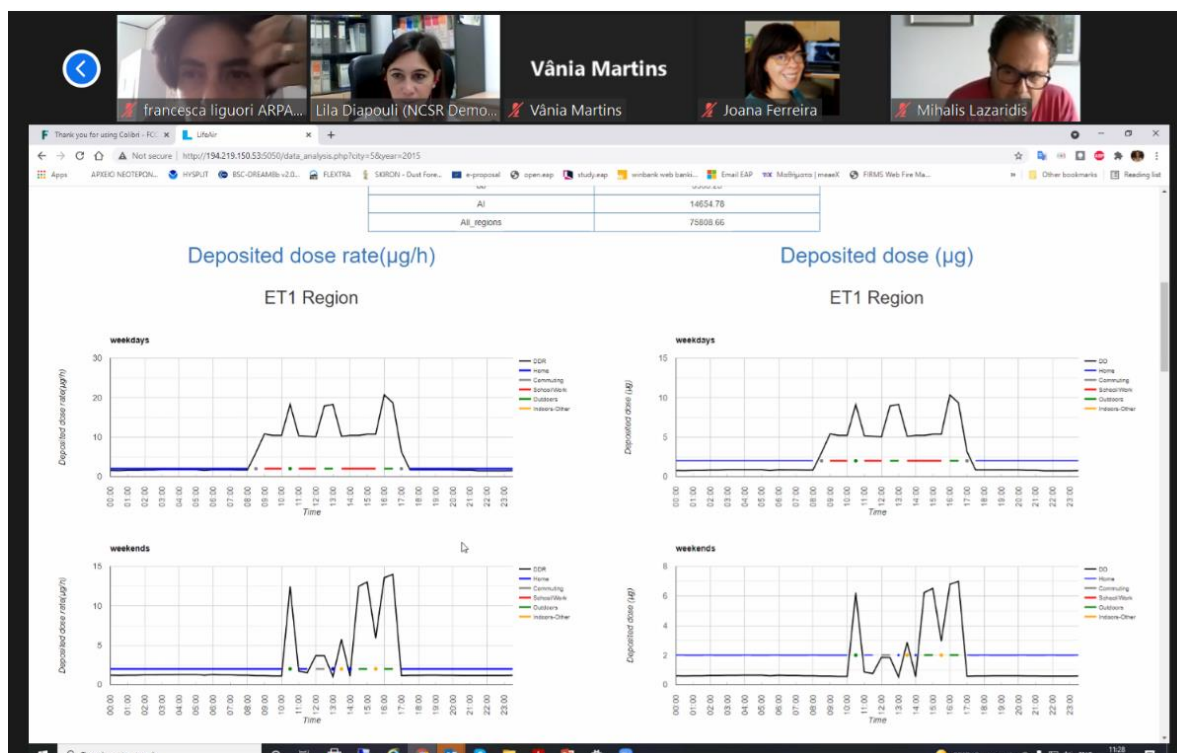


Figure 5 – Lila Diapouli presenting the Tool's functions.

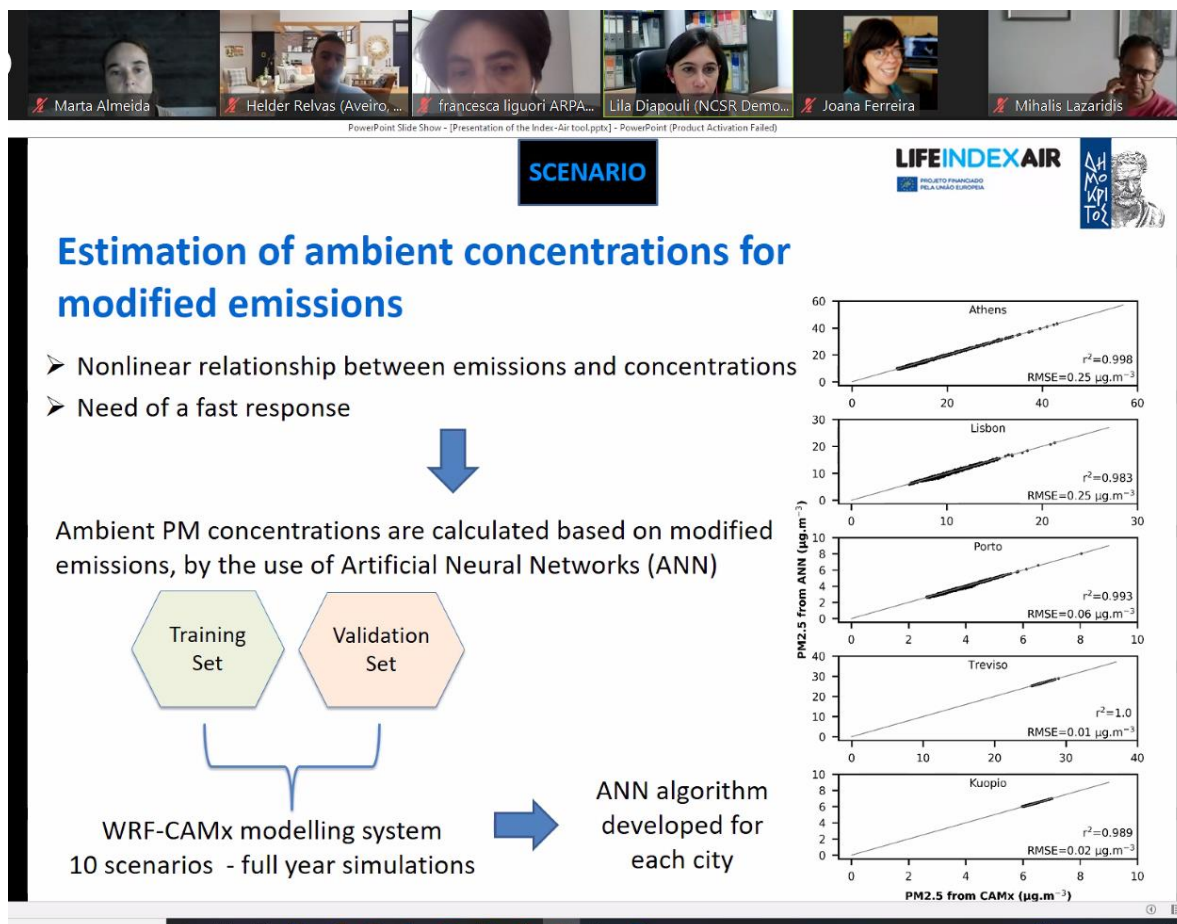


Figure 6 – Lila Diapouli presenting the functionalities of the scenario builder.

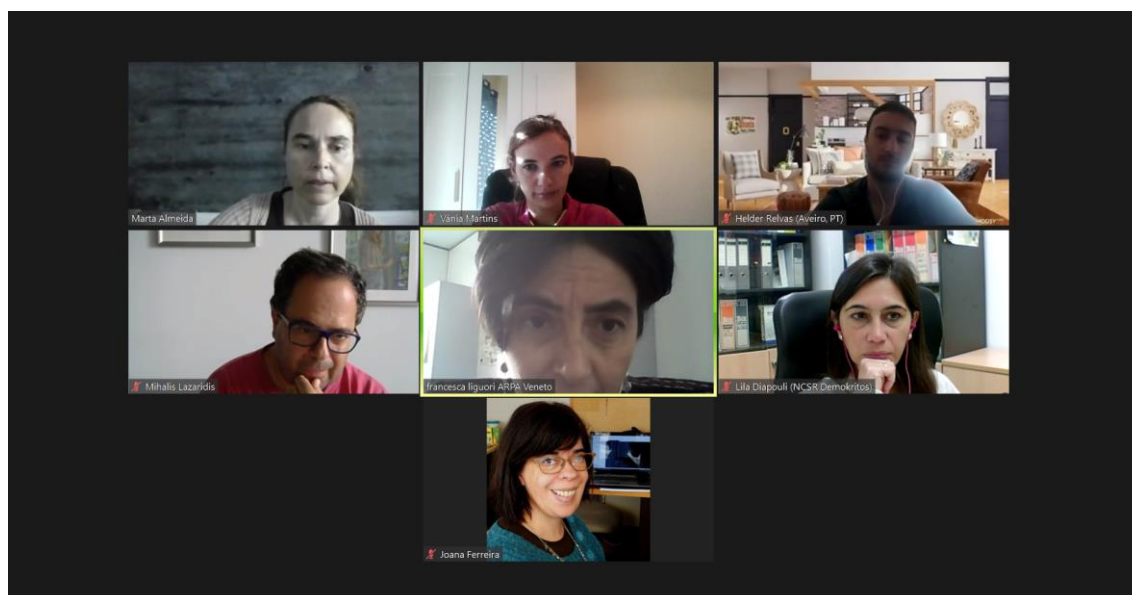


Figure 7 – Intervention by Francesca Liguori, ARPAV member (Stakeholder).

Main conclusions of the meeting

LIFE Index-Air partners presented the motivation, goals and structure of the project, as well as the results from the implementation of the management tool in Treviso. A part of the meeting was dedicated to the training of stakeholder in the use of LIFE Index-Air Management Tool. The meeting closed with a discussion between LIFE Index-Air team and stakeholder regarding details on the results presented. The functionalities of the Tool were demonstrated in detail, discussing as well on the different improvement measure scenarios that may be applied and the best ways to make use of the Tool's outcomes, with respect to environmental management and development of cost-effective mitigation strategies.

The improvement measures applied were targeting reductions to the relevant anthropogenic sources where reductions are possible such as: road traffic emissions and emissions from biomass burning for residential heating. The support training material (manual and video) is expected to further assist local and national authorities in the application of the Management Tool. The manual and video have been published in the project website in order to attract additional end users.

Francesca Liguori showed interest and motivation in using the Management Tool to enhance ARPAV current air quality policies. The main air quality concern is the occurrence of high pollutant emissions related to the biomass burning for residential heating in the Treviso area. ARPAV is interested in develop and apply cost-effective mitigation strategies and Francesca Liguori recognised that the Tool can be a good help.

The adoption of management tool by this authority ensures the use of project outcomes after the project end. The project partners will maintain the communication with this key stakeholder, providing support in the application of the management tool.

Approval of the Meeting Minute

According with the LIFE Index-Air Management Guide the minutes shall be considered as accepted if, within 10 calendar days from sending, no Member has sent an objection in writing to the chairperson. The chairperson will send the final version of the minutes by email to all the beneficiaries that were call to the meeting. Also a copy of the minutes will be archived in the LIFE Index-Air webpage.

Annex

Powerpoint of the meeting and training course with Regional Agency for Environmental Protection and Prevention of the Veneto (ARPAV)



Topics

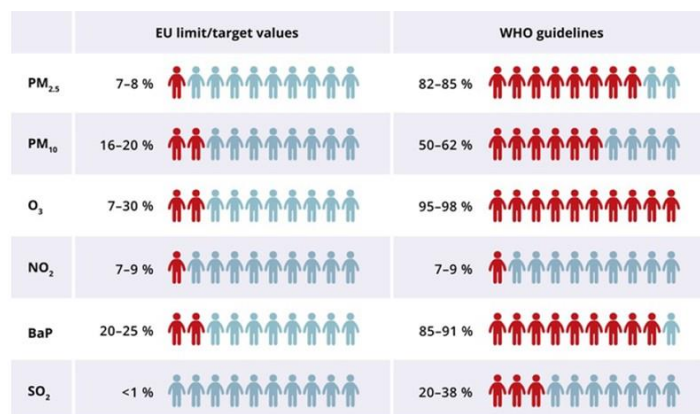
- Motivation and objectives of the project – Marta Almeida: IST
- Life Index-Air Management tool functionalities – Lila Diapouli: Demokritos
- Implementation of the Life Index-Air Management tool in Treviso – Mihalis Lazaridis: University of Crete



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Motivation

EU urban population exposed to harmful levels of air pollution in 2013-2015



Air Quality in Europe – 2017 Report
EEA Report | No 13/2017

Round 90 % of Europeans living in cities are exposed to levels of air pollutants deemed damaging to health by the World Health Organization's more stringent guidelines.



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Motivation Assessment of human exposure to particles

Measuring outdoor levels of particles at **fixed** ambient air quality **monitoring sites** has been the **traditional** way of **evaluating** urban air quality

This fixed monitoring stations are **supposed to assess** the exposure of all the population to particles



However, this approach **fails** to account for **all components** of exposure

1st There is a huge **heterogeneity** in the **concentrations** of pollutants within the city

2nd People spend more than **90% of the time** **indoors**

3rd There is a huge **heterogeneity** in **time** activity patterns of the population

Motivation Assessment of human exposure to particles

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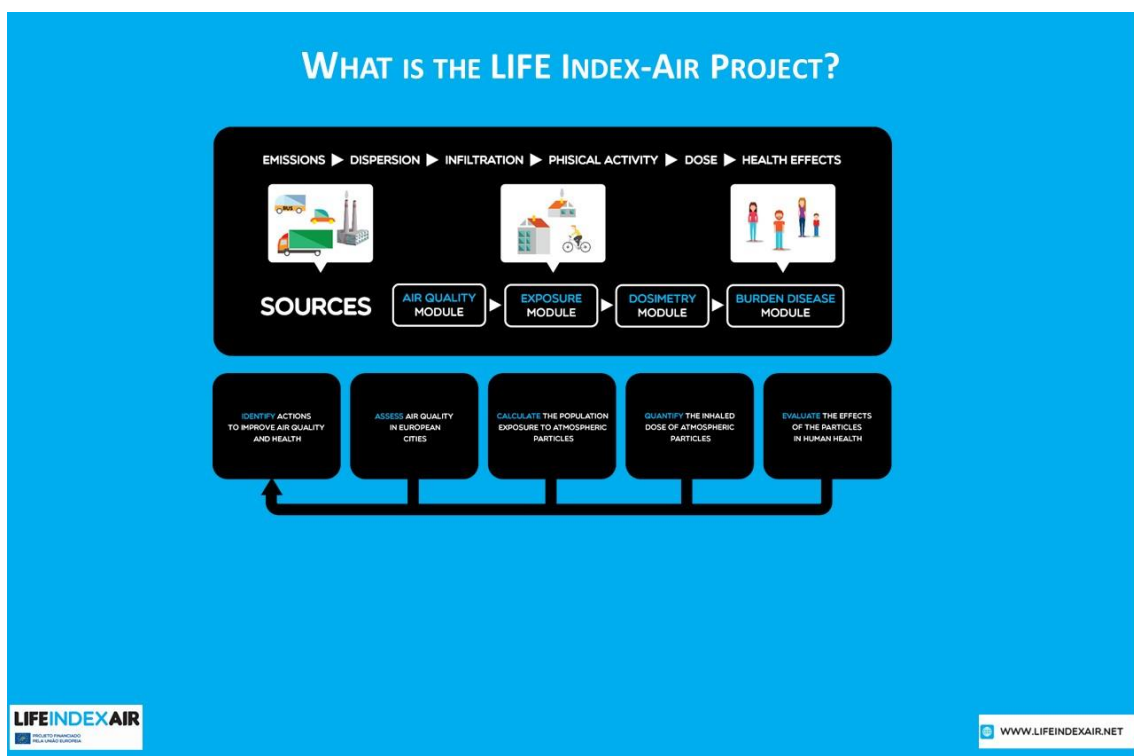
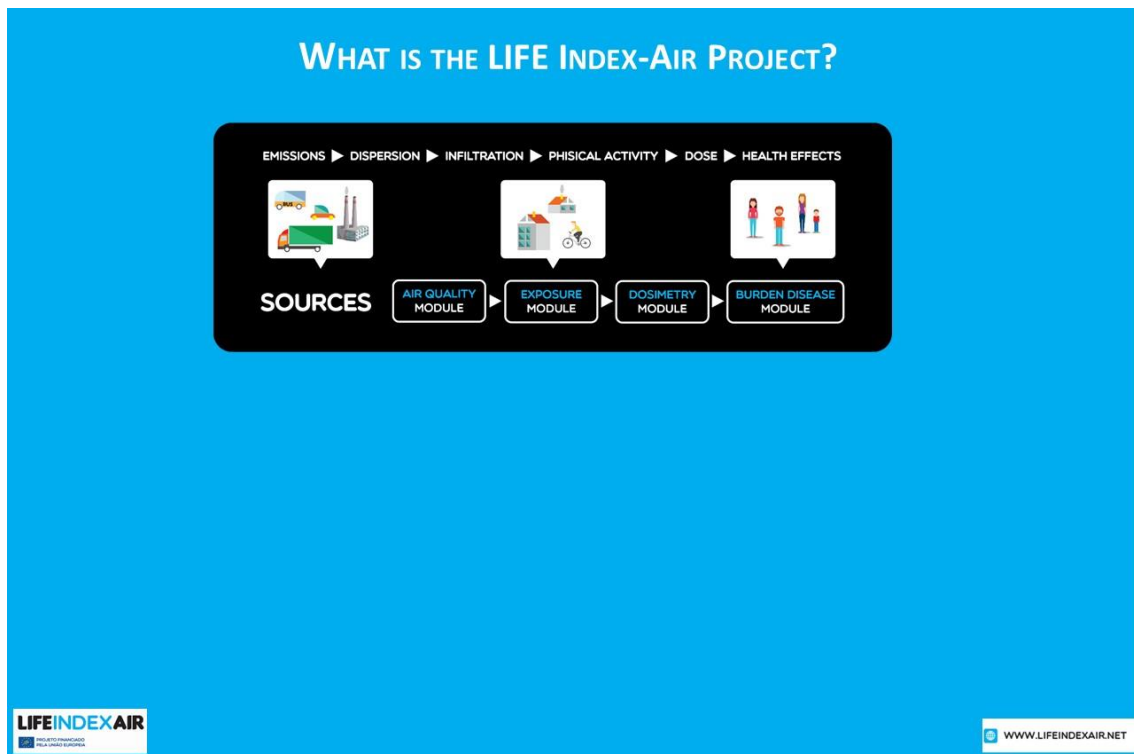
However, this approach **fails** to account for **all components** of exposure

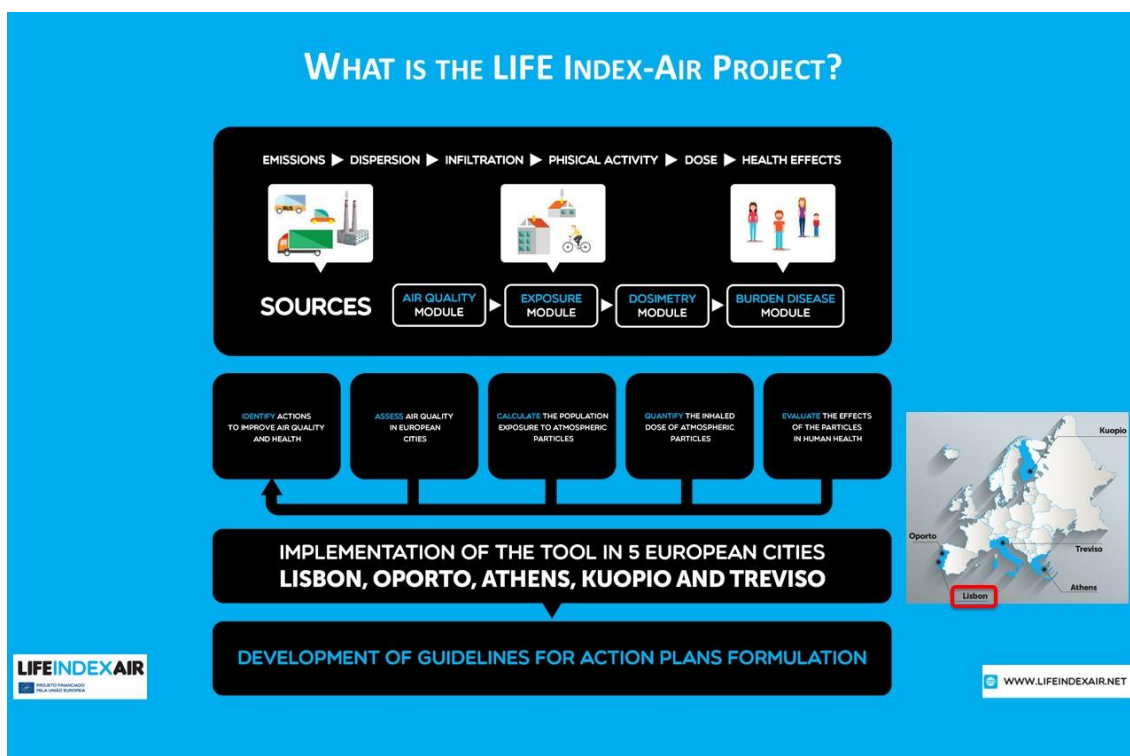
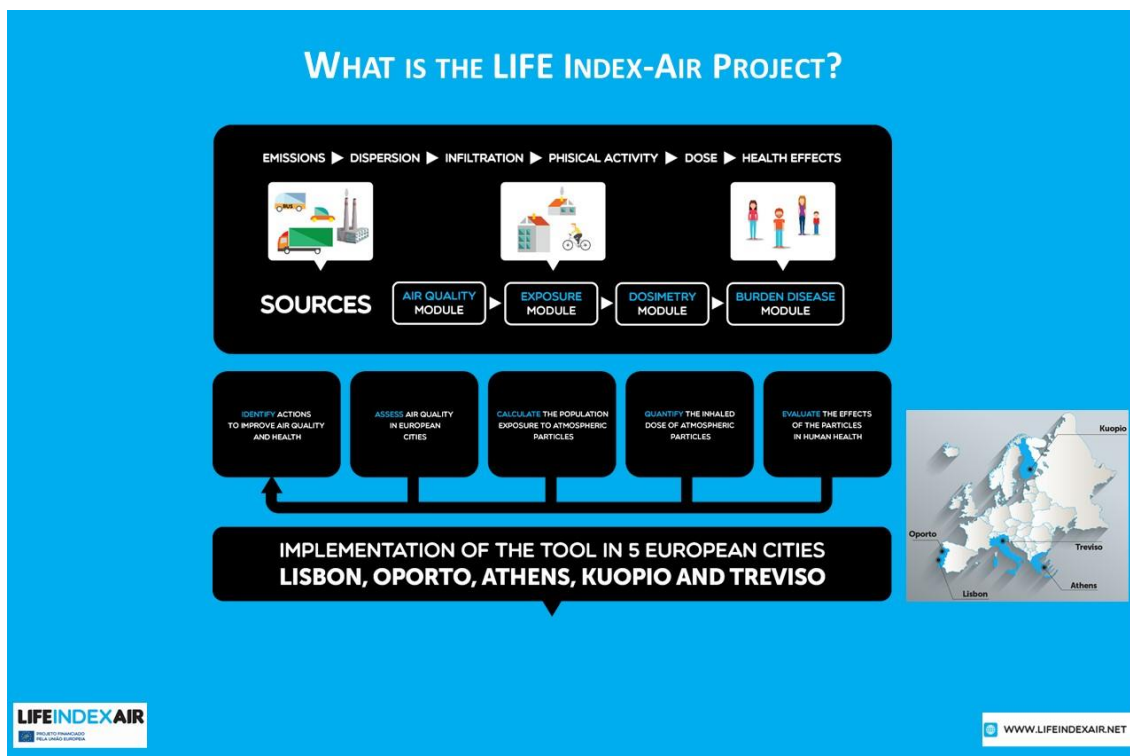
1st There is a huge **heterogeneity** in the **concentrations** of pollutants within the city

2nd People spend more than **90% of the time** **indoors**

3rd There is a huge **heterogeneity** in **time** activity patterns of the population

This brings the considerable importance of assessing the **personal integrated exposure** to particles as it is the key determinant of the **dose received by an individual** and to study the **sources associated with this exposure**.





Presentation of the functionalities of the Index-Air Management Tool

Evangelia Diapouli
NCSR “Demokritos”

Stakeholders meeting
Tuesday 12 October 2021



Introduction to the Index-Air tool



LIFEINDEXAIR

HOME

DATA ANALYSIS

ABOUT

CONTACTS

LOG OUT

You are logged in as msensis



LIFE INDEX-AIR PROJECT
PARTNERS
MANUAL
INFORMATIVE VIDEO

The Index-Air Tool is an integrated exposure-dose-burden of disease tool, which allows the quantitative assessment of policies and mitigation strategies for air quality management and protection of public health.

- The tool analyses emission and ambient concentration data, based on current conditions as well as future scenarios determined by the user for testing different mitigation measures.
- Through the application of a number of specialised models, it calculates population exposure to airborne particulate matter (PM), deposited dose and respective burden of disease.

A detailed manual and an informative video are also available, describing how the Index-Air Tool was developed and its features and mode of operation.

The tool is currently applied for 5 cities: Athens, Kuopio, Lisbon, Porto and Treviso. If you are interested in including your city in the LIFE Index-Air Tool, please contact: info@lifeindexair.com



Management Tool



The Index-Air Tool was developed with the contribution of the LIFE financial instrument of the European Community (LIFE15 ENV/PT/000674). This work reflects only the authors' view and EASME is not responsible for any use that may be made of the information it contains.

Introduction to the Index-Air tool



LIFEINDEXAIR

HOME DATA ANALYSIS ABOUT CONTACTS

You are logged in as msensis



City: **Choose City**

- 1. Lisbon
- 2. Porto
- 3. Athens
- 4. Kuopio
- 5. Treviso

LOG OUT

Base Scenario

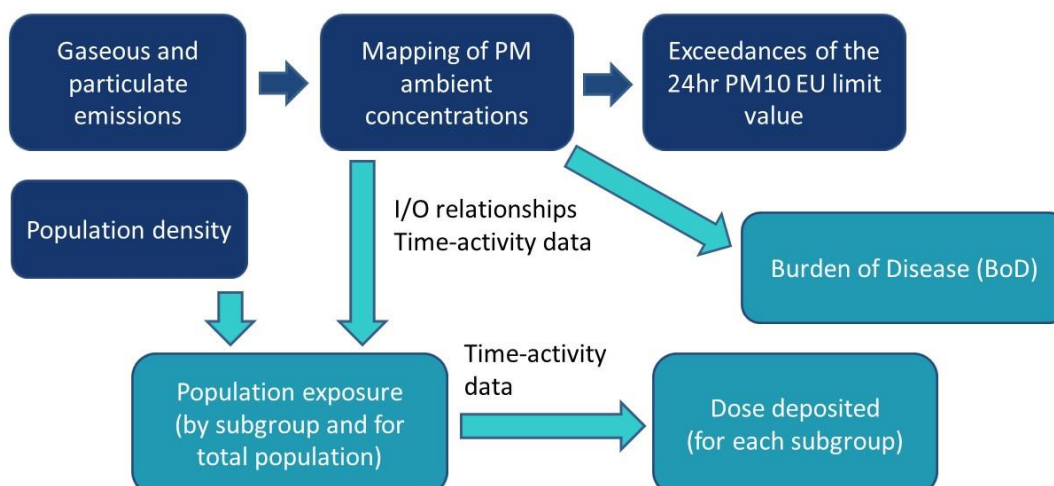
Wood consumed (ton/year)	243891	Cruisers	85	Total Passenger Cars (n)	854445	Total Standard Buses (n)	2180
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Emissions: Ambient concentrations PM10 Exceedances Population groups maps Population exposure Deposited dose Burden of disease

Pollutant: **Choose Pollutant** Source: **Choose Source** **Get Data**

Calculation steps

BASE



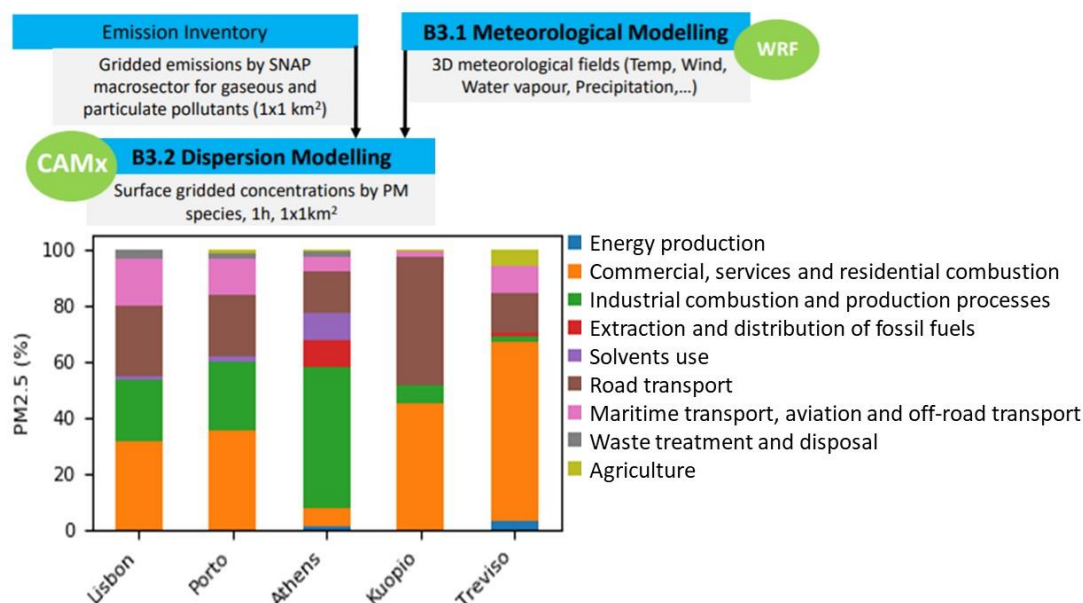
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BASE

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Mapping of ambient PM concentrations

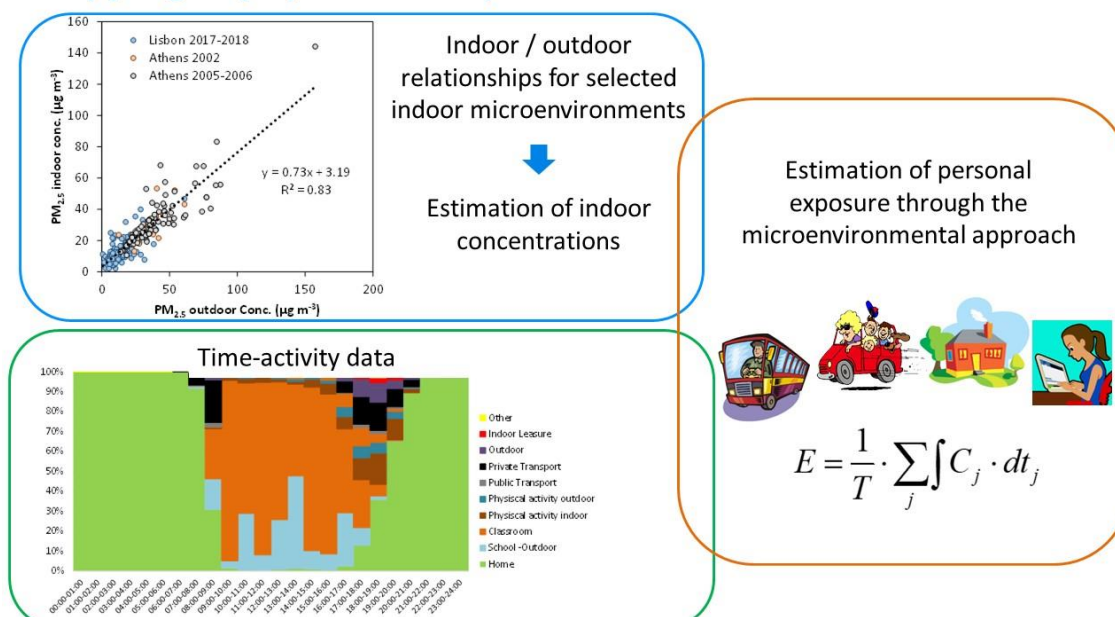


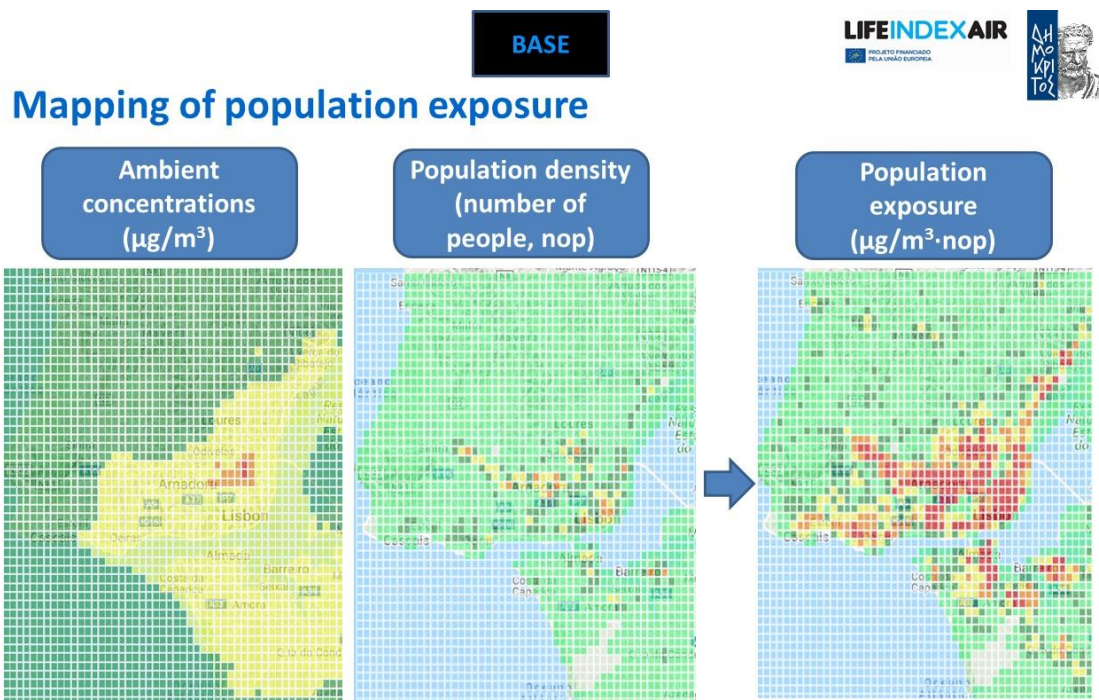
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Mapping of population exposure

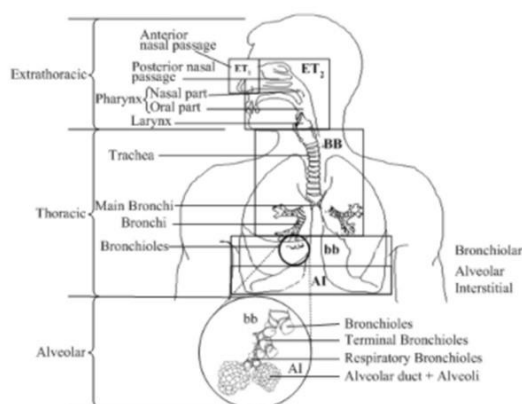




- ✓ Based on average 30-min exposures (for weekdays and weekends separately)
- ✓ Under the specific anatomical and physiological conditions determined by the subject's age and activity



- Calculation of dose for PM_{2.5}, PM₁₀ and PM_{2.5-10}
- Daily variability of dose & daily and yearly cumulative dose



BASE

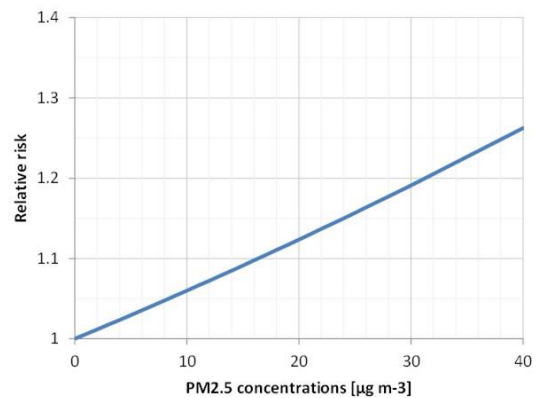
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Burden of Disease due to PM2.5 exposure

The Burden of Disease methodology is based on Concentration – Response functions found through epidemiological studies and calculates:

- ✓ YLL - years of life lost due to premature mortality
- ✓ YLD - disability weighted years lived with disabilities
- ✓ DALY - disability adjusted life years = YLL + YLD
- ✓ Number of Deaths



C-R functions for natural mortality from HRAPIE recommendations (Heroux et al. 2015).

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Application of alternative scenarios

3 types of emissions:

- ✓ Vehicular traffic
- ✓ Residential wood combustion
- ✓ Cruise shipping

➤ Reference values for base emission parameters



Modification of emission parameters and /or time-activity patterns

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Emission parameters

➤ Vehicular Traffic

- Apportionment (%) of total passenger cars per fuel type (petrol, diesel or electric)
- Apportionment (%) of petrol passenger cars per age (Euro I to Euro IV)
- Apportionment (%) of diesel passenger cars per age (Euro I to Euro IV)
- Apportionment (%) of standard buses per fuel type (diesel, natural gas or electric)
- Apportionment (%) of diesel standard buses per age (Euro I to Euro IV)
- Total number of passenger cars
- Total number of standard buses

➤ Residential heating

- Apportionment (%) of wood burning devices per type
- Quantity of wood consumed (in tons/year).

➤ Cruise shipping

- Number of cruisers (for Athens, Lisbon and Porto)

SCENARIO

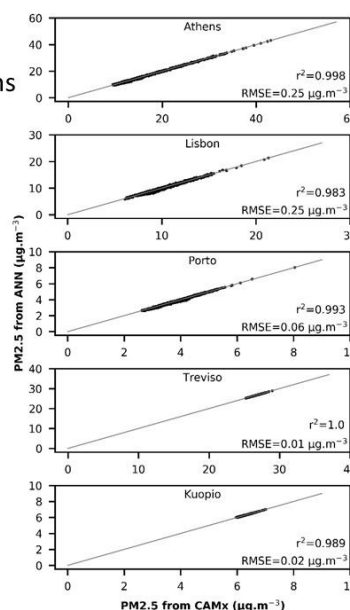
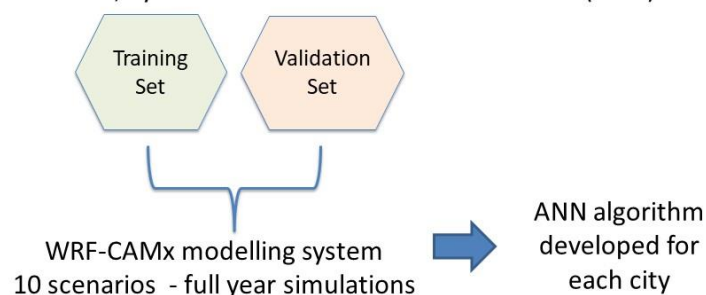
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Estimation of ambient concentrations for modified emissions

- Nonlinear relationship between emissions and concentrations
- Need of a fast response

Ambient PM concentrations are calculated based on modified emissions, by the use of Artificial Neural Networks (ANN)

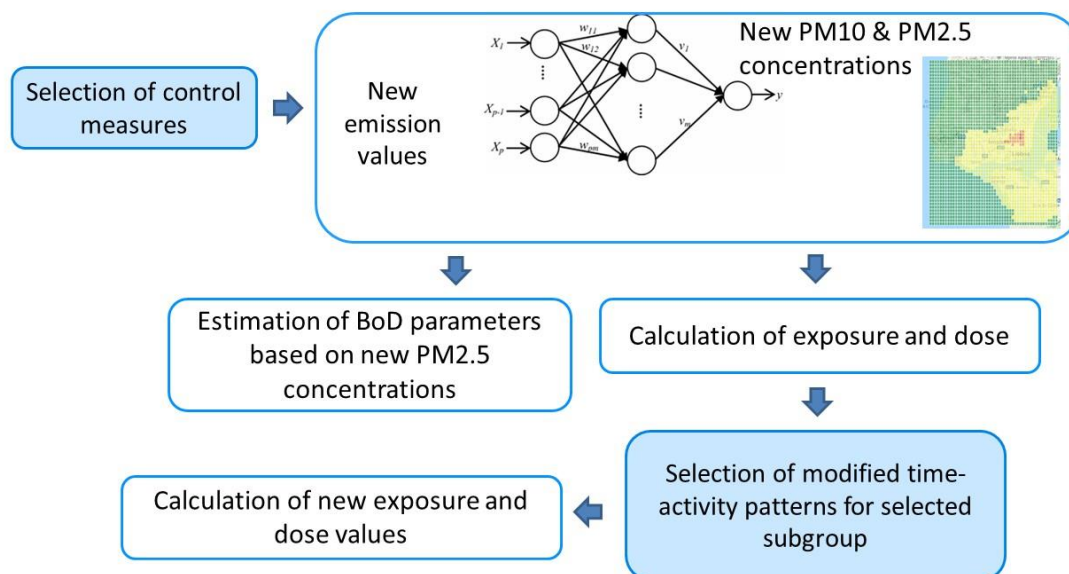


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Calculation steps



SCENARIO

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Reference values for emission parameters

Vehicular traffic

Table A1e. Treviso: Base case input data for Traffic.

Total number of passenger cars		140111	Total number of standard buses		360
Petrol Passenger Cars (%)		51.35	Diesel Standard Buses (%)		100
Diesel Passenger Cars (%)		48.65	Natural Gas Standard Buses (%)		0
Electric Passenger Cars (%)		0.00	Electric Standard Buses (%)		0
	Petrol Passenger Cars		Diesel Passenger Cars	Diesel Standard Buses	
Euro I (%)	16.12		2.78	20.71	
Euro II (%)	19.70		7.43	16.16	
Euro III (%)	14.94		22.57	25.64	
Euro IV (%)	31.72		34.58	19.96	
Euro V (%)	14.62		30.48	16.62	
Euro VI (%)	2.90		2.16	0.91	

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Reference values for emission parameters

Residential wood burning

Table A2e. Treviso: Base case input data for Residential heating.

Type of device	Contribution (%)
Fireplace	13.70
More Efficient Fireplaces	13.69
Woodstove	36.26
Wood burning furnace	0.00
Salamander Stove	20.79
Boiler	3.23
Oven	7.61
Wood burning water heater	4.72
Furnace	0.00
Quantity of wood consumed (tons/year)	74631

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Reference values for emission parameters

Cruise ships

Table A3. Base case input data for Cruise ships.

City	Number of cruise ships
Athens	622
Lisbon	300
Porto	85



- All emission parameters should be filled in in each scenario screen.
- For each type of mitigation measure (Traffic, Residential heating and Cruise shipping), it is recommended to run initially the scenario with the base case data and use this output as reference for all modified scenario comparisons.

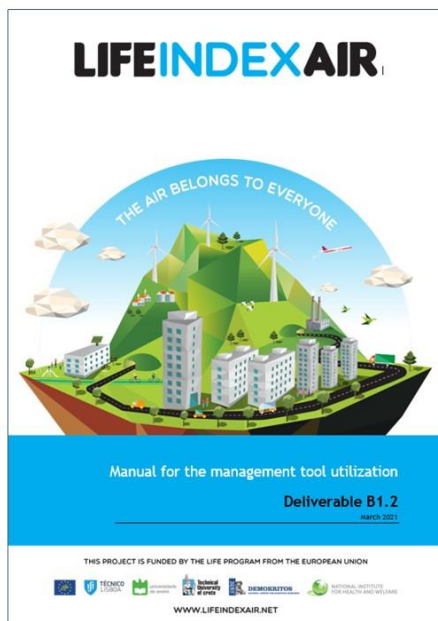


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Implementation of the Index-Air Management Tool in Treviso

Mihalis Lazaridis
University of Crete

Stakeholders meeting
Tuesday 12 October 2021



Introduction

- Treviso is located in the region of Veneto in the North-Eastern part of Italy (approximately 30 km North of Venice).
- Air pollution sources:
 - **Road:** The motorisation rate is high in Metropolitan Area of Treviso. Specifically, 610-700 passenger cars per 1,000 inhabitants (Eurostat, 2019).
 - **Rail:** The Treviso central railway station has 7,000,000 million passenger movements each year (Centostazioni , 2010)
 - **Airport:** Treviso has an airport with 24,116 aircraft movements and 3,254,731 passengers in 2019 (Assaeroporti, 2019)
 - **Industry:** There are many companies such as textile, construction and paper milling (<https://sarasotasistercities.org/treviso-province-italy/>).

Base case Emissions-Treviso municipality

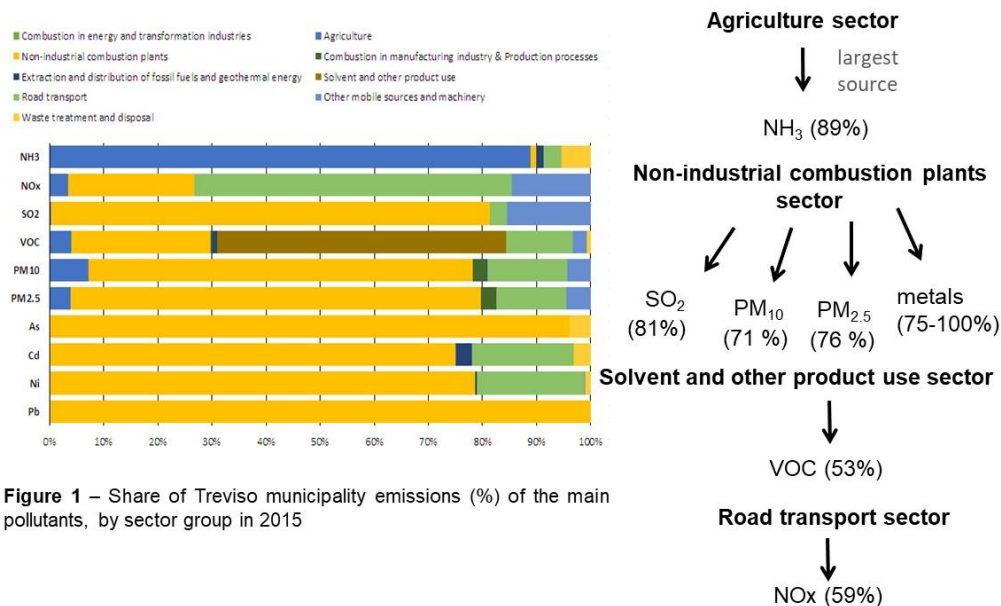


Figure 1 – Share of Treviso municipality emissions (%) of the main pollutants, by sector group in 2015

Base case

Emissions-other municipalities of the metropolitan area of Treviso

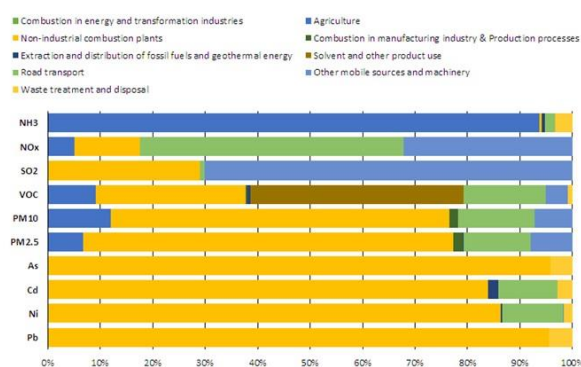
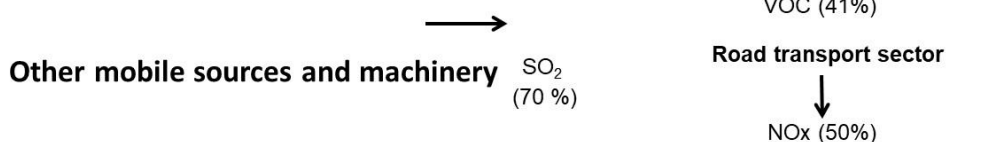


Figure 2 –Share of other municipalities of the metropolitan area of Treviso emissions (%) of the main pollutants, by sector group in 2015.



Base case

Ambient concentrations

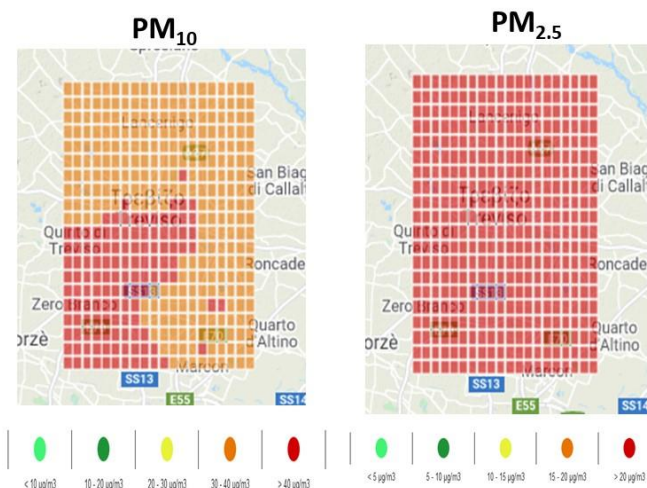


Figure 3 – Annual average ambient concentrations of PM ($\mu\text{g}/\text{m}^3$) in Treviso.

The annual PM_{10} concentrations were below the annual limit value ($40 \mu\text{g}/\text{m}^3$).

Annual PM_{10} concentration
 $39.4 \mu\text{g}/\text{m}^3$ for Treviso municipality
 $38.7 \mu\text{g}/\text{m}^3$ for other municipalities

The annual $\text{PM}_{2.5}$ concentrations were above the annual limit value ($20 \mu\text{g}/\text{m}^3$).

Annual $\text{PM}_{2.5}$ concentration
 $26.5 \mu\text{g}/\text{m}^3$ for Treviso municipality
 $26.1 \mu\text{g}/\text{m}^3$ for other municipalities

Base case

PM₁₀ Exceedances

Table 1 – Number of PM₁₀ exceedance days for Treviso

	Minimum	Maximum
Treviso Municipality	91	112
Other municipalities of the metropolitan area of Treviso	83	118

The daily limit value (50 µg/m³) should not be exceeded more than 35 times a year based on directive 2008/50/EC.

Both in the Treviso municipality (112 exceedances/year) and the other municipalities of the metropolitan area of Treviso (118 exceedances/year) the EU guidelines were exceeded.

Base case

Population Groups

ALL GROUPS (ALL AGES)



Figure 4 – Map with spatial distribution (1 km x 1 km) of all population across Treviso, expressed in number of people (nop).

Treviso municipality has a population density of 1003 inhabitants/km².

Population-5 subgroups

- 56% were working adults (26-65 years old),
- 25% were elderly people (> 65 year old),
- 12 % students (11-25 years old),
- 4 % elementary school children (5-10 years old)
- and 3 % pre-school children (<5 years old).

Base case

Population exposure

Table 2 – PM and heavy metals annual average exposure for each population group in Treviso

		PM ₁₀	PM _{2.5}	As	Cd	Ni	Pb
		µg/m ³ ·nop		ng/m ³ ·nop			
Treviso Municipality	All groups	31000	23000	600	440	2200	5200
	Pre-school children	1200	840	22	16	81	190
	Elementary school children	1200	870	22	17	83	200
	Students	4200	2900	76	56	280	660
	Working adults	18000	13000	340	240	1300	2900
	Elderly	6800	5200	140	100	530	1200
Other municipalities of the metropolitan area of Treviso	All groups	14000	11000	330	210	1400	2400
	Pre-school children	590	410	12	7.8	47	90
	Elementary school children	540	380	12	7.2	49	83
	Students	1900	1300	42	26	180	290
	Working adults	8200	6100	190	110	790	1300
	Elderly	3100	2400	80	48	350	550

- The annual average exposure to PM and heavy metals weighted by the number of people (nop) in Treviso.
- Therefore, population exposure is higher in Treviso municipality in comparison with the other municipalities due to the larger population in Treviso municipality.
- Regarding the heavy metal, the highest population exposure was obtained for Pb (5200 ng/m³), followed by Ni (2200 ng/m³), As (600 ng/m³) and Cd (440 ng/m³).

Base case

Deposited Dose of PM₁₀

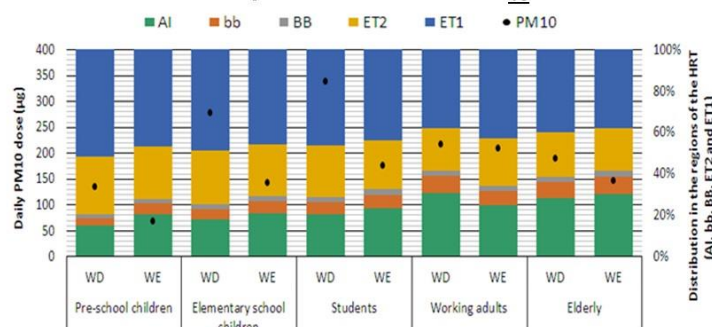


Figure 5 – Daily deposited dose of PM₁₀ (µg) and its distribution in the different regions of the human respiratory tract (HRT) for each population group in Treviso.

- Daily deposited dose of PM₁₀ ranged from 135.5 µg (pre-school children) to 339.5 µg (students) on weekdays while on weekends the daily deposited dose ranged from 68.9 µg (pre-school children) to 210.4 µg (working adults).
- Higher deposited dose was observed on weekdays than on weekends due to the high dose in school environment during weekdays.
- The daily deposited dose was higher in the ET1 and ET2 regions on both weekdays and weekends for all population groups.

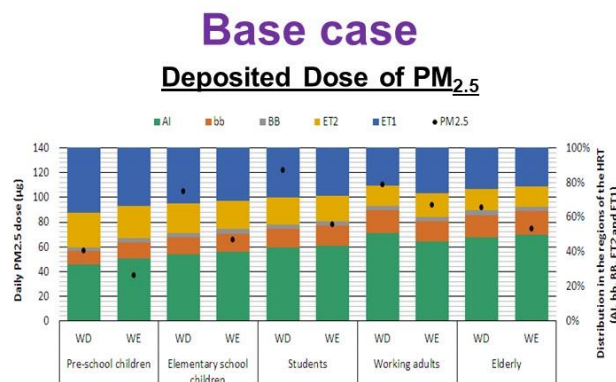


Figure 6 – Daily deposited dose of PM_{2.5} (µg) and its distribution in the different regions of the human respiratory tract (HRT) for each population group in Treviso.

- The daily deposited dose of PM_{2.5} ranged from 57.4 µg (pre-school children) to 122.6 µg (students) on weekdays.
- Regarding weekends, the daily deposited dose in the human respiratory tract ranged from 37.4 µg (pre-school children) to 94.1 µg (working adults)
- Finally, the daily deposited dose was higher in AI region on both weekdays and weekends.

Base case **BURDEN OF DISEASE**

Table 3 – Upper respiratory infections and natural mortality per population sub-group in Treviso.

	Upper Respiratory Infections			Natural Mortality		
	Pre-school children	Elementary school children	All groups	Working adults	Elderly	All groups
DALY	0.40	0.43	0.83	14000	20000	35000
YLL= number of years lost	0.00	0.00	0.00	6400	15000	21000
YLD=years lived with a disease	0.40	0.43	0.83	8100	5400	13000
Deaths	0.00	0.00	0.00	180	1200	1400
Sick days (mild)	–	4400	–	–	–	–
Sick days (moderate)	–	2700	–	–	–	–
Sick days (severe)	–	55	–	–	–	–
Days of school absenteeism	–	1500	–	–	–	–
Total sick days	–	7200	–	–	–	–

- Upper Respiratory Infections were used for the children population groups (pre-school children and elementary school children).
- Natural Mortality was used for adults over 25 years old (working adults and elderly).
- The days of school absenteeism and the total sick days were 1500 and 7200, respectively.
- In total, 1400 premature deaths were attributed to PM_{2.5} exposure.

Scenarios

Table 4- Scenarios applied in tool for Treviso

Sector	Scenario code	Measure
Road traffic	Passenger cars fleet	S1 To replace the no. of diesel cars to electric cars
		S2 To consider all cars as electric
		S3 To reduce the total no. of cars by 50%
		S4 To remove the cars from EURO I, II, III and IV - > 50% of cars are EURO V and 50% are EURO VI
	Buses fleet	S5 To change the buses fleet to EURO V (50%) and EURO VI (50%)
		S6 To consider all buses as electric
Residential heating	S7	To replace inefficient devices (Fireplaces, Woodstove and Salamander Stove) for "More Efficient Fireplaces"
	S8	20% reduction of wood consumed

➤ The scenarios of Table 4 were implemented in Treviso.

➤ There are not cruise ships in Treviso and hence the scenarios of Cruise ships (S9 & S10) were not implemented.

Scenarios

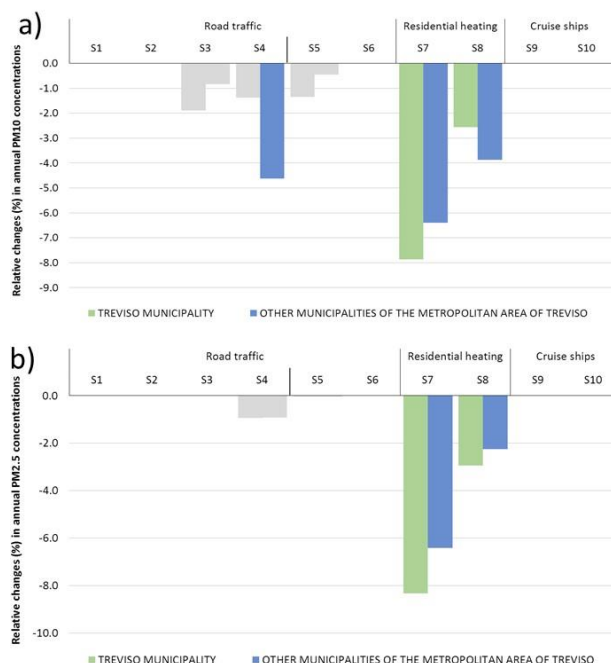


Figure 7-Relative changes (%) in annual a) PM₁₀ and b) PM_{2.5} concentrations

➤ The grey bars represent the relative changes (between the base and measure values) that are within the uncertainty of the Tool ($\pm 2\%$).

➤ Only scenarios S4, S7 and S8 achieve relative changes (reduction) in annual PM concentrations.

➤ The higher relative change in annual PM₁₀ was observed for scenario S7 (7.9 % and 6.4 % decrease in Treviso municipality and other municipalities, respectively).

➤ The same observation was observed for PM_{2.5}. Specifically, scenario S7 decrease PM_{2.5} concentrations by 8.3 % and 6.4% in Treviso municipality and other municipalities, respectively.

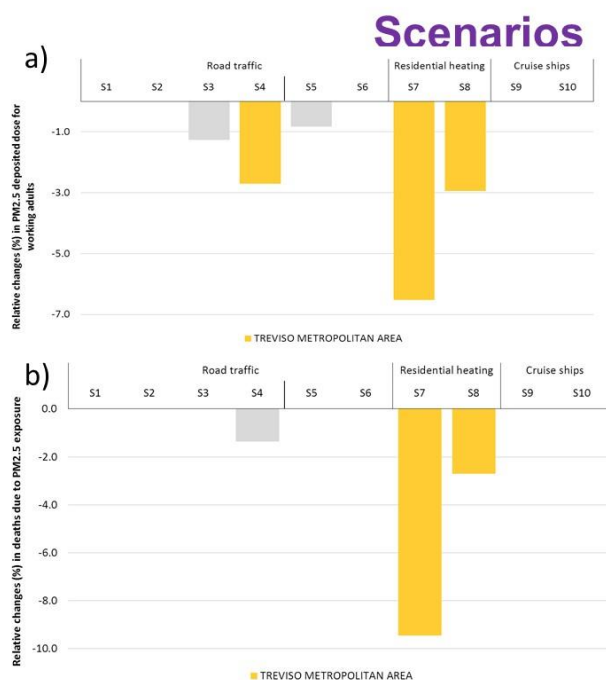


Figure 8-Relative changes (%) a) in $PM_{2.5}$ deposited dose (working adults) and b) in deaths due to $PM_{2.5}$ exposure

Scenario S7 achieves the highest relative change (%) in PM deposited dose, followed by S8 and then S4.

The values for the other scenarios are within the range of uncertainty of the Tool ($\pm 2\%$).

In addition, scenarios S7 and S8 achieve 9.5% and 2.7 % reduction in deaths due to $PM_{2.5}$ exposure, respectively.

The most important measures taking into account the most efficient reductions are the residential heating scenarios (S7 & S8). Therefore, it is important to implement measures to reduce emissions from residential heating.

LIFE Index-Air

Meeting and training course with Lisbon and Tagus Valley Regional Coordination and Development Commission (CCDR-LVT)

**LIFE Index-Air - Development of an Integrated Exposure – Dose
Management Tool for Reduction of Particulate Matter in Air –
LIFE15ENV/PT/000674**

Report of the meeting and training course with stakeholders

Date: 13th of October 2021

Zoom meeting

Chair: Marta Almeida
Rapporteur: Vânia Martins



Introduction

The present Minutes Report has been made to provide an overview of the meeting and training course with Lisbon and Tagus Valley Regional Coordination and Development Commission (CCDR-LVT). The meeting took place on 13th of October 2021. This meeting was attended by a total of 8 participants: 3 from IST, 3 from UAVR and 2 from CCDR-LVT.

CCDR-LVT is a decentralized body of central government. Its mission is to promote an integrated and sustainable development of the Lisbon region (NUT II). CCDR-LVT is tasked with coordinating and promoting in the Lisbon region governmental policies with regard to regional planning and development, environment, land management, inter-regional and cross-border cooperation and also support local government and inter-municipal associations. CCDR-LVT's fields of intervention also encompass the management of regional operational programs funded by the European Union, as well as other regional development financing instruments.

More specifically, CCDR-LVT is responsible by:

1. conduct the management and evaluation of air quality in LVT region, ensuring its quality;
1. ensure the accuracy of the pollutant measurements in LVT region;
2. ensure the availability of information on ambient air quality in LVT region;
3. ensure that exceedances in LVT region are communicated to the local authorities, health authorities and the public;
4. develop, promote the implementation and monitor the air quality plans for the LVT territory, which establish measures to achieve the limit values;
5. emit an opinion on private air quality monitoring networks installed under the scope of the facility licensing procedures in LVT region.

Marta Almeida, as coordinator of the project, was the chair of the meeting and nominated Vânia Martins (from IST team) as the rapporteur.

Objectives

The objectives of this meeting were:

13. to highlight the motivation and goals of the LIFE Index-Air project;
14. to present the works developed to identify the main pollutant emission sources in Lisbon;
15. to introduce the LIFE Index-Air Management Tool;
16. to train the stakeholders to run the LIFE Index-Air Management Tool;
17. to present the results of the implementation of the Tool in Lisbon;
18. to discuss the results obtained with stakeholders.

Participating Members

The following members of IST, UAVR and stakeholders participated in the meeting:

- IST – Marta Almeida, Vânia Martins, Tiago Faria
- UAVR – Hélder Relvas, Joana Ferreira, Ana Isabel Miranda
- CCDR-LVT – Luísa Nogueira, Sandra Mesquita

Agenda of the Meeting

The working agenda of the meeting was the following:

- Motivation and goals
- Identification of pollutant emission sources in Lisbon
- LIFE index-Air decision support tool
- Implementation of the tool in Lisbon

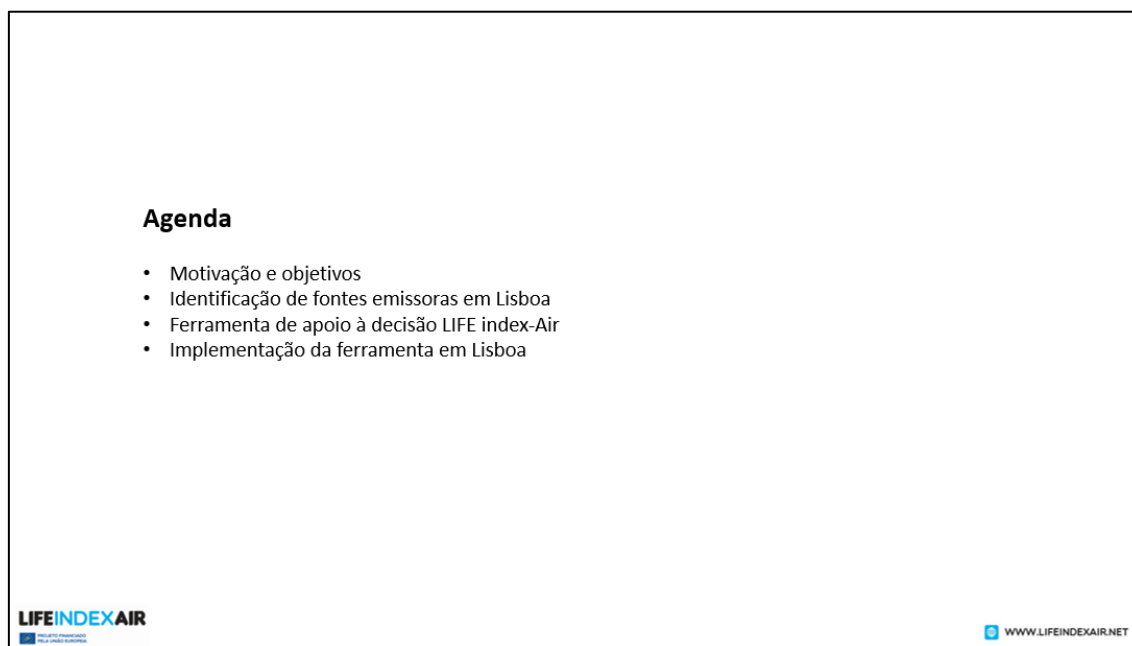


Figure 8 – Working agenda of the meeting.

Working resume

The meeting started at 9:00 with the introduction of all participants. Marta Almeida gave a general overview of the LIFE Index-Air project: motivation, goals and structure, and presented the scientific works developed to identify the pollutant emission sources in Lisbon. The presentation of these results was followed by the demonstration of the LIFE

LIFE Index-Air – Report of the meetings and training courses with stakeholders

Index-Air Management Tool and training of stakeholders in the use of the Tool by Hélder Relvas. The manual for the management Tool utilisation was presented. This manual includes the description of all the functions of the Operational Platform and the input data needed in the application of the “Scenario” tab. The results of the implementation of the Tool in Lisbon were presented by Marta Almeida. The PowerPoint that supported this meeting is shown in Annex 1. The presentations were followed by a discussion between LIFE Index-Air team and stakeholders, regarding the results presented. Sandra Mesquita and Luísa Nogueira asked questions about functions/options of the Tool and gave feedback on the results obtained for Lisbon. Project partners closed the meeting by pointing out the ways to make effective application of emission control scenarios and use of the project outcomes.

The meeting ended at 11:10.

Images of the online meeting

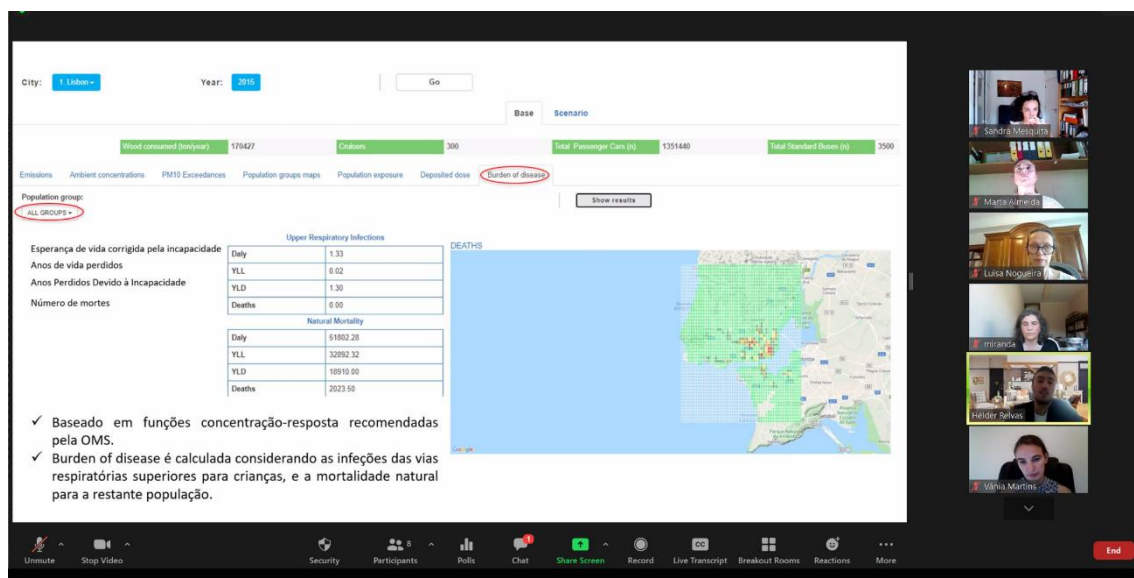


Figure 9 – Hélder Relvas demonstrating the LIFE Index-Air Management Tool.



Figure 10 – Marta Almeida presenting the results of the improvement measures applied in Lisbon.

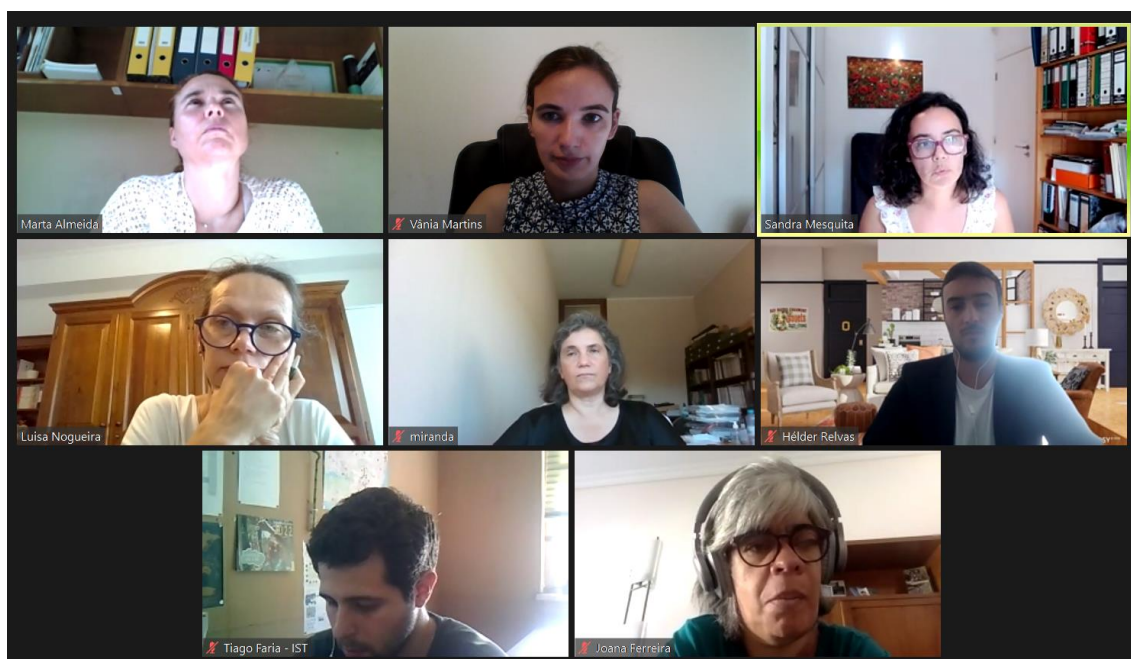


Figure 11 – Intervention by Sandra Mesquita, CCDR-LVT member (Stakeholder).



Figure 12 – Intervention by Luisa Nogueira, CCDR-LVT member (Stakeholder).

Main conclusions of the meeting

LIFE Index-Air partners presented the motivation, goals and structure of the project, as well as the results from the implementation of the management tool in Lisbon. A part of the meeting was dedicated to the training of stakeholder in the use of LIFE Index-Air Management Tool. The meeting closed with a discussion between LIFE Index-Air team and stakeholders regarding details on the results presented. Among the topics discussed during the meeting were the methodologies applied for the development of the Tool's algorithm and the included databases on emission strengths and concentration levels. The functionalities of the Management Tool were demonstrated in detail, including the possibilities offered by the Tool for emissions management and control.

The improvement measures applied were targeting reductions to the relevant anthropogenic sources where reductions are possible such as: road traffic emissions, emissions from biomass burning for residential heating and cruise shipping emissions.

The support training material (manual and video) is expected to further assist local and national authorities in the application of the Management Tool. The manual and video have been published in the project website in order to attract additional end users.

Sandra Mesquita asked if it is possible to change the emissions inventory used in the scenario base of the Tool with updated data. UAVR team answered that it is possible, but it would imply the simulation of all the modules and the insertion of the new information in the Tool by mSensis. This additional work would require extra funding for pay mSensis service, which is not valid.

Luísa Nogueira stated that would be interesting to introduce more improvement measures in the scenario builder, especially in terms of the cruise ship scenario, such as changing cruise ship technology.

The project results will be disseminated in the CCDR-LVT website.

The adoption of Management Tool by this authority ensures the use of project outcomes after the project end. The project partners will maintain the communication with this key stakeholder, providing support in the application of the Tool.

Approval of the Meeting Minute

According with the LIFE Index-Air Management Guide the minutes shall be considered as accepted if, within 10 calendar days from sending, no Member has sent an objection in writing to the chairperson. The chairperson will send the final version of the minutes by email to all the beneficiaries that were call to the meeting. Also a copy of the minutes will be archived in the LIFE Index-Air webpage.

Annex

Powerpoint of the meeting and training course with Lisbon and Tagus Valley Regional Coordination and Development Commission (CCDR-LVT)

LIFE Index-Air:
Desenvolvimento de
uma ferramenta de
apoio à decisão para
reduzir a exposição da
população a partículas
atmosféricas

Life Index-Air @ CCDR-LVT
13/10/2021



LIFEINDEXAIR
PROJETO FINANCIADO PELA UNIÃO EUROPEIA

TÉCNICO LISBOA

universidade de avelro

Technical University of crete

DEMOKRITOS
NATIONAL CENTER FOR RESEARCH AND TECHNOLOGY

NATIONAL INSTITUTE FOR HEALTH AND WELFARE

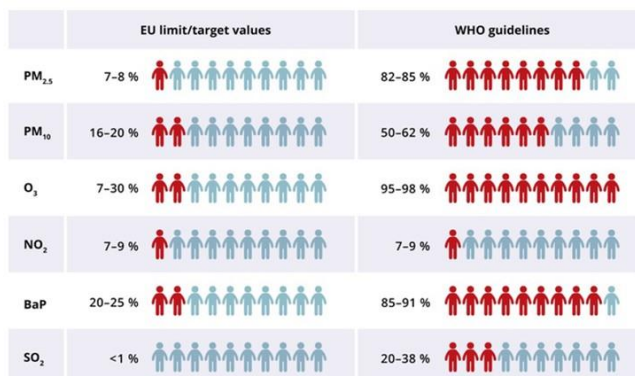
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Agenda

- Motivação e objetivos
- Identificação de fontes emissoras em Lisboa
- Ferramenta de apoio à decisão LIFE index-Air
- Implementação da ferramenta em Lisboa

Motivação

População Europeia exposta a níveis de poluentes atmosféricos prejudiciais em 2013-2015



90 % da população que vive em cidades europeias está exposta a níveis de poluentes atmosféricos que excedem os valores guia definidos pela Organização Mundial de Saúde

Motivação

Avaliação da exposição humana a poluentes atmosféricos

Avaliar os níveis de poluentes atmosféricos em **estações de monitorização fixas** tem sido a forma tradicional de **avaliar a exposição humana a esses poluentes**

Estas estações de monitorização fixas supostamente avaliam a **exposição de toda a população aos poluentes**



No entanto, esta abordagem não contabiliza todos os componentes que determinam a exposição


- 1º Existe uma enorme **heterogeneidade nas concentrações** de poluentes dentro da cidade
- 2º Pessoas ocupam mais de **90%** do tempo no interior dos edifícios
- 3º Há uma grande heterogeneidade nos **padrões de ocupação do tempo** da população

Motivação

Avaliação da exposição humana a poluentes atmosféricos

Avaliar os níveis de poluentes atmosféricos em **estações de monitorização fixas** tem sido a forma **tradicional de avaliar a exposição humana** a esses poluentes

Estas estações de monitorização fixas **supostamente** avaliam a exposição de toda a população aos poluentes



No entanto, esta abordagem não contabiliza todos os componentes que determinam a exposição

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- 3º Há uma grande heterogeneidade nos **padrões de ocupação do tempo** da população

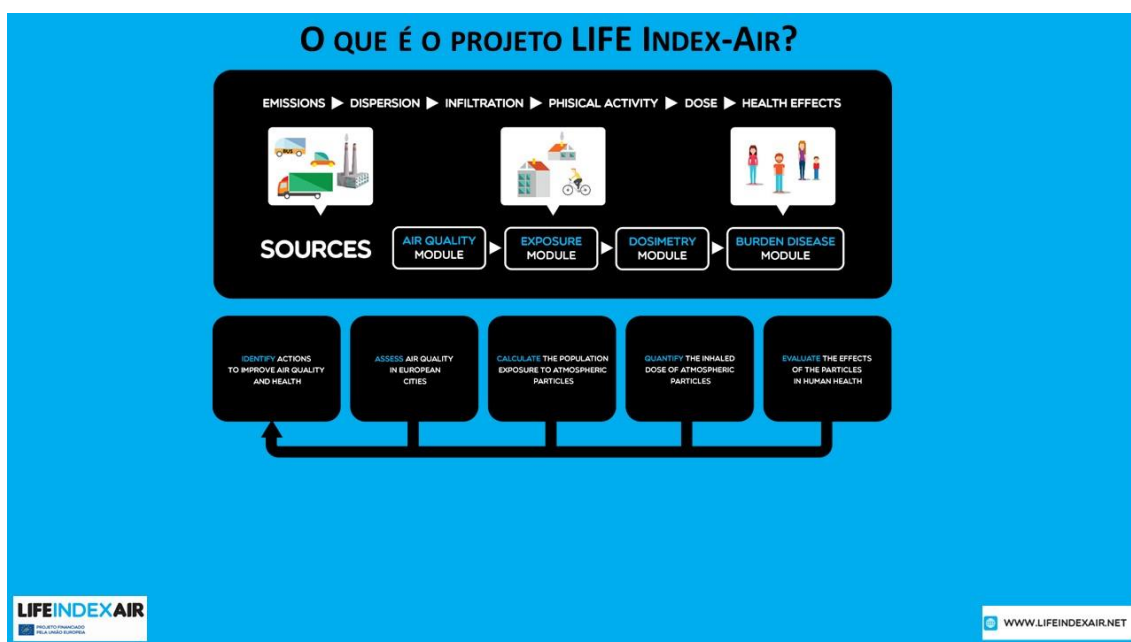
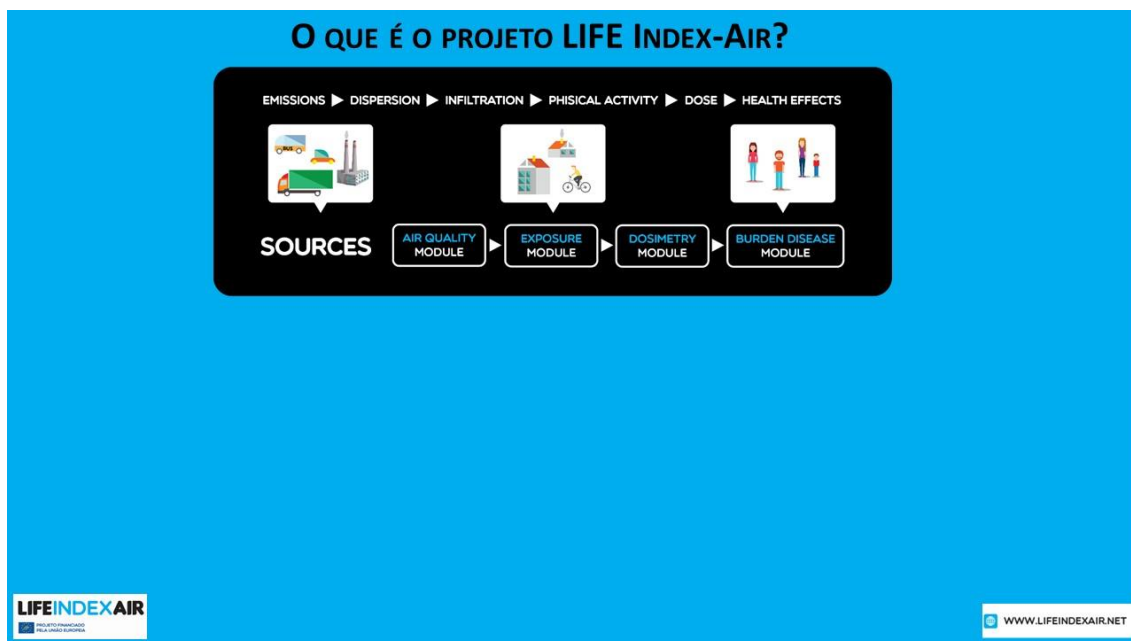
A avaliação da exposição integrada a poluentes é essencial para determinar a dose recebida pelo indivíduo uma vez que esta influencia diretamente os impactes na saúde.

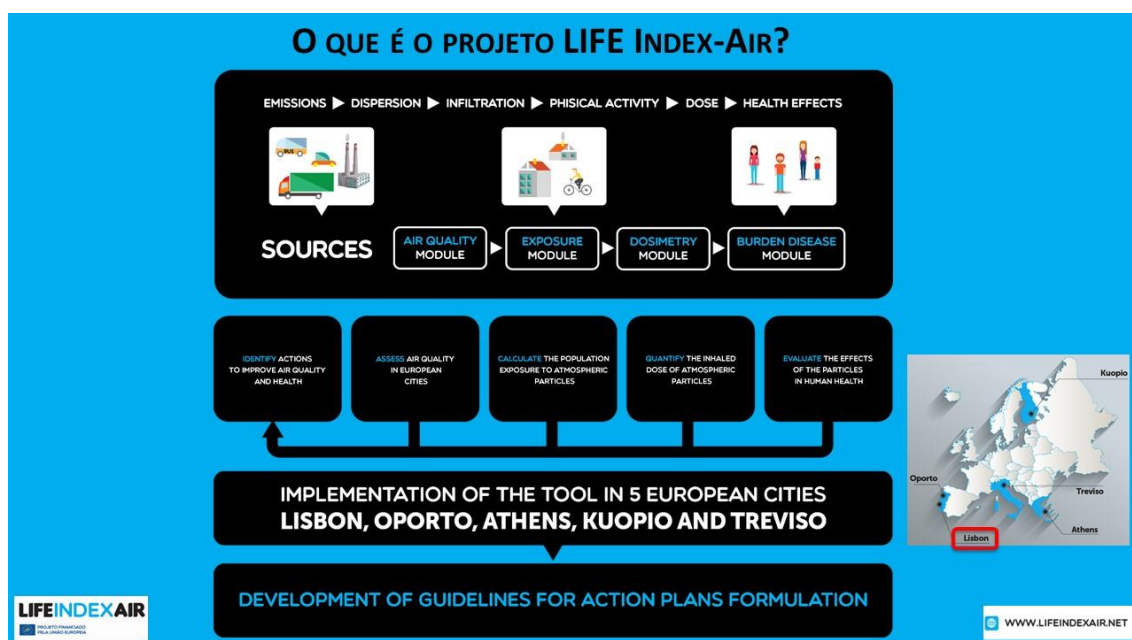
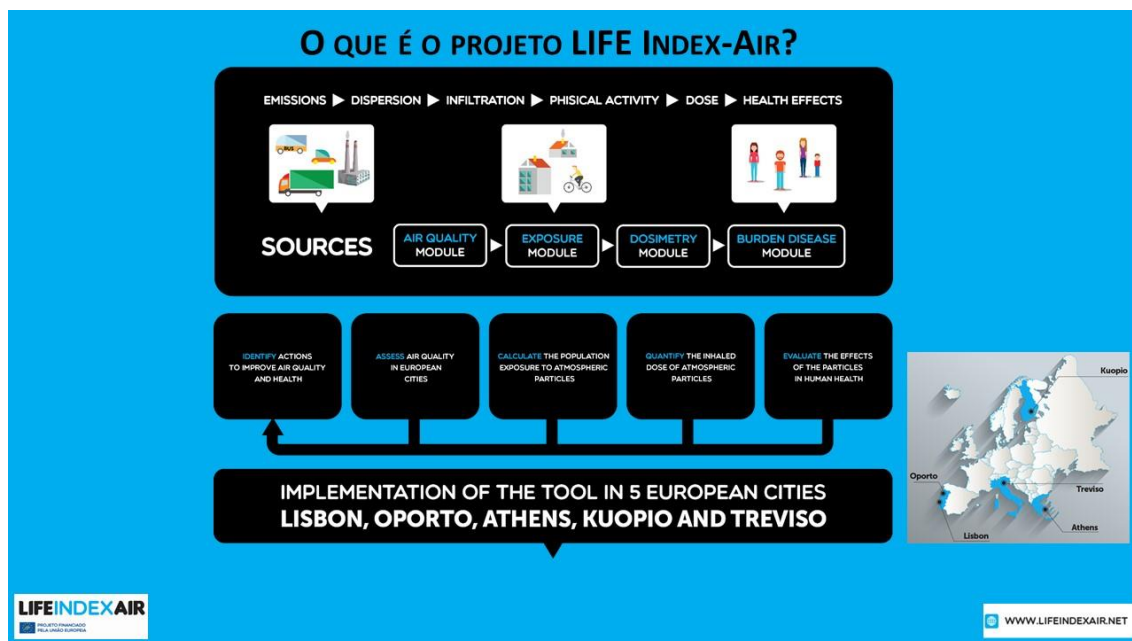
LIFEINDEXAIR PROJETO FINANCIADO PELO GOVERNO PORTUGUÊS

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O QUE É O PROJETO LIFE INDEX-AIR?

O projeto LIFE Index-Air pretende desenvolver uma ferramenta de apoio à decisão que apoia as autoridades na identificação de medidas de melhoria da qualidade do ar e que quantifica o impacte dessas medidas na saúde e bem estar da população.





Identificação da contribuição de fontes emissoras em Lisboa

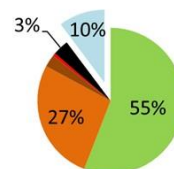
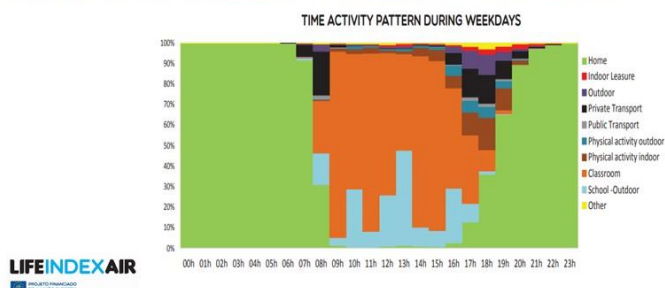


1 – Avaliação da contribuição das fontes emissoras para a exposição a PM

Padrões de tempo atividade



26 escolas
4000 estudantes e
professores
6000 questionários



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1 – Avaliação da contribuição das fontes emissoras para a exposição a PM

Objetivo:

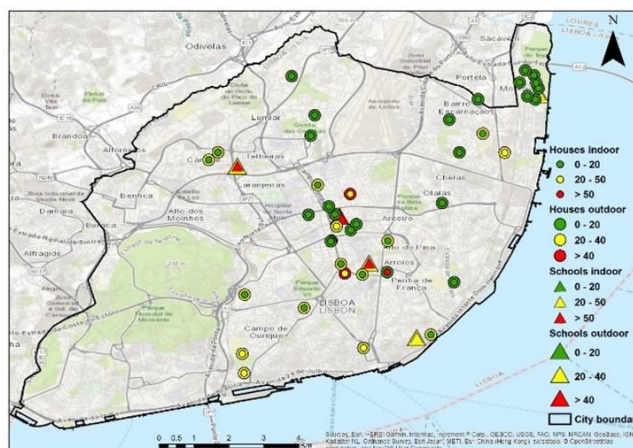
- Validação modelos
- Razão interior/exterior
- Identificação de fontes



PM2.5 + PM10 + Elements (As + Cd + Ni + Pb) + PAHs (BaP) + EC/OC

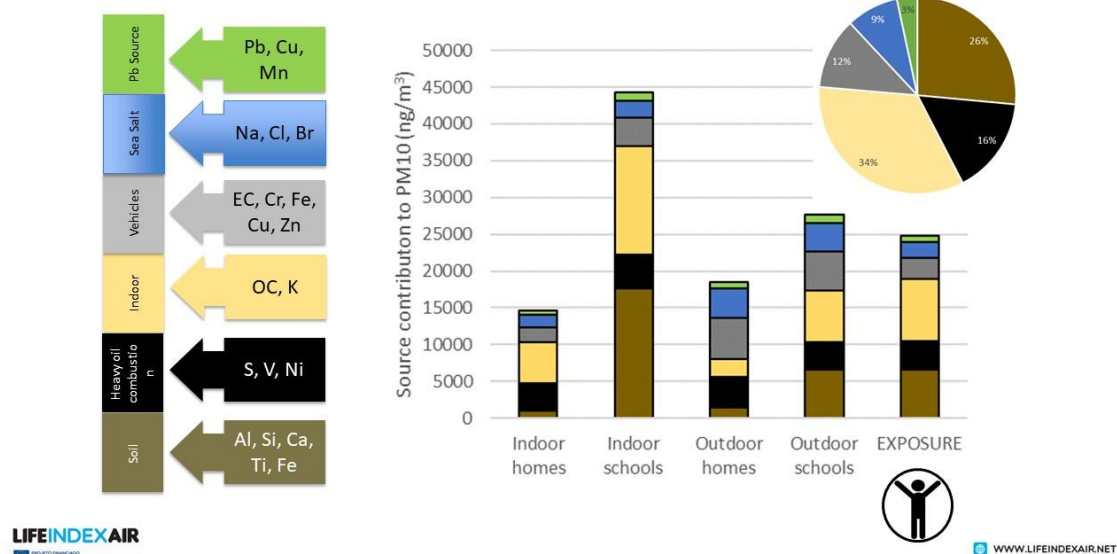
1 – Avaliação da contribuição das fontes emissoras para a exposição a PM

Concentração mássica de PM10 em ambientes interiores e exteriores

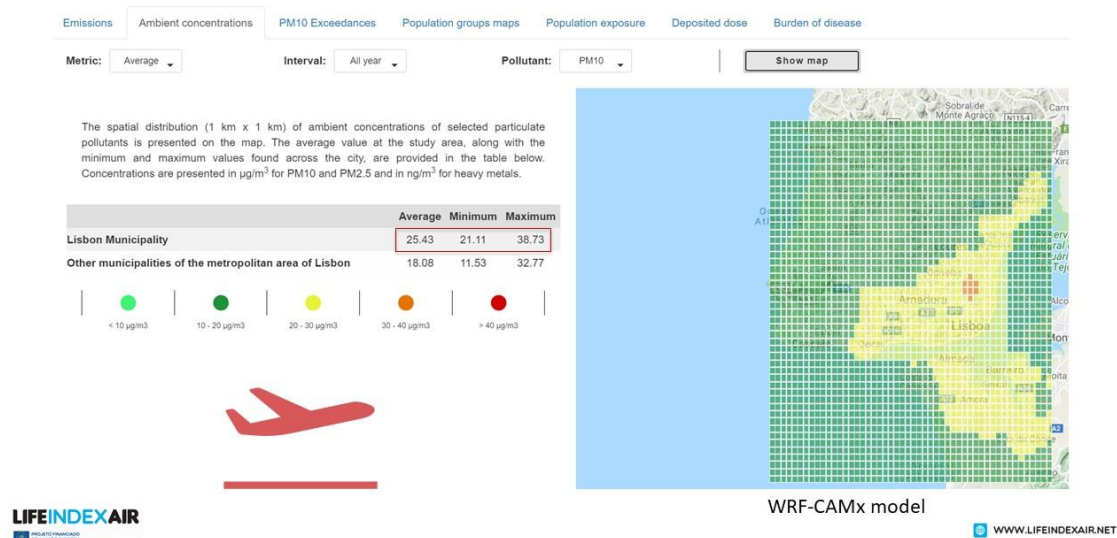


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1 – Avaliação da contribuição das fontes emissoras para a exposição a PM



2 – Avaliação da contribuição dos transportes para a concentração, exposição e dose





Metodologia



Escola primária localizada a 200 m do aeroporto de Lisboa



2 Feb 2020 – 7 Jul 2021



Amostrador Leckel MVS6 - PM10 em filtros Teflon

Filtros analisados por:

PIXE - Elementos

Cromatografia iónica- lões solúveis em água

MABI - Multi-wavelength absorption black carbon instrument – Carbono negro

Personal Cascade Impactor Sampler / SKC Leland Legacy pump –

Distribuição por tamanho: <0.25; 0.25 to 0.5; 0.5 to 1.0; 1.0 to 2.5; e >2.5µm

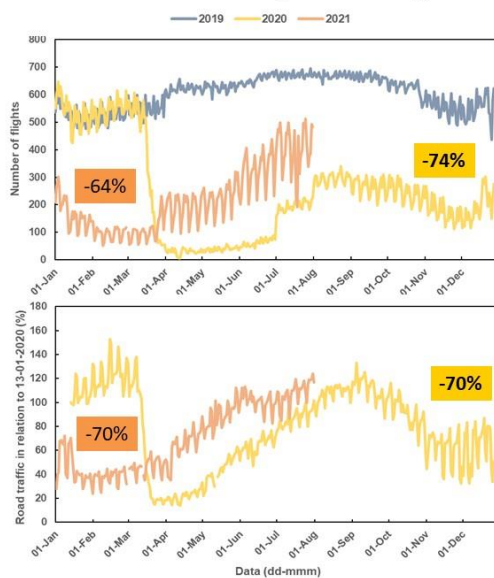


EPA-PMF-5 – Identificação e contribuição das fontes para o PM10

Dosimetry Model ExDoM2 – Deposição das partículas no trato respiratório (Chalvatzaki and Lazaridis, 2015)

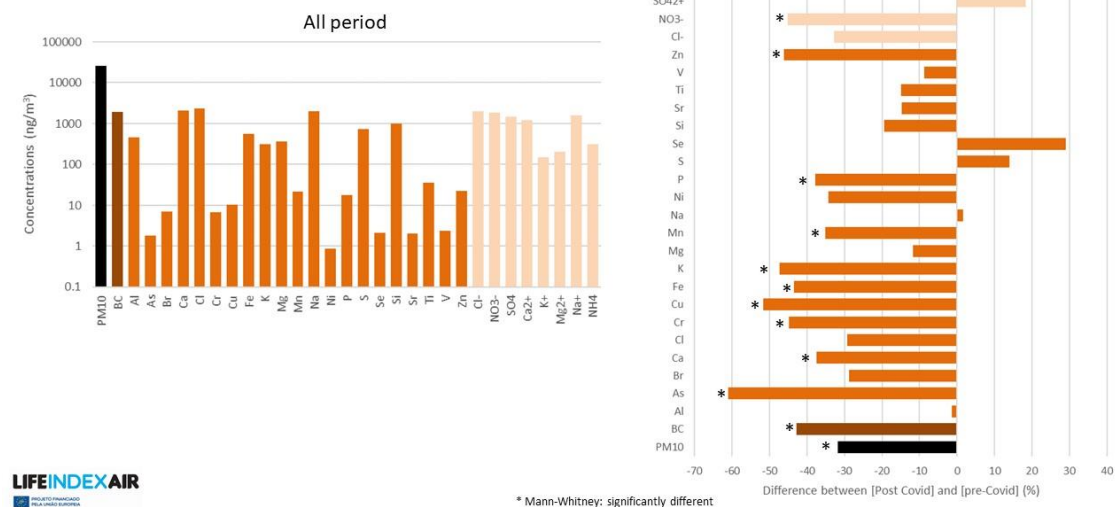
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Redução do tráfego durante o COVID

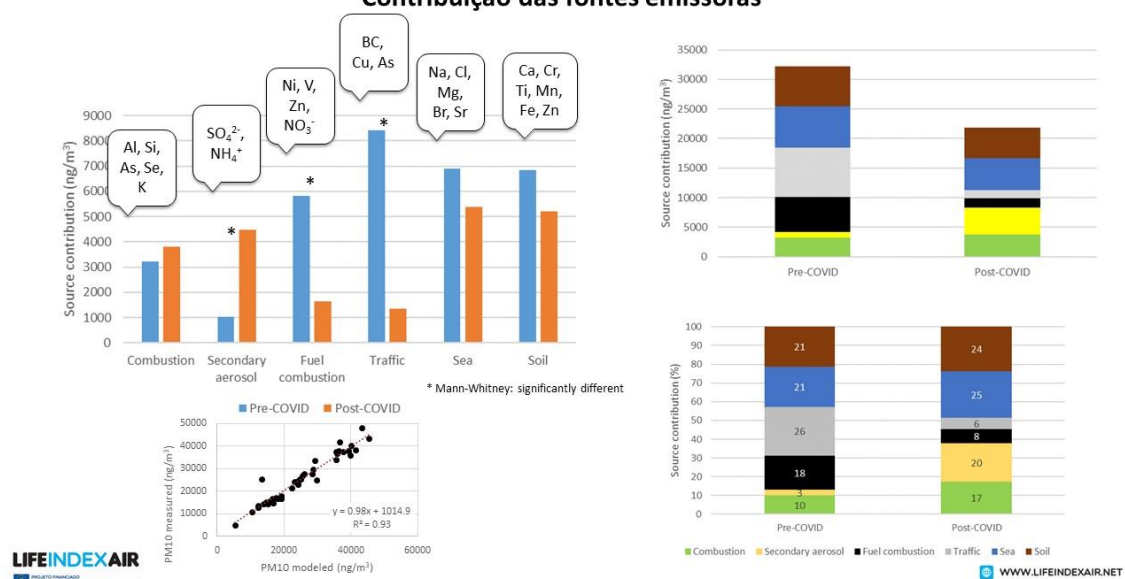


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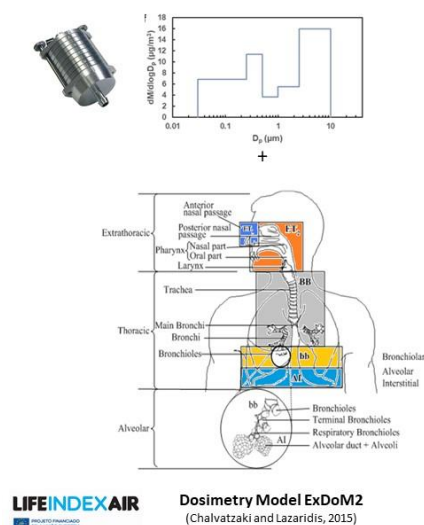
Níveis pré e pós COVID



Contribuição das fontes emissoras



Dose diária



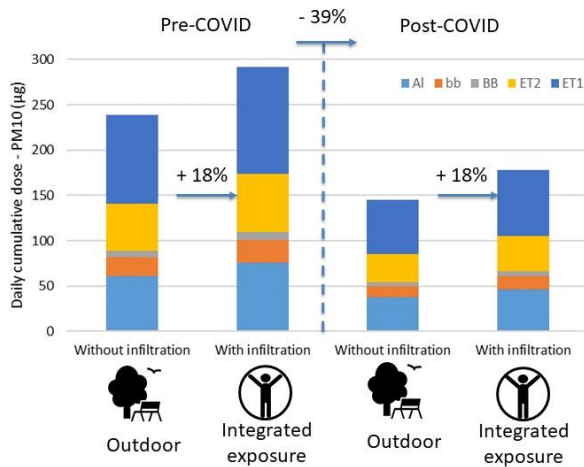
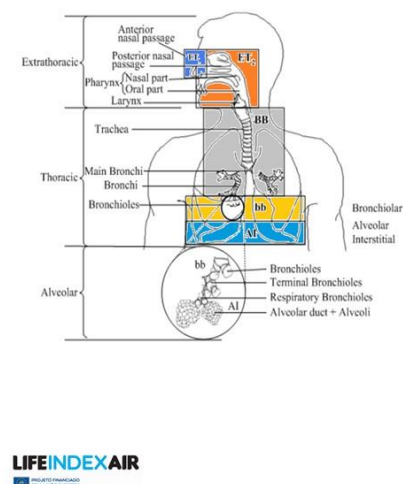
$$[PM10]_{\text{home}} = 0.55 \times [PM10]_{\text{outdoor}} + 4.41$$

$$[PM10]_{\text{school}} = 1.13 \times [PM10]_{\text{outdoor}} + 26.08$$

Diagram showing the relationship between Casa (House), Outdoor, and Escola (School) environments.

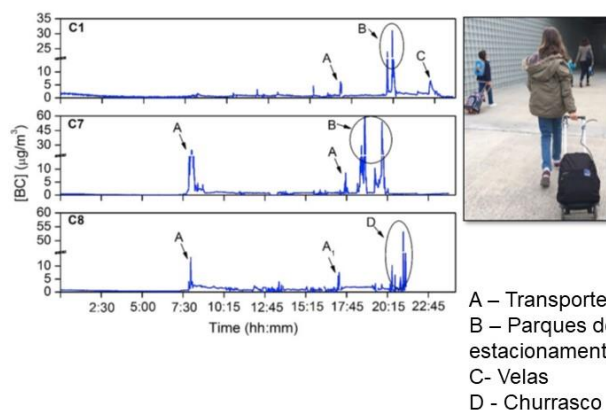
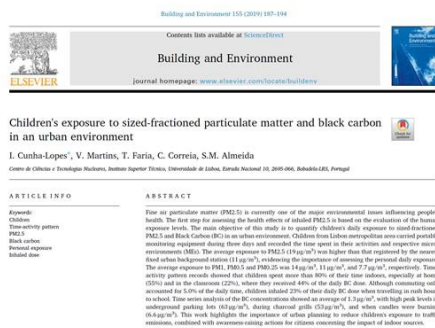
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Dose diária



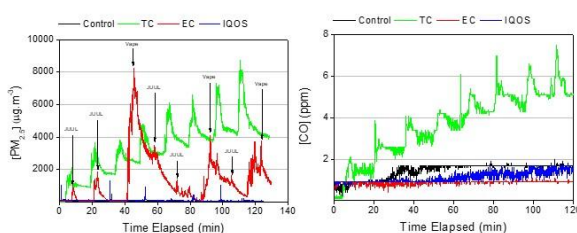
3 – Avaliação da contribuição de fontes interiores para a exposição

Avaliação da exposição de crianças a poluentes através de medições móveis



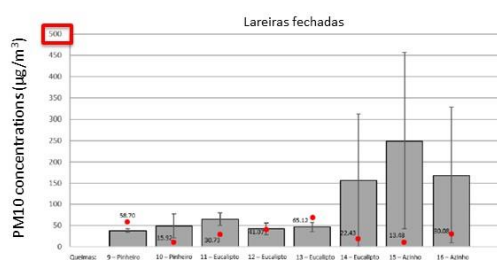
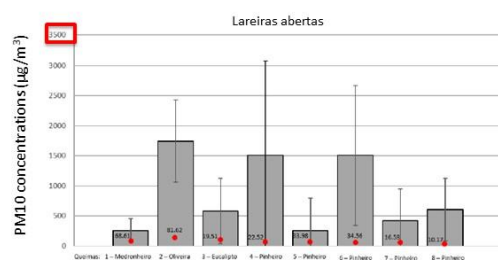
3 – Avaliação da contribuição de fontes interiores para a exposição

Exposição a poluentes resultantes da nova geração de cigarros



3 – Avaliação da contribuição de fontes interiores para a exposição

Exposição a poluentes emitidos por lareiras



Ferramenta de apoio à decisão: LIFE Index-Air tool

Hélder Relvas
CESAM/UA




LIFEINDEXAIR
PROJETO FINANCIADO
PELA UNIÃO EUROPEIA



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LIFE Index-Air – Report of the meetings and training courses with stakeholders

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[PARTNERS](#)
[MANUAL](#)
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LIFE Index-Air project

The LIFE Index-Air project was implemented during October 2019 – March 2021, in the framework of the LIFE EU programme. Its main objective was to provide relevant authorities and policy makers with comprehensive air quality management strategies, based on documented effectiveness with respect to the protection of public health. The key activities and good practices promoted through the project are:

- 1) Population risk assessment based on the actual exposure of citizens, quantified by the application of exposure and dosimetry models, and not through ambient air pollution levels, as is the common practice in most studies;
- 2) The association of major health endpoints with exposure to PM, in terms not only of total PM mass but also in relation to specific PM components and emission sources;
- 3) The development and implementation of an innovative methodology for linking pollutant emissions with quantified health impacts, delivered to the competent authorities in the form of a flexible policy tool for evaluating control strategies and designing long-term air quality management policies;
- 4) The provision of ongoing support to authorities in the framework of the implementation of the "Thematic Strategy on Air Pollution" and the development of air quality action plans;
- 5) Raising public awareness, particularly of the new generation of citizens, through the implementation of a carefully designed dissemination plan with targeted actions (such as the organisation of interactive informative seminars for elementary school students), with the final objective to assist in identifying simple everyday habits that may help in reducing exposure to hazardous pollutants and to promote in general the adoption of environmentally friendly practices



Management Tool



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City:

Choose City

Go

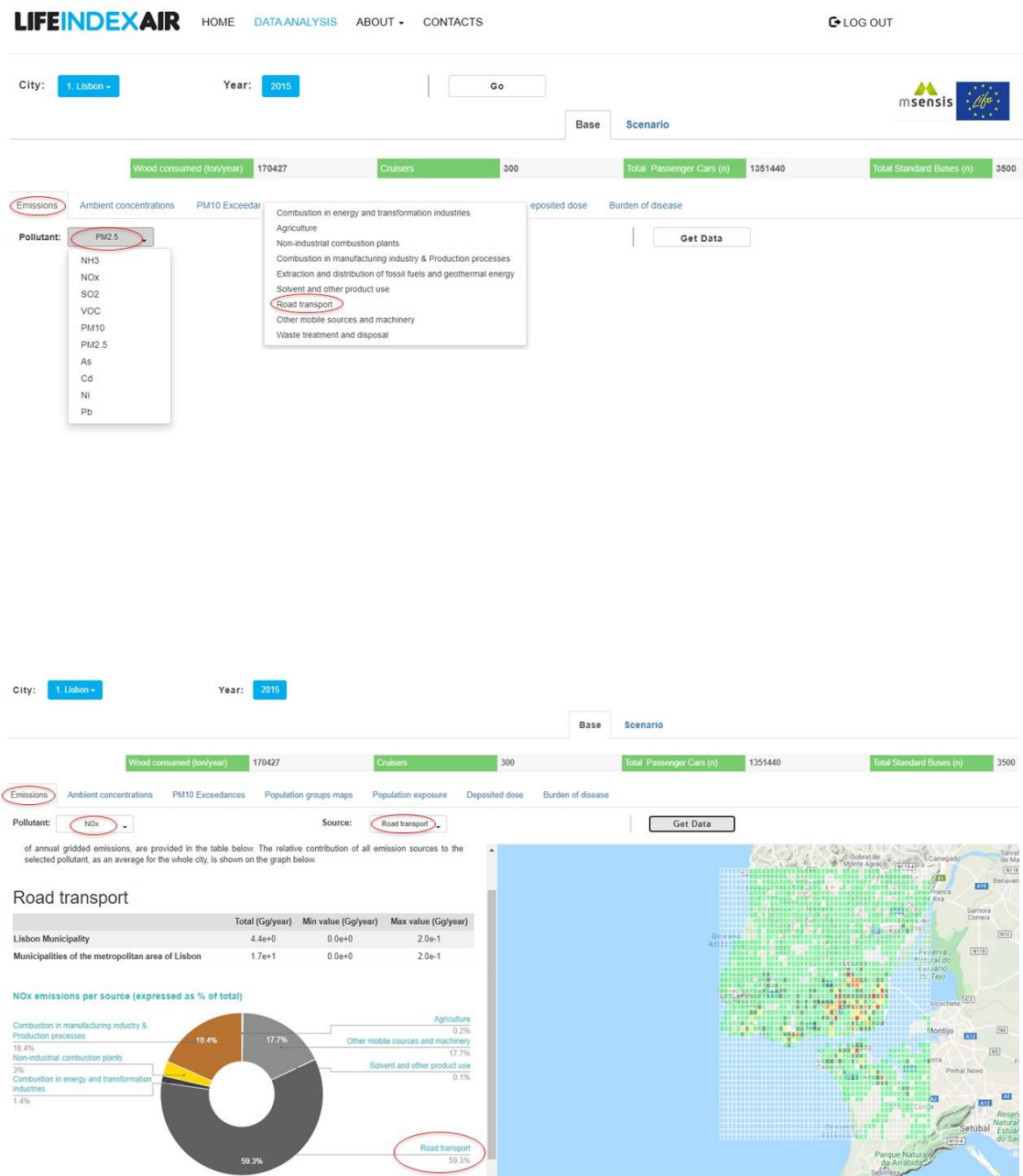
1. Lisbon

2. Porto

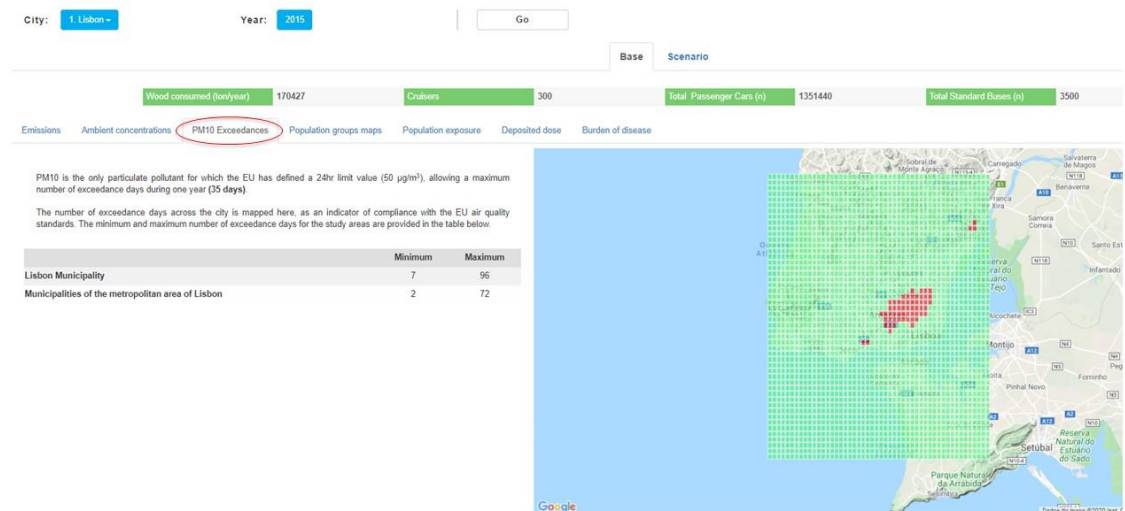
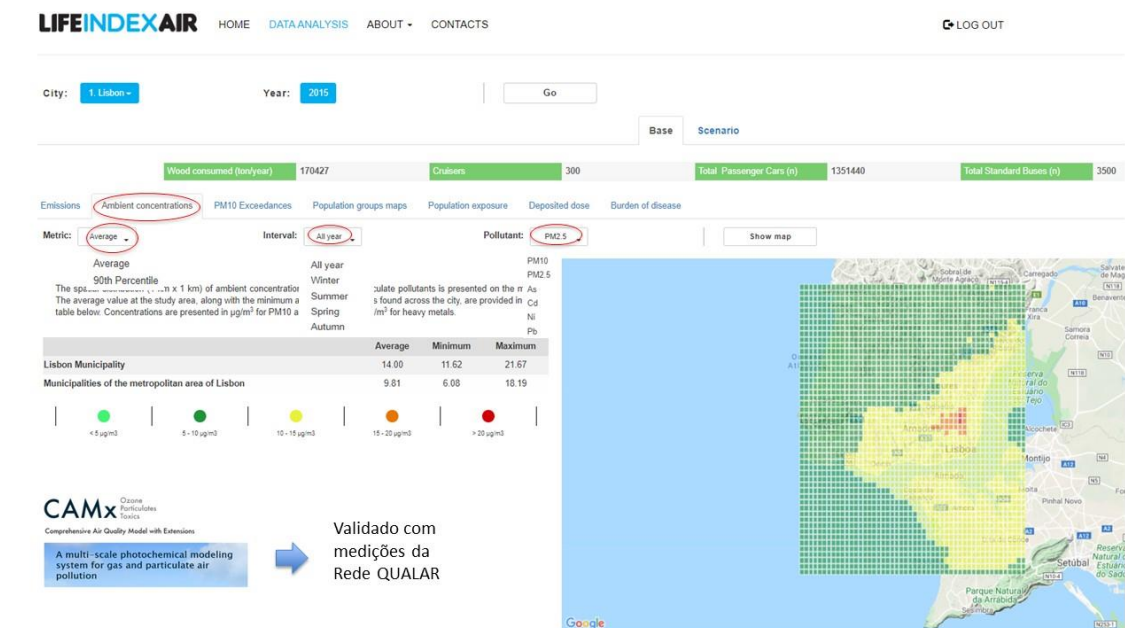
3. Athens

4. Kuopio

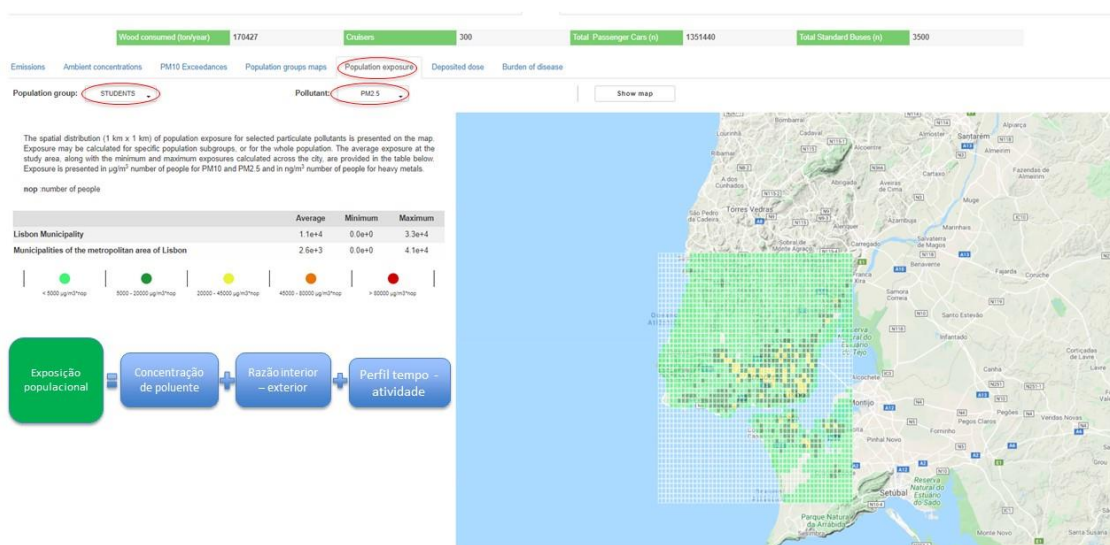
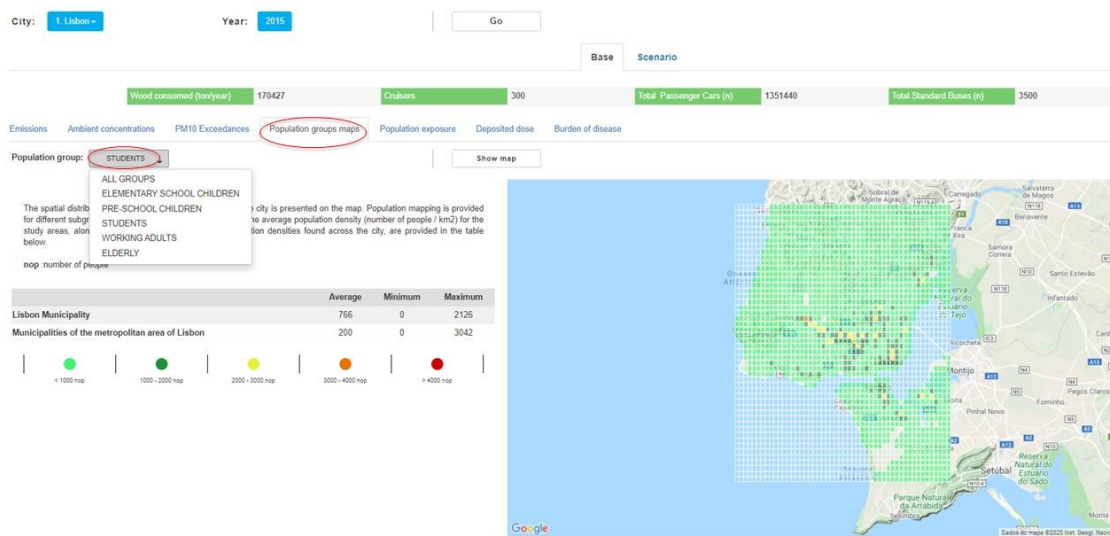
LIFE Index-Air – Report of the meetings and training courses with stakeholders



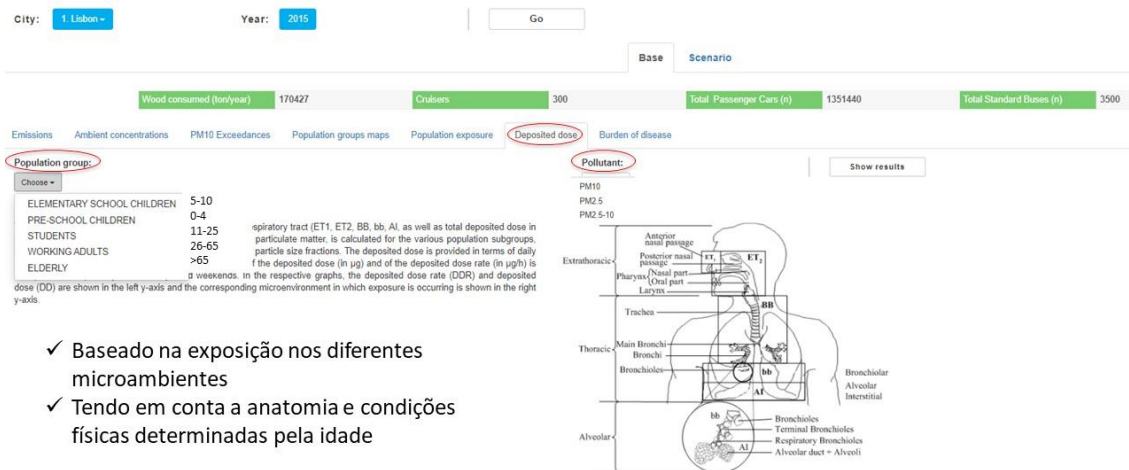
LIFE Index-Air – Report of the meetings and training courses with stakeholders



LIFE Index-Air – Report of the meetings and training courses with stakeholders



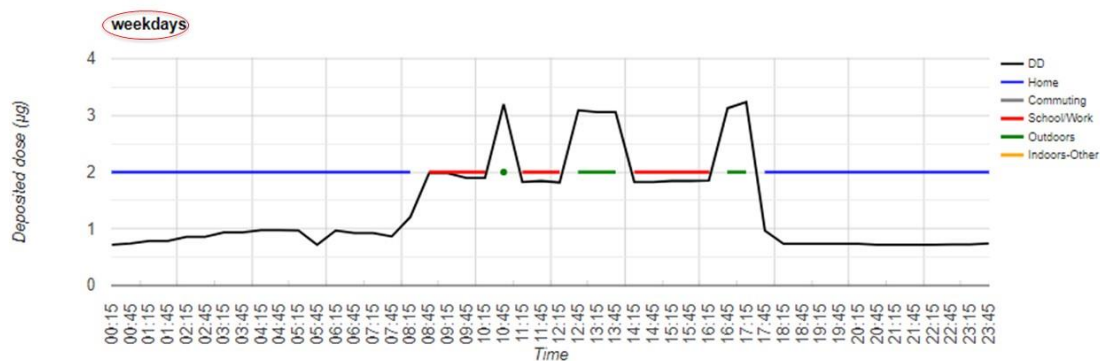
LIFE Index-Air – Report of the meetings and training courses with stakeholders



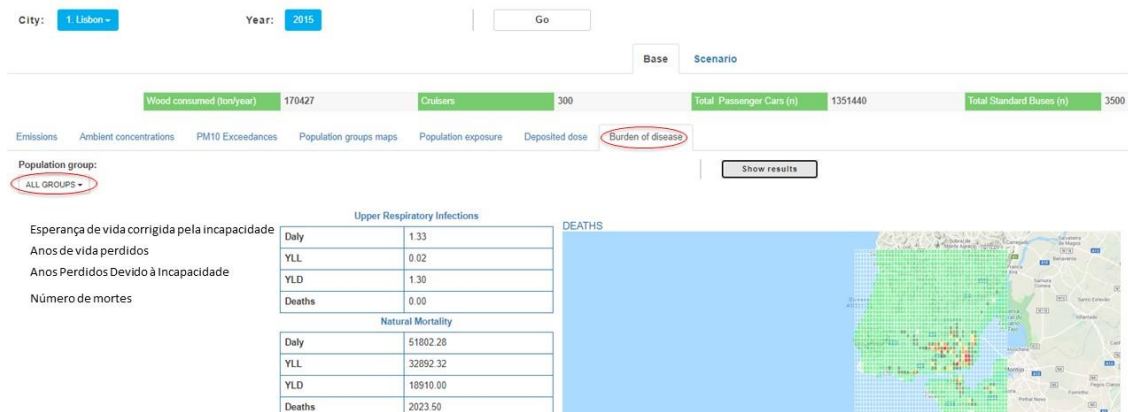
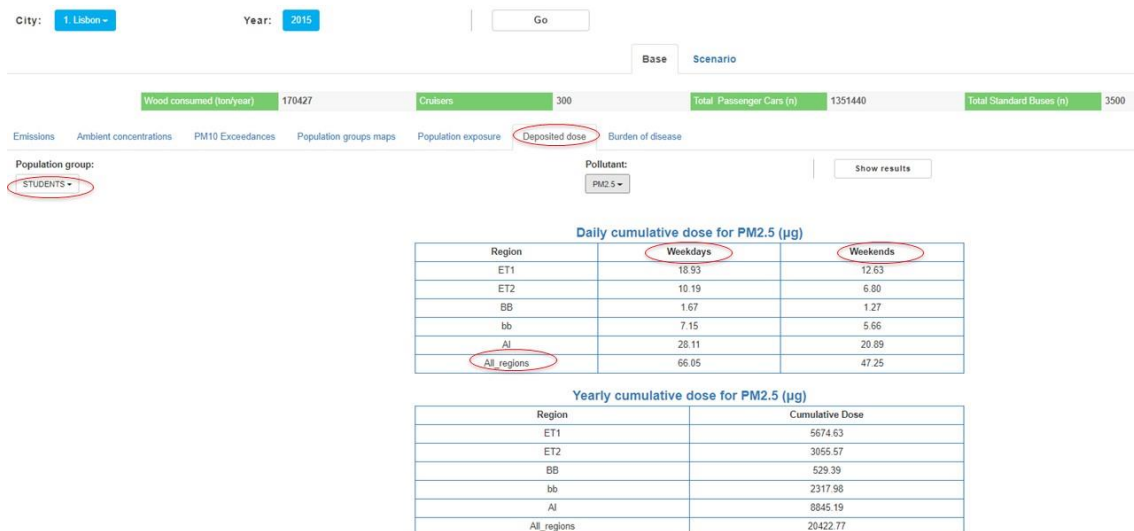
- ✓ Baseado na exposição nos diferentes microambientes
- ✓ Tendo em conta a anatomia e condições físicas determinadas pela idade

Dose cumulativa de PM2.5 (μg) para estudantes em Lisboa

All regions



LIFE Index-Air – Report of the meetings and training courses with stakeholders



- ✓ Baseado em funções concentração-resposta recomendadas pela OMS.
- ✓ Burden of disease é calculada considerando as infeções das vias respiratórias superiores para crianças, e a mortalidade natural para a restante população.

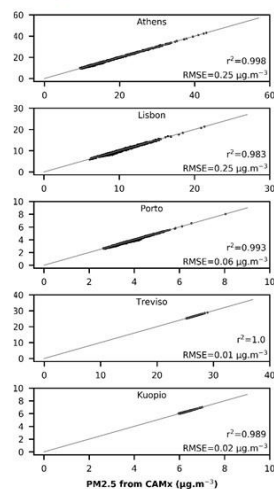
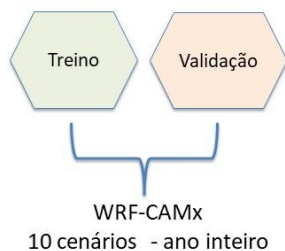
SCENARIO

Estimativa das concentrações após alteração nas emissões

- Relação não linear entre emissões e concentrações
- Necessidade de rapidez



As concentrações de PM são estimadas usando Redes Neurais Artificiais



Medidas de mitigação da poluição

City: Year:

Base ☒ Scenario

Wood consumed (ton/year)	Cruisers	Total Passenger Cars (n)	Total Standard Buses (n)
170427	300	1244212	3500

Improvement measure: ☒ Traffic

Petrol Passenger Cars (%)	Diesel Standard Buses (%)
37.63	93.3
Diesel Passenger Cars (%)	Natural Gas Standard Buses (%)
62.06	6.7
Electric Passenger Cars (%)	Electric Standard Buses (%)
0.31	0
Total	100

Petrol Passenger Cars (%)	Diesel Passenger Cars (%)	Diesel Standard Buses (%)
Euro I	9.42	0
Euro II	21.19	12.33
Euro III	31.03	66.00
Euro IV	25.63	3.33
Euro V	11.72	16.33
Euro VI	1.0	0
Total	99.99	99.99
Total Passenger Cars (n)	1244212	
Total Standard Buses (n)	3500	

Improvement measure: ☒ Residential heating

Fireplace (%)	More Efficient Fireplaces (%)
33.39	15.36
Woodstove (%)	Wood burning furnace (%)
20.00	11.00
Salamander Stove (%)	Boiler (%)
7.80	7.20
Oven (%)	Wood burning water heater (%)
4.30	0.57
Furnace (%)	Total
0.38	99.99999999999999
Wood consumed (ton/year)	170427

Improvement measure: ☒ Cruise ships

Number of Cruisers:

Novo cenário – Substituir veículos a diesel por elétricos

City: **Lisbon** Year: **2016** Go

Base **Scenario**

Wood consumed (ton/year) 170427 Cruisers 300 Total Passenger Cars (n) 1351440 Total Standard Buses (n) 3500

Improvement measure: **Traffic** Save

Petrol Passenger Cars (%) 37.6 Diesel Standard Buses (%) 93.3

Diesel Passenger Cars (%) 0 Natural Gas Standard Buses (%) 6.7

Electric Passenger Cars (%) 62.4 Electric Standard Buses (%) 0

Total 100 Total 100

	Petrol Passenger Cars (%)	Diesel Passenger Cars (%)	Diesel Standard Buses (%)
Euro I	9.42	9.42	0
Euro II	21.19	21.19	12.33
Euro III	31.03	31.03	66.0
Euro IV	25.63	25.63	3.33
Euro V	11.72	11.72	18.33
Euro VI	1	1	0
Total	99.99	99.99	99.99

Total Passenger Cars (n) 1351440

Total Standard Buses (n) 3500

Link:
http://194.219.150.53:5050/lifeindexair_project.php

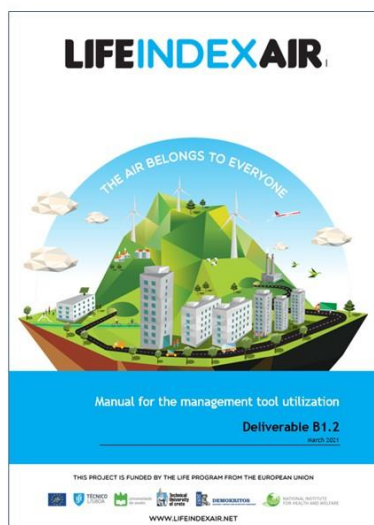


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Implementação da Ferramenta de apoio à decisão LIFE Index-Air em Lisboa



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TÉCNICO LISBOA

universidade de aveiro

Technical University of crete

DEMOKRITOS
NATIONAL CENTER FOR RESEARCH AND TECHNOLOGY

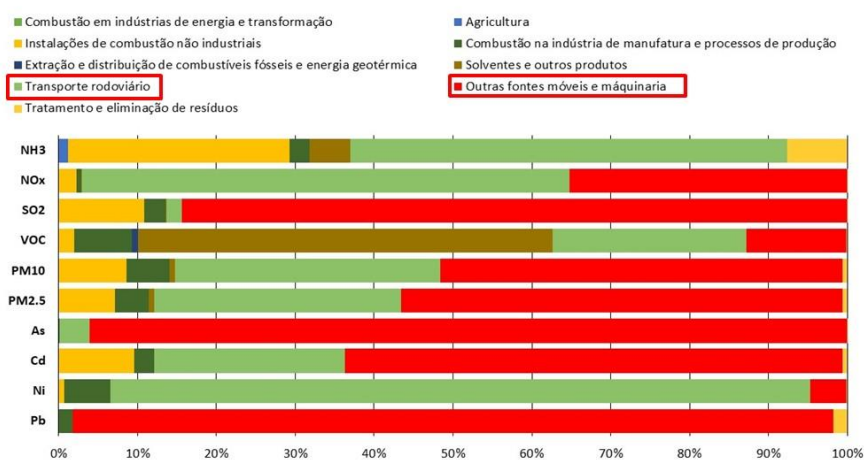
NATIONAL INSTITUTE FOR HEALTH AND WELFARE

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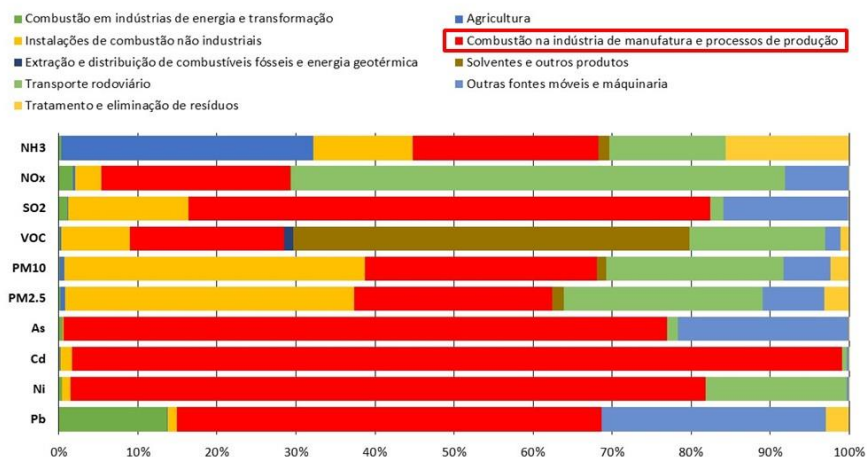
Emissions Ambient concentrations PM10 Exceedances Population groups maps Population exposure Deposited dose Burden of disease

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PROJECT FUNDED BY EUROPEAN UNION

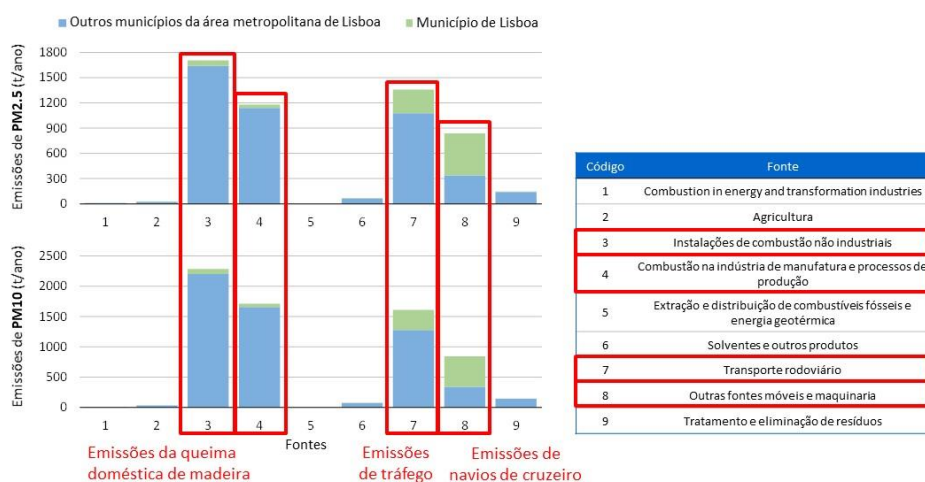
Município de Lisboa



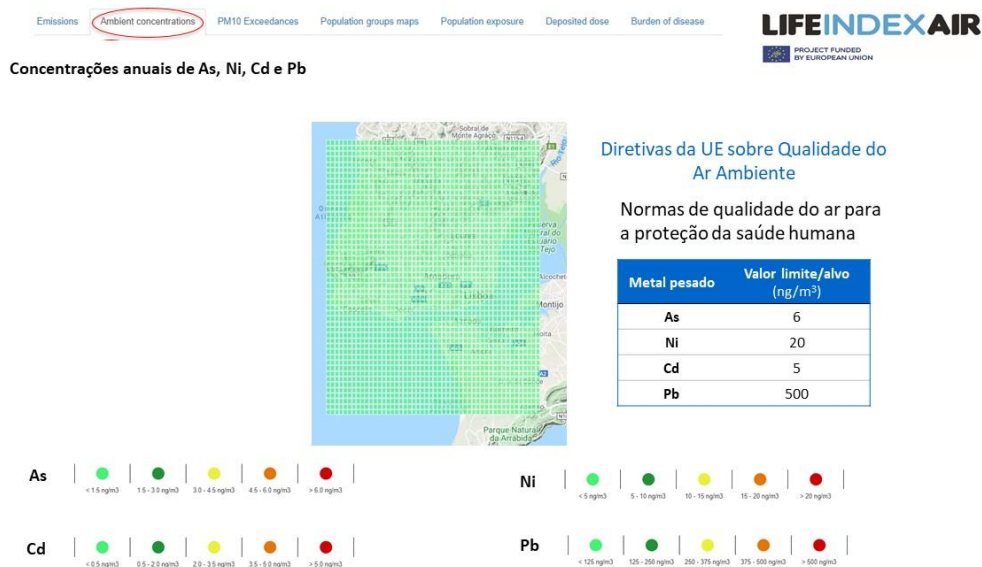
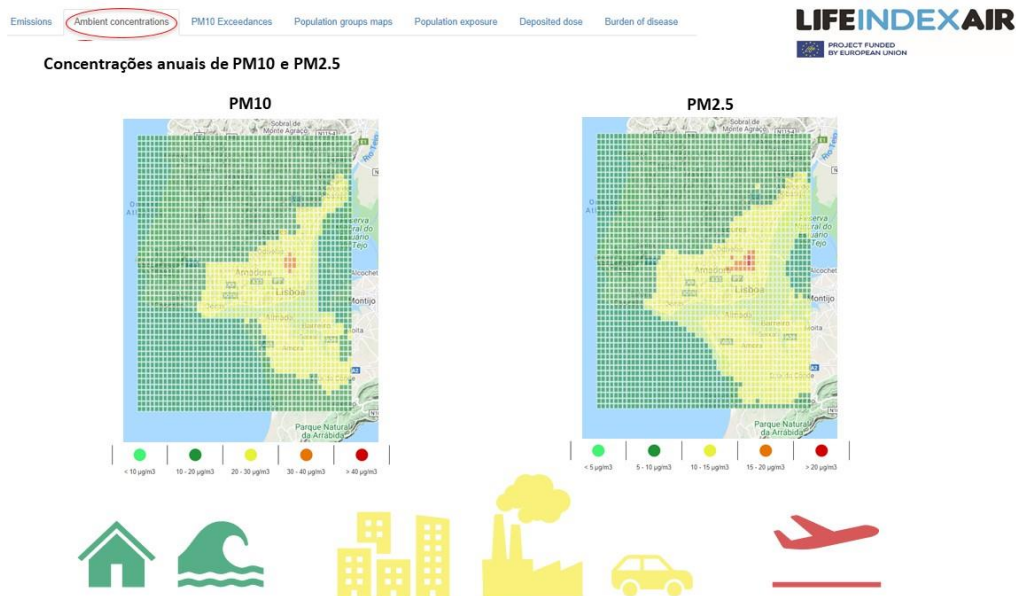
Outros Municípios da Área Metropolitana de Lisboa



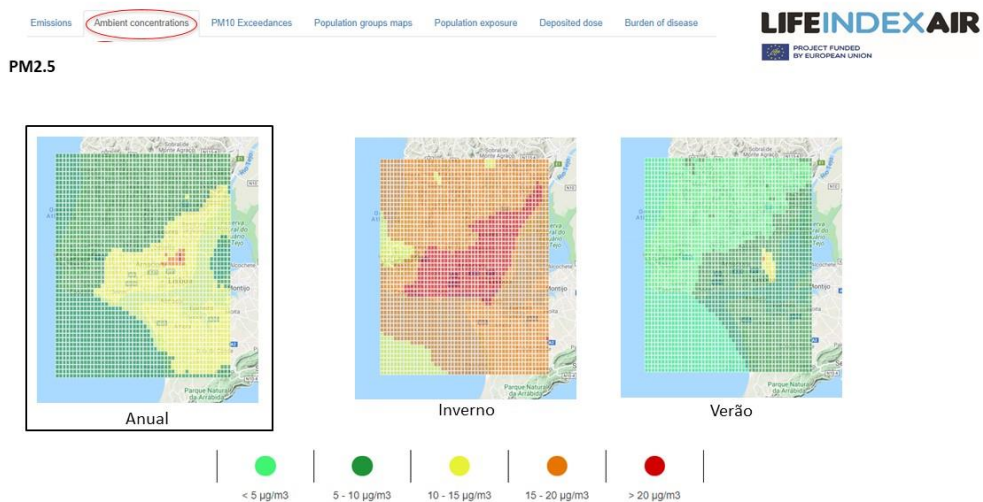
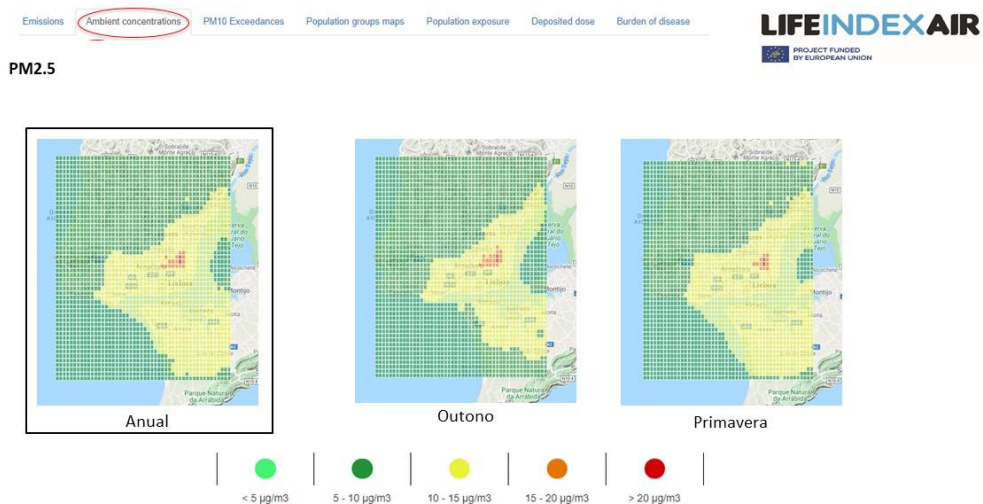
Área Metropolitana de Lisboa



LIFE Index-Air – Report of the meetings and training courses with stakeholders



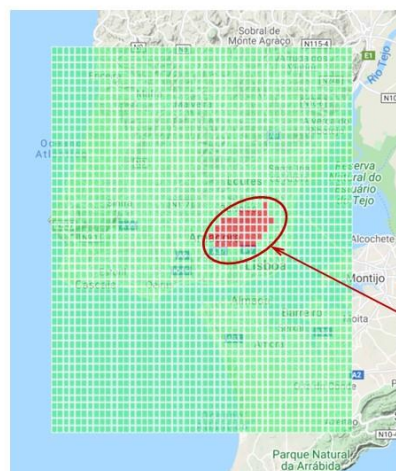
LIFE Index-Air – Report of the meetings and training courses with stakeholders



LIFE Index-Air – Report of the meetings and training courses with stakeholders



PM10



Diretivas da UE sobre Qualidade do Ar Ambiente

Normas de qualidade do ar para a proteção da saúde humana

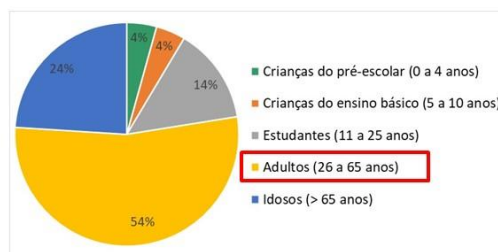
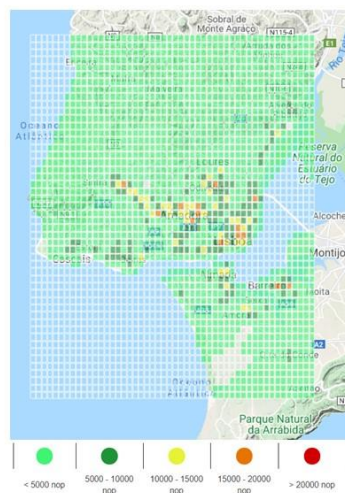
Valor limite diário de PM10 = 50 $\mu\text{g}/\text{m}^3$

Não deve ser excedido em mais de 35 dias/ano

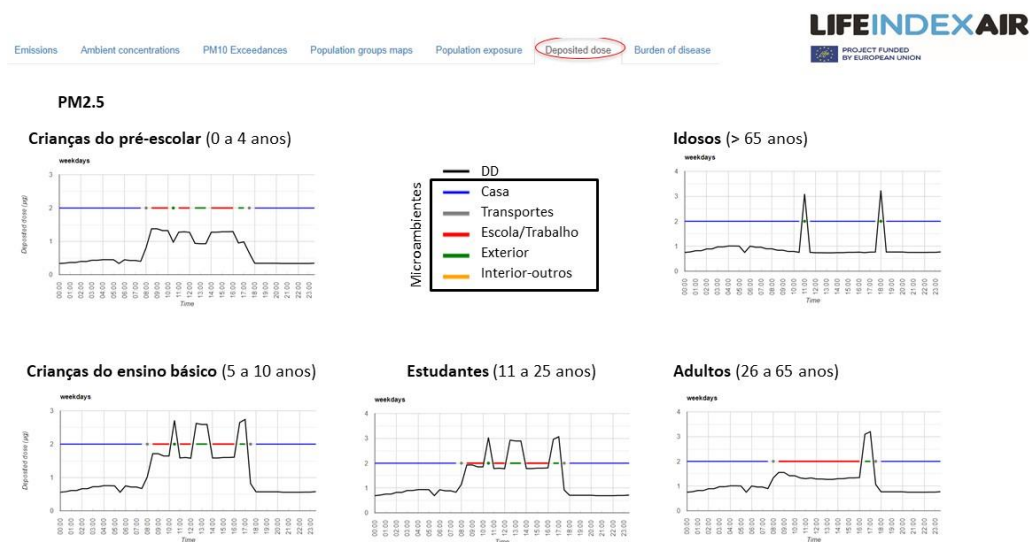
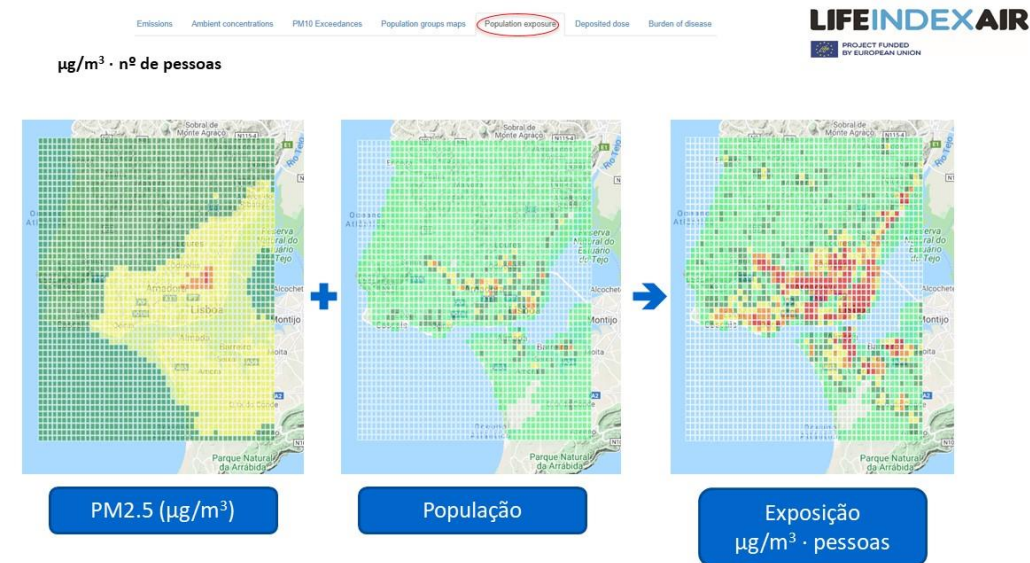
células onde o valor limite diário foi excedido mais de 35 dias/ano



Densidade populacional (nº de pessoas/km²)



LIFE Index-Air – Report of the meetings and training courses with stakeholders

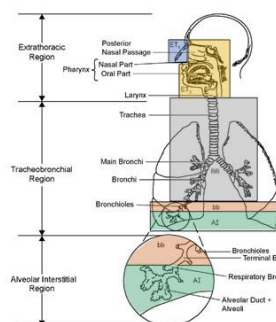
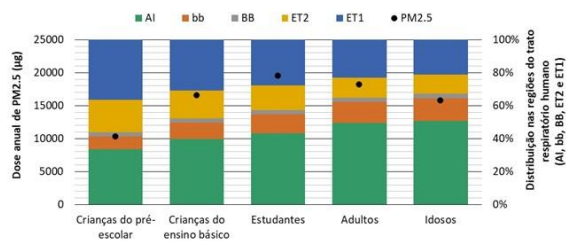


LIFE Index-Air – Report of the meetings and training courses with stakeholders

Emissions Ambient concentrations PM10 Exceedances Population groups maps Population exposure **Deposited dose** Burden of disease

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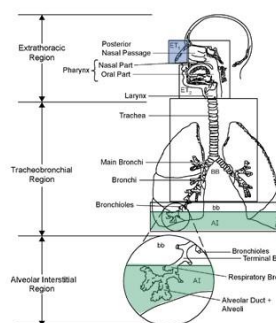
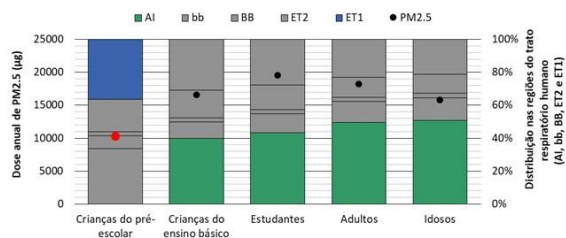
PM2.5



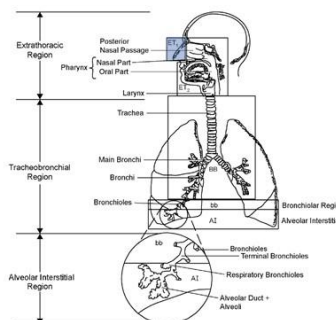
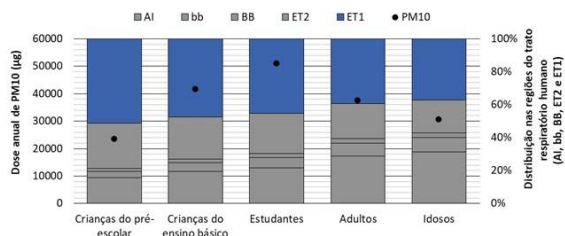
Emissions Ambient concentrations PM10 Exceedances Population groups maps Population exposure **Deposited dose** Burden of disease

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PM2.5



PM10



Impactes da exposição a PM2.5 na saúde humana

	Infecções das vias respiratórias superiores			Mortalidade natural		
	Crianças do pré-escolar	Crianças do Ensino básico	Todos os grupos	Adultos	Idosos	Todos os grupos
Anos perdidos de vida saudável (DALY)	0.61	0.69	1.30	23000	28000	51000
Anos de vida perdidos por morte prematura (YLL)	0.00	0.02	0.02	11000	21000	32000
Anos de vida perdidos por doença e/ou incapacidade (YLD)	0.61	0.67	1.30	11000	7200	19000
Mortes	0.00	0.00	0.00	320	1700	2000
Dias de doença (ligeira)	—	6400	—	—	—	—
Dias de doença (moderada)	—	4000	—	—	—	—
Dias de doença (severa)	—	80	—	—	—	—
Dias de absentismo escolar	—	2000	—	—	—	—
Total de dias de doença	—	11000	—	—	—	—

MEDIDAS DE MELHORIA



Cenários

Carros a diesel substituídos por elétricos	100% carros elétricos	-50% de carros	Sem carros EURO I, II, III e IV	Sem autocarros EURO I, II, III e IV	100% autocarros elétricos	Lareiras mais eficientes	-20% de madeira consumida	+20% de cruzeiros	Sem cruzeiros
S1	S2	S3	S4	S5	S6	S7	S8	S9	S10

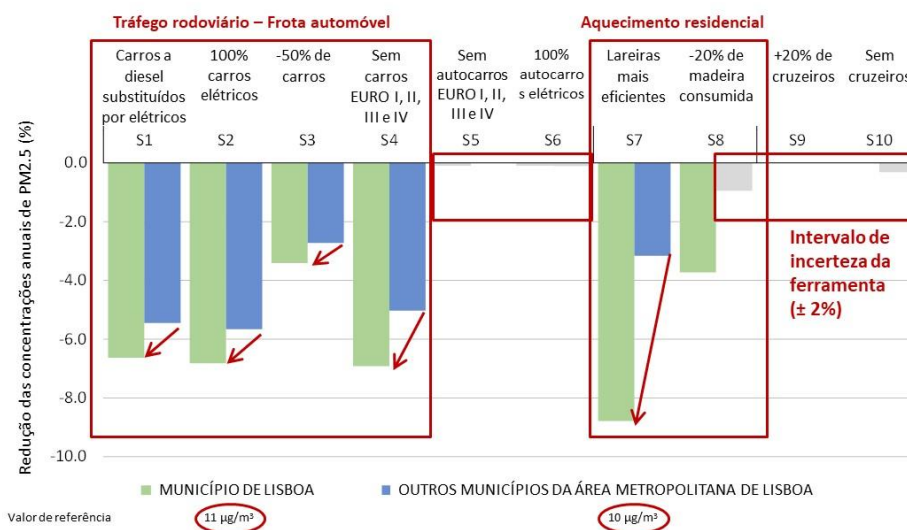
Tráfego rodoviário – Frota automóvel Tráfego rodoviário – Frota de autocarros Aquecimento residencial

Navios de cruzeiros

MEDIDAS DE MELHORIA



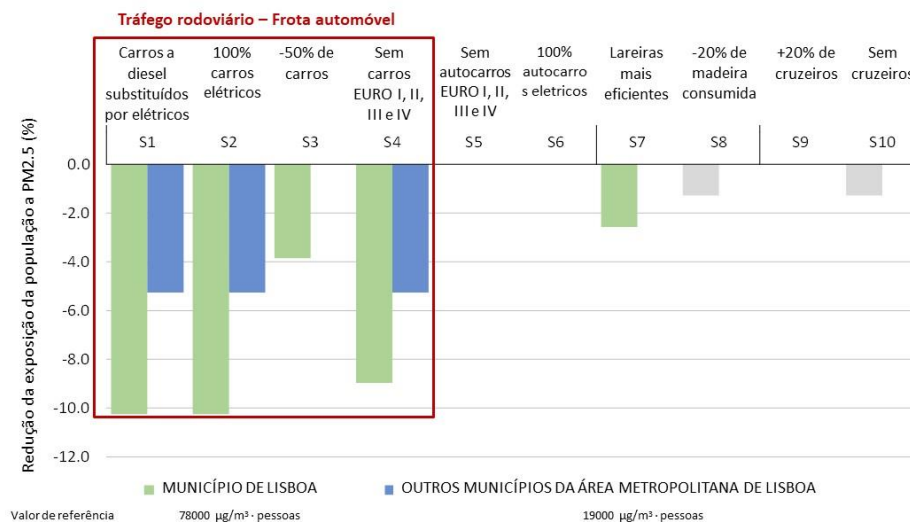
Redução das concentrações anuais de PM2.5



MEDIDAS DE MELHORIA



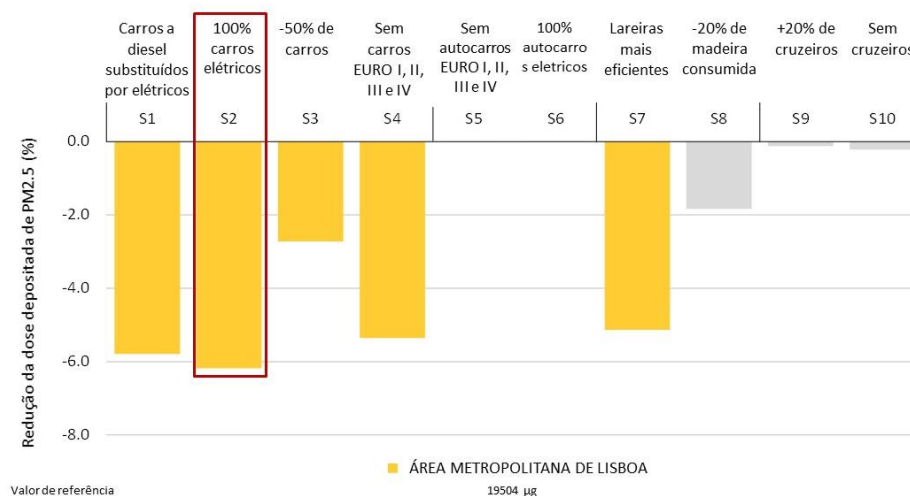
Redução da exposição da população a PM2.5

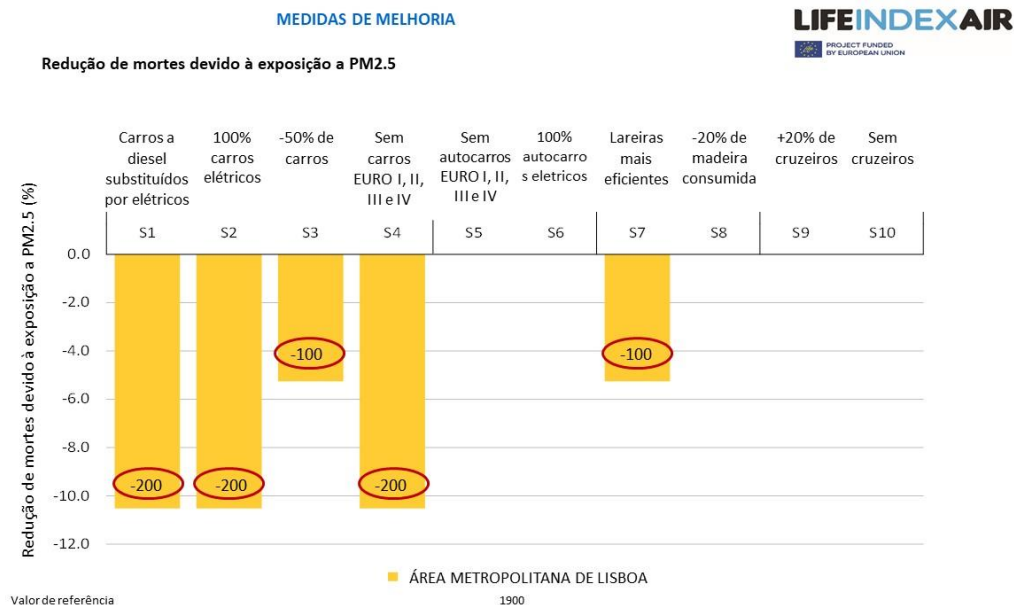


MEDIDAS DE MELHORIA



Redução da dose depositada de PM2.5 em adultos






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- ResearchGate: <https://www.researchgate.net/project/LIFE-Index-Air>

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LIFE Index-Air

Meeting and training course in City of Kuopio

**LIFE Index-Air - Development of an Integrated Exposure – Dose
Management Tool for Reduction of Particulate Matter in Air –
LIFE15ENV/PT/000674**

**Report of the Second stakeholder Meeting City of Kuopio
Training school City of Kuopio**

Date: 22nd of June 2021

Online meeting, Microsoft Teams

Chair: Heli Lehtomäki
Rapporteur: Heli Lehtomäki

Introduction

The present Minutes Report has been generated in order to provide an overview of the Second stakeholder meeting and the Training school meeting of the LIFE Index-Air project in Kuopio. The meetings were hosted by the Finnish Institute for Health and Welfare (THL) online via Teams on 22 June 2021. These meetings were held as part of a Tuesday seminar serie at THL.

Heli Lehtomäki (THL) was the chair of the meeting and the rapporteur.

1.1 Objectives

The main aim of the Second stakeholder meeting was to give an overview of the LIFE Index-Air project activities and present the main results for the stakeholders. The main aim of the Training school meeting was to present the LIFE Index-Air tool functionalities and guide stakeholders in the usage of the tool, as well as present the tool results for Kuopio.

1.2 Participating Members

The invitation for the Second stakeholder meeting and Training school meeting was sent by e-mail on 7 June 2021 to stakeholder at the City of Kuopio by Heli Lehtomäki. In addition to this email invitation sent by Heli Lehtomäki, the Tuesday seminar event, including these two meetings, was advertised at THL webpage and an invitation was sent via email by Kirsi Korhonen to Tuesday seminar mailing list on 10 June 2021.

The following members participated in the meeting:

- Finnish Institute for Health and Welfare (THL):

Antti Korhonen
Eveliina Nurmi
Heli Lehtomäki
Isabell Rumrich
Jasim Rand
Jouko Tuomisto
Virpi Kollanus
Miina Juntunen
Otto Hänninen
Päivi Ruokojärvi
Taina Siponen
Tarja Yli-Tuomi

- City of Kuopio

Erkki Pärjälä
Mikko Sokura
Olli Pärjälä

- National Supervisory Authority for Welfare and Health (Valvira)
Kutvonen Juho
- Regional State Administrative Agency for Southern Finland (AVI)
Sini Mustakallio
- University of Eastern Finland (UEF)
Anne Lipponen
- Other (institution not given)
Maija Kirsi
Nina Mäki-Kihniä

The participant lists of the Second stakeholder meeting and the Training school meeting are included in the Annex 1 and Annex 2.

1.3 Agenda of the Meeting

The working agenda of the Second stakeholder meeting was the following:

1. Introduction of the project structure and timetable
2. Motivation of the project
3. Methodology of the measurement campaign
4. Overview of the main results
5. The main conclusions of the project

The working agenda of the Training school meeting was the following:

1. The main purpose of the LIFE Index-Air tool
2. The tool manual
3. Different features of the tool
4. Baseline and scenario results for Kuopio
5. Information sources for the tool and for the LIFE Index-Air project

The program of the meeting including the Second stakeholder meeting and the Training school meeting is available on Annex 3.

1.4 Working resume and discussion

The meeting started at 14:32 with a brief welcome speech and presentation of the meeting agenda by Heli Lehtomäki.

Second stakeholder meeting (started at 14:35 and ended 15:07)

Eurooppalaisen EU LIFE Index-Air -hankkeen yleisesittely ja tulokset: Väestön altistus, terveysvaikutukset ja torjuntatoimet viidessä EU-kaupungissa – Otto Hänninen gave an overview of the LIFE Index-Air project. He presented the project partners, project timetable and structure, motivation of the project, measurement campaign in Lisbon, and the main results and conclusions of the project.

Training school meeting (started at 15:09 and ended 15:43)

EU LIFE Index-air Verkkotyökalu – Antti Korhonen presented the main purpose of the tool, went through different functionalities of the tool, and gave guidance in the tool usage. While presenting the tool functionalities Antti also showed tool results for Kuopio in baseline and for different scenarios.

There was discussion about usage of the LIFE Index-Air tool for estimating air pollution concentration for a specific school. We noted that it would be interesting, but the resolution of the tool nor the purpose are fit for such consideration.

From the City of Kuopio there was also interest towards which emission data source has been used in the modelling of the air quality. We also discussed about representativeness of the air pollution measurement stations of the exposure. In Kuopio the measurement stations are mainly showing the air quality in the most polluted areas.

1.5 Main conclusions of the meeting

The LIFE Index-Air stakeholder meeting #1 can be summarised as followed:

- An overview of the LIFE Index-Air project was given
- The main results and conclusions of the project were presented
- Special focus was set on the tool results for Kuopio
- LIFE Index-Air tool was introduced for the stakeholders
- Guidance in the tool usage was given
- There was wide interest towards the meeting with participants from at least four different institutions

1.6 Approval of the Meeting Minute

According with the LIFE Index-Air Management Guide the minutes shall be considered as accepted if, within 10 calendar days from sending, no Member has sent an objection in writing to the chairperson. The chairperson will send the final version of the minutes by email to all the beneficiaries that were called to the meeting. A copy of the minutes will be archived in the LIFE Index-Air webpage.

ANNEXES

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Annex 3: Agenda of the meeting	12
Annex 4: Presentations	13

Annex 1: List of Participants of the Second stakeholder meeting

Tässä kokouksessa (19)		Mykistä kaikki
LH	Lehtomäki Zrim Heli	
AL	Anne Lipponen Organisaation ulkopuolinen	
HO	Hänninen Otto	
JR	Jasim Rand	
J	Jouko (Guest) (Vieras) Vieras	
JM	Juntunen Miina	
KM	Kirsi Maija Organisaation ulkopuolinen	
KV	Kollanus Virpi	
KA	Korhonen Antti	
KJ	Kutvonen Juho Organisaation ulkopuolinen	
MS	Mustakallio Sini Organisaation ulkopuolinen	
NE	Nurmi Eveliina	
PE	Pärjälä Erkki Organisaation ulkopuolinen	
PO	Pärjälä Oli Organisaation ulkopuolinen	
RI	Rumrich Isabell	
RP	Ruokojärvi Päivi	
ST	Siponen Taina	
SM	Sokura Mikko Organisaation ulkopuolinen	
YT	Yli-Tuomi Tarja	

Annex 2: List of Participants of the Training school meeting

Tässä kokouksessa (16)			Mykistä kaikki
LH	Lehtomäki Zrim Heli		
AL	Anne Lipponen Organisaation ulkopuolinen		
HO	Hänninen Otto		
J	Jouko (Guest) (Vieras) Vieras		
JM	Juntunen Miina		
KM	Kirsi Maija Organisaation ulkopuolinen		
KV	Kollanus Virpi		
KA	Korhonen Antti		
KJ	Kutvonen Juho Organisaation ulkopuolinen		
MS	Mustakallio Sini Organisaation ulkopuolinen		
NM	Nina Mäki-Kihniä (Vieras) Vieras		
PE	Pärjälä Erkki Organisaation ulkopuolinen		
PO	Pärjälä Olli Organisaation ulkopuolinen		
RI	Rumrich Isabell		
RP	Ruokojärvi Päivi		
ST	Siponen Taina		
YT	Yli-Tuomi Tarja		

Annex 3: Agenda of the meeting

THL:n tiistaiseminaari: LIFE Index-Air
21-06-2021 klo 14:30-15:30

- 14:30-15:00 Erikoistutkija Otto Hänninen
 - Hankkeen yleisesittely sekä keskeisimmät tulokset
- 15:00-15:30 Tutkija Antti Korhonen
 - Verkkotyökalun ominaisuudet, käyttö sekä tulokset Kuopion osalta



Annex 4: Presentations

Eurooppalaisen EU Life Index-Air -hankkeen yleisesittely ja tulokset:
**Väestön altistus, terveysvaikutukset ja torjuntatoimet
viidessä EU-kaupungissa**

22.06.2021 tiistai klo 14:30-15:30

O. Hänninen, A. Korhonen, H. Lehtomäki¹,
E. Diapoulis, M.I. Manousakas, K. Eleftheriadis²,
M. Lazaridis, E. Chalvatzaki³,
A. Miranda, J. Ferreira, H. Relvas⁴,
S.M. Almeida, T. Faria, V. Martins, N. Canha⁵
et al.

¹THL-Finnish Institute for Health and Welfare, Finland
²NCSR-Demokritos, Greece
³TU-Technical University of Crete, Greece
⁴University of Aveiro, Portugal
⁵C2TN, Instituto Superior Técnico, Portugal

THE AIR BELONGS TO EVERYONE

LIFEINDEXAIR  WWW.LIFEINDEXAIR.NET

2016-10-19..20
Kick-off
Athens

Municipalities	Joana	Thomas	Kostas	Vassilis	MoH
Lila	Ana	Otto	Marta	Marina	MoH
					Mihalis



Index Air

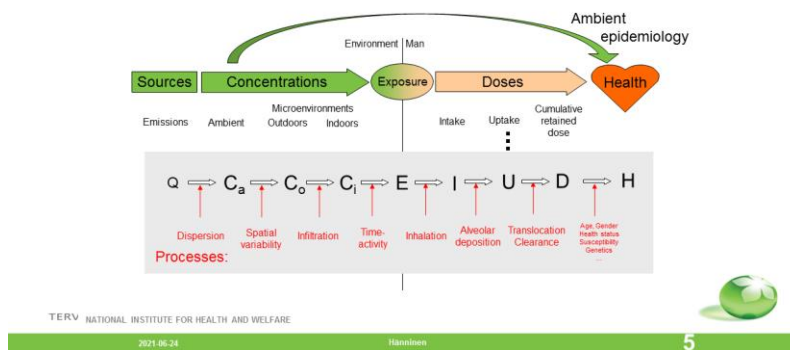
EU LIFE -project LIFE15 ENV/PT/000674

- 2016-10-01 .. 2020-03-31 (3½ years)
- Extension 1 ..2021-03-31
- Extension 2 ..2021-09-30
- Kuopio
 - 1st stakeholder meeting 2017-01-09
 - 2nd stakeholder meeting 2021-06-22

2021-06-22

Hänninen, O: INDEX AIR

Exposure metrics and processes



Actions

- A1 Authorities and stakeholder consultation
- A2 Technical planning
- B1 Management tool
- B2 Air quality database module
- B3 Exposure module
- B4 Dosimetry module
- B5 Burden of disease module
- B6 Implementation of the management tool
- B7 Development of guidelines for action plans
- C1 Assessment of the project effectiveness
- C2 Assessment socioeconomic impact
- D1 Networking
- D2 Dissemination pack
- E1 Project management
- E2 Project monitoring
- E3 After-LIFE communication plan



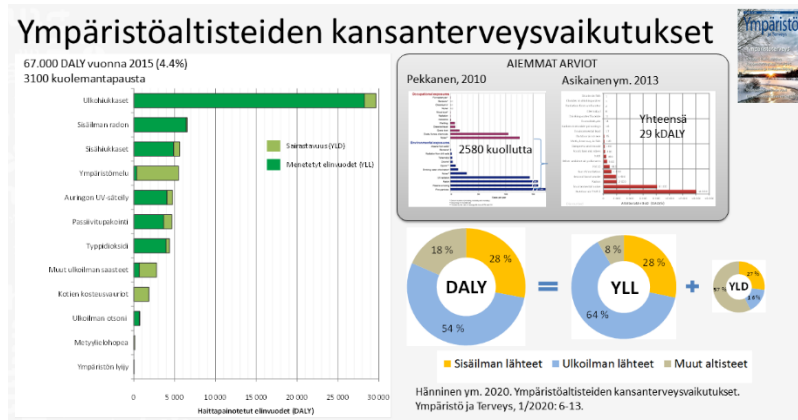
Motivation

EU urban population exposed to harmful levels of air pollution in 2013-2015

	EU limit/target values	WHO guidelines
PM _{2.5}	7-8 %	82-85 %
PM ₁₀	16-20 %	50-62 %
O ₃	7-30 %	95-98 %
NO ₂	7-9 %	7-9 %
BaP	20-25 %	85-91 %
SO ₂	<1 %	20-38 %

WHO
AQ GL Update
2021 !?

Round 90 % of Europeans living in cities are exposed to levels of air pollutants deemed damaging to health by the World Health Organization's more stringent guidelines.



Motivation

Assessment of human exposure to particles

Measuring outdoor levels of particles at **fixed** ambient air quality **monitoring** sites has been the **traditional** way of **evaluating** urban air quality

This fixed monitoring stations are **supposed to assess** the exposure of all the population to particles



However, this approach **fails** to account for **all components** of exposure

1st There is a huge **heterogeneity** in the **concentrations** of pollutants within the city

2nd People spend more than **90% of the time** **indoors**

3rd There is a huge **heterogeneity** in **time** activity patterns of the population

This brings the considerable importance of assessing the **personal integrated exposure** to particles as it is the key determinant of the **dose received by an individual** and to study the **sources associates with this exposure**.

LIFEINDEX AIR
2021-06-22

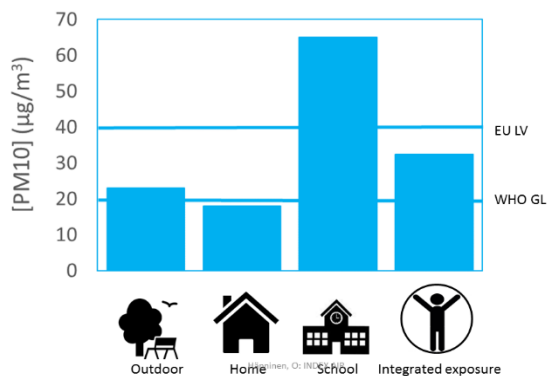
Hänninen, O: INDEX AIR

WWW.LIFEINDEXAIR.NET

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Motivation

Children exposure to particles

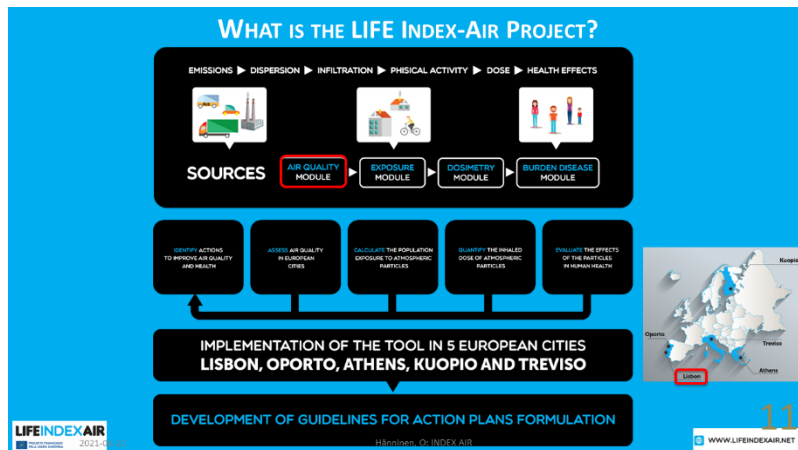


LIFEINDEX AIR
2021-06-22

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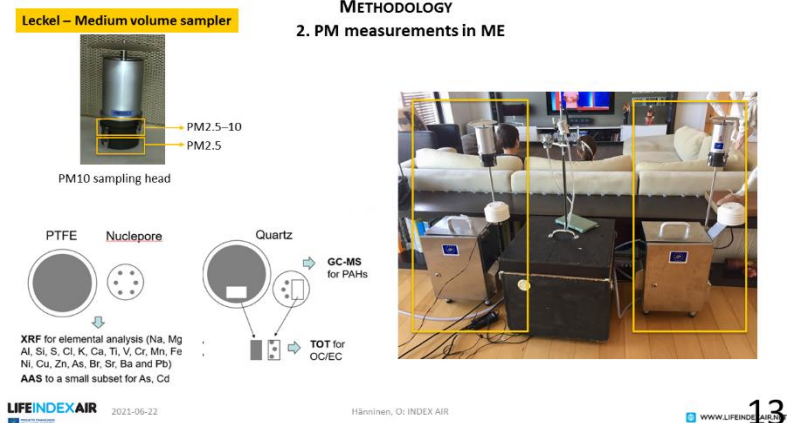
METHODOLOGY

2. PM measurements in ME



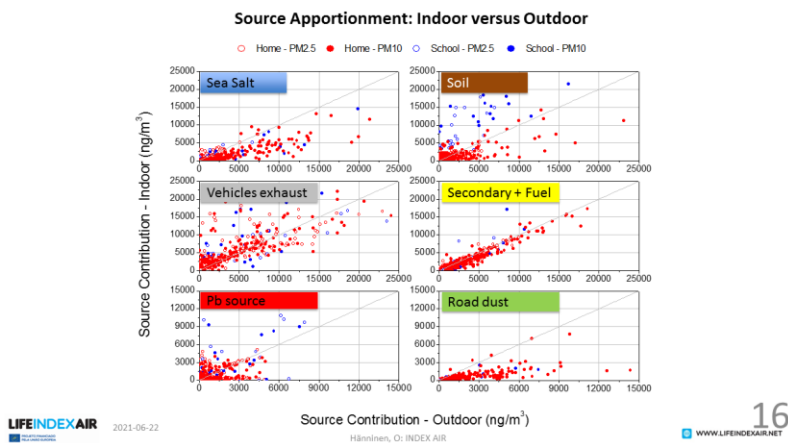
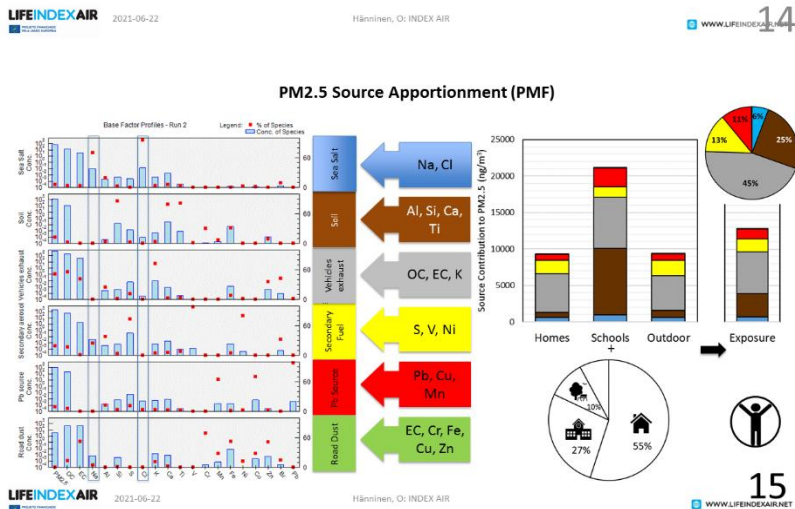
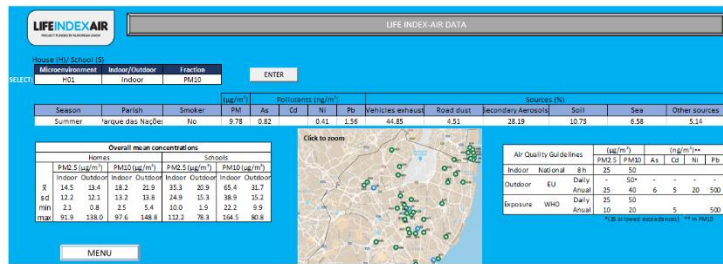
METHODOLOGY

2. PM measurements in ME



LIFE Index-Air – Report of the meetings and training courses with stakeholders

LIFE Index-Air: helping citizens to get involved



LIFE Index-Air: helping citizens to get involved

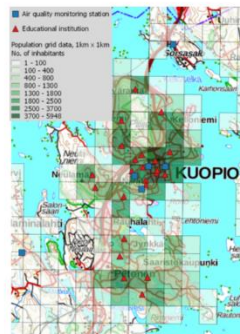
LISBON ENGAGEMENT IN NUMBERS

NUMBER OF SCHOOLS 26	TOTAL NUMBER OF TEACHERS 165
NUMBER OF AWARENESS SESSIONS 60	STREET EVENT DAYS 5
TOTAL NUMBER OF STUDENTS 5796	

Hänninen, O: INDEX AIR

Educational institutes in Kuopio

- 48 schools in Kuopio area
 - 42 basic schools (age: 7-15 yr)
 - 4 upper secondary schools (16-18 yr)
- 23 schools in the central area (shown in the figure)
- All together over 13,200 pupils from which 10,300 in the central area



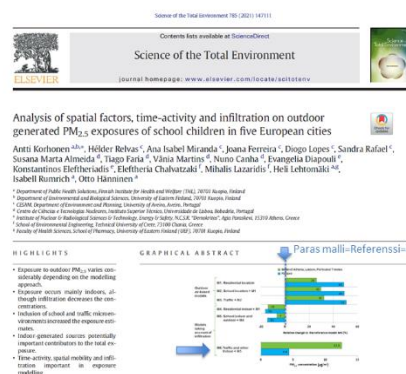
2016-02-02

Hänninen, O

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Korhonen et al. 2021

- Ulkoilma-altistukset
- Kotisijainnin ulkoilma
- Koti, koulu, liikenne
- Infiltraatio ulkoa sisälle
- (sisälähteitä ei huomioitu!)

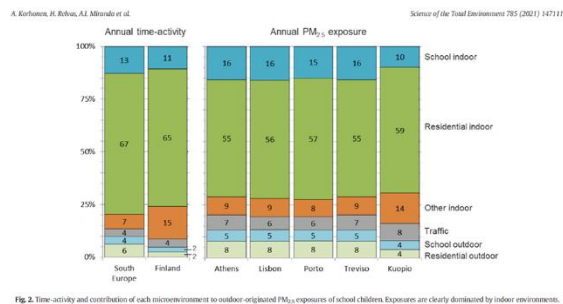


2021-06-22

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Mikroympäristöjen rooli koululaisten altistuksessa



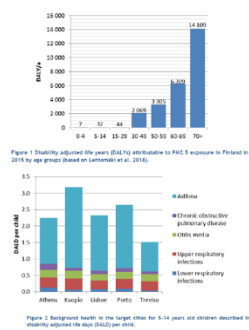
2021-06-22

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<http://www.lifeindexair.net/deliverables/>

B5 Burden of disease & Health Impact Assessment



2021-06-22

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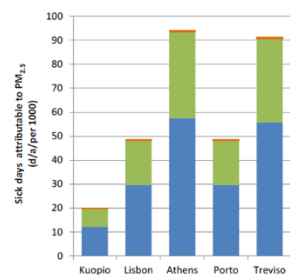
21



Lehtomäki ym. 2018

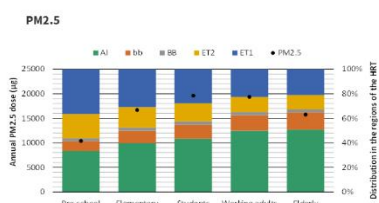
at home at school

Kuopio:
11 605 children (5-14 yr)
ca. 230 sickdays



LISBON

DEPOSITED DOSE

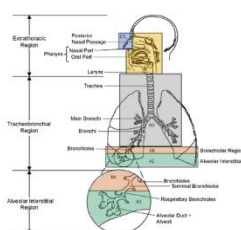


Respiratory tract deposition modelling by Technical University of Crete, Mihailis Lazaridis et al.

2016-02-02

Hänninen, O

22



Conclusions 1

- Children spend 90% of the time indoors.
- Six sources contributing to PM concentrations were included: vehicles exhaust, secondary sulfates, soil, Pb source, sea salt and road dust.
- Indoor concentration levels were comparable to those found outdoors for traffic emissions, secondary aerosol and sea salt, demonstrating penetration of outdoor pollution to indoors.
- Outdoor levels of particles at fixed ambient air quality monitoring sites fails to account for all sources contributing the personal exposure.

- Indoor sources that contribute to the indoor levels of particles missing!

LIFEINDEXAIR 2021-06-22

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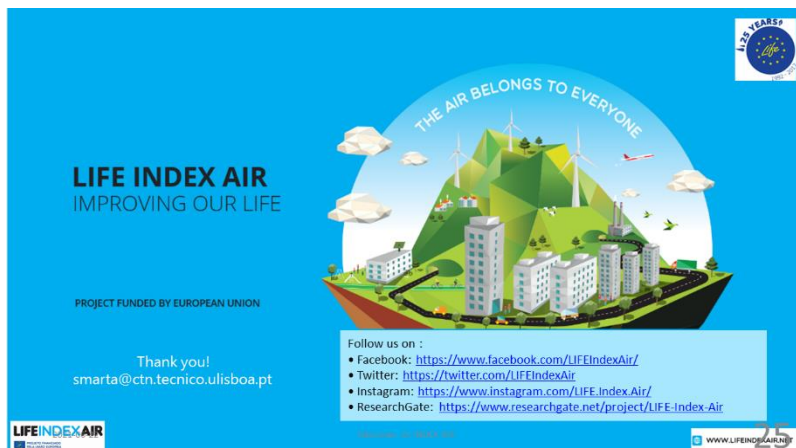
Conclusions 2: Index Air Tool

- Internet-based INDEX AIR tool available
- Data ready for the participating five cities
 - Kuopio, Athens, Lisbon, Porto, Treviso
 - New cities can be added
- Baseline (2015) emissions, air quality, exposure, dose, health impacts
- Scenario tool for policy effectiveness evaluation

LIFEINDEXAIR 2021-06-22

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EU LIFE Index-Air

Verkkotyökalu



Käyttötarkoitus

- Index-Air verkkotyökalu mahdollistaa hiukkasten väestöaltistuksen, annoksen ja terveysvaikutuksien arvioinnin perusvuoden tilanteessa (v.2015) sekä käyttäjän määrittämissä päästövähennysskenaarioissa
- Verkkotyökalu sisältää nykyisellään 5 eri kaupunkia.
 - Ateena, Lissabon, Porto, Kuopio ja Treviso
 - Uusien kaupunkien lisääminen mahdollista



Korhonen; Index-Air



22.06.2021

2

Verkkotyökalun käsikirja ja video

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3.5. Population growth rates	4
3.6. Population exposure	4
3.7. Exposure rates	4
3.8. Number of cases	4
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B1.2 Manual for the management tool utilization
<https://www.lifeindexair.net/deliverables/>

Verkkotyökalun esittelyvideo
<https://www.lifeindexair.net/life-index-air-tool-presentation-video-available/>



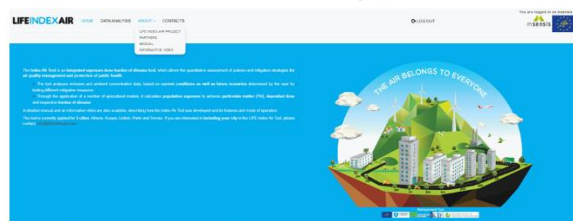
Korhonen; Index-Air



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LIFE Index-Air verkkotyökalu

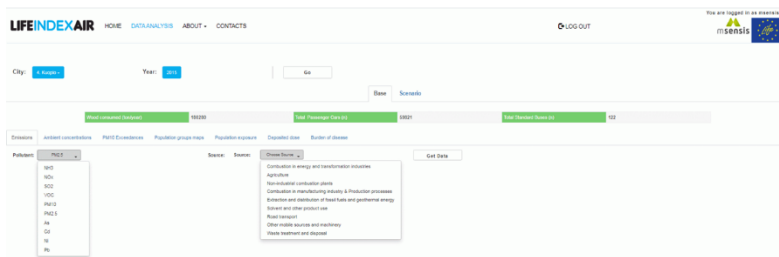


Kuva 1. LIFE Index-Air verkkotyökalun aloitus sivu.



Kuva 2. Valittavana olevat kaupungit.

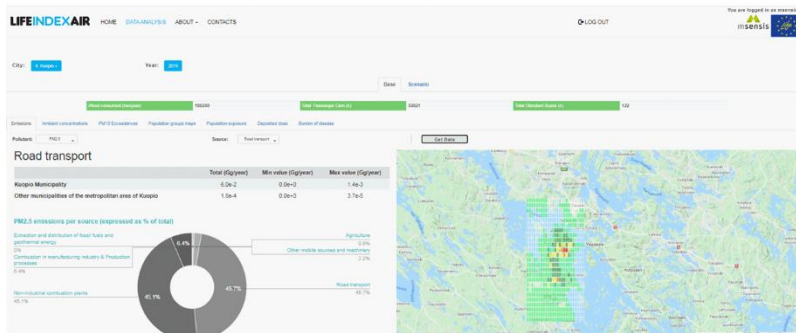
Päästöt



Kuva 3. Ilmansaasteet ja päästölähteet



Tieliikenteen pienhiukkaspäästöt



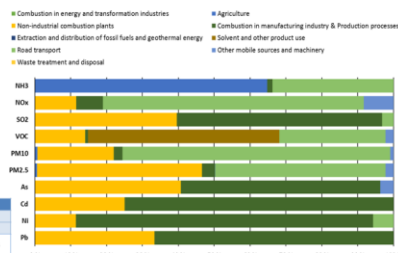
Kuva 4. Tieliikenteen PM_{2.5} päästöt Kuopiossa



Päästöjen määrä ja jakauma

Taulukko 1. Ilmansaasteiden päästöjen määrä

	NH ₃	NO _x	SO ₂	VOC	PM ₁₀	PM _{2.5}	As	Cd	Ni	Pb
	Total emissions									
	t/year									
	kg/year									
Kuopio	29.3	495.0	21.0	2063.0	295.1	126.1	2.7	0.4	3.5	0.3



Kuva 5. Ilmansaasteiden päästöjakauma lähteittäin



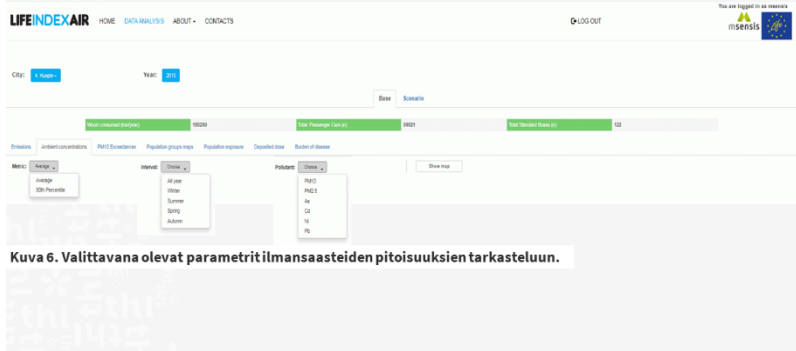
Korhonen/Index-Air



22.06.2021

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Pitoisuudet (1/2)



Kuva 6. Valittavana olevat parametrit ilmansaasteiden pitoisuuksien tarkasteluun.



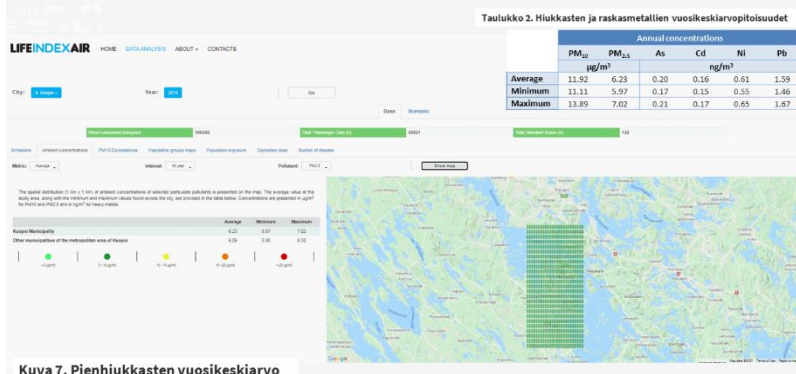
Korhonen/Index-Air



22.06.2021

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Pitoisuudet (2/2)



Taulukko 2. Hiukkasten ja raskasmetallien vuosikeskiarvopitoisuudet

	Annual concentrations					
	PM ₁₀	PM _{2.5}	As	Cd	Ni	Pb
	µg/m ³					
Average	11.92	6.23	0.20	0.16	0.61	1.59
Minimum	11.11	5.97	0.17	0.15	0.55	1.46
Maximum	13.89	7.02	0.21	0.17	0.65	1.67

Kuva 7. Pienhiukkasten vuosikeskiarvo

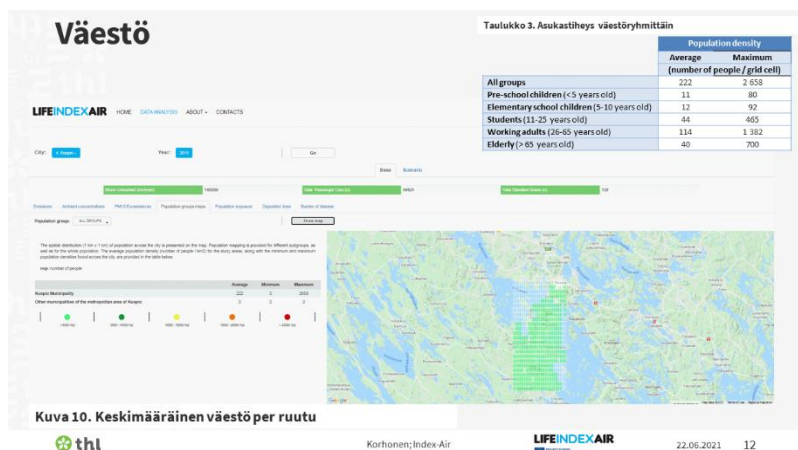
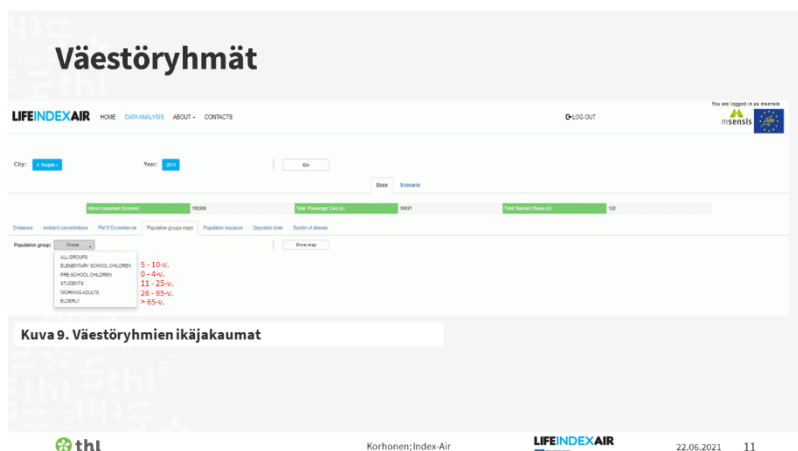
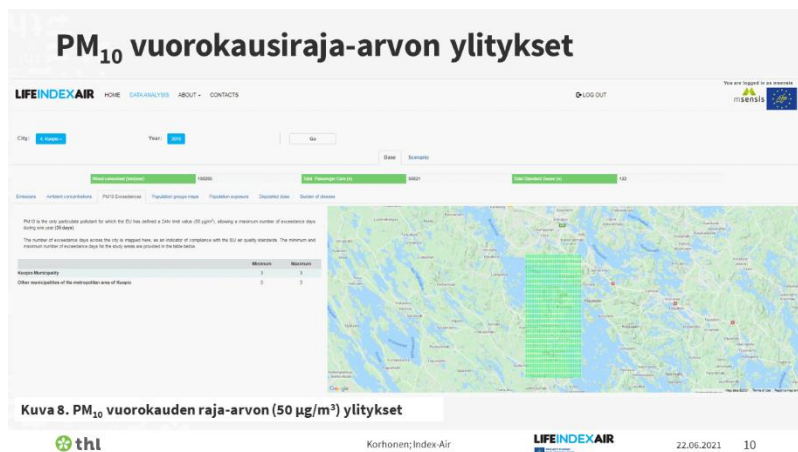


Korhonen/Index-Air

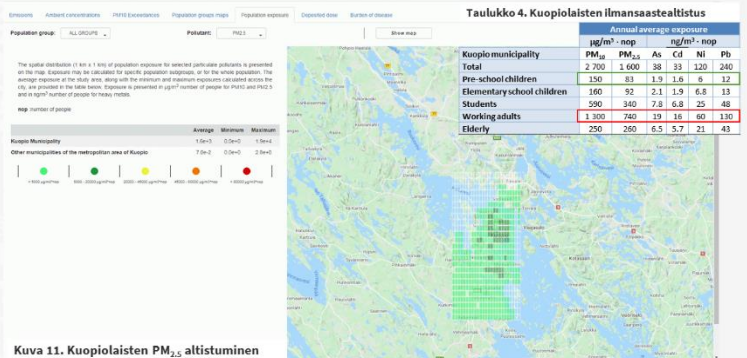


22.06.2021

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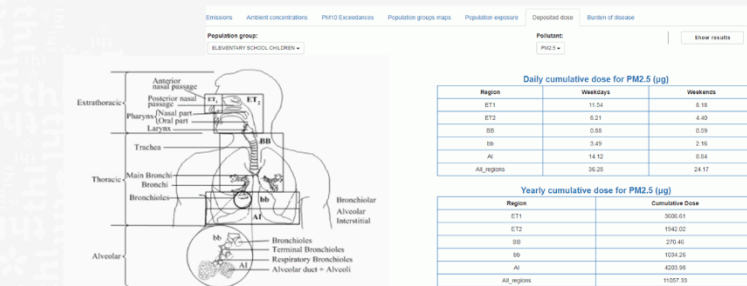


Väestön altistuminen



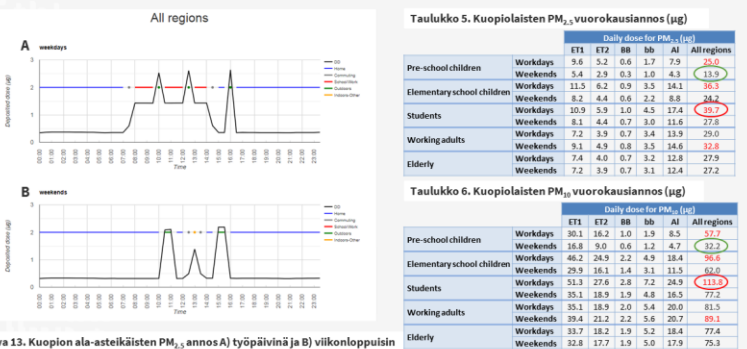
thl Korhonen; Index Air LIFEINDEXAIR 22.06.2021 13

Pienhiukkasannos

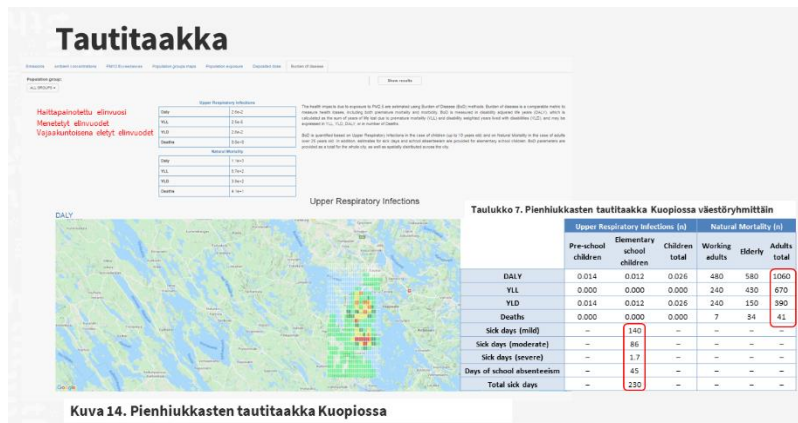


thl Korhonen; Index Air LIFEINDEXAIR 22.06.2021 14

Hiukkasannos työpäivinä ja viikonloppuna



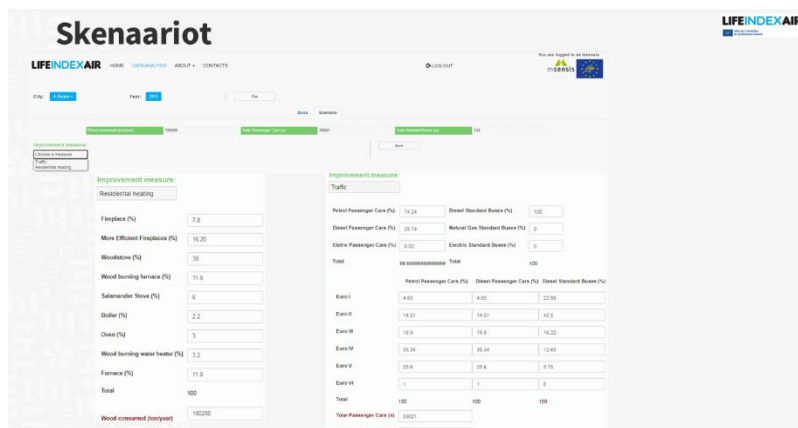
thl Korhonen; Index Air LIFEINDEXAIR 22.06.2021 15



Korhonen/Index-Air



22.06.2021 16



Korhonen/Index-Air



22.06.2021 18

Tietoa projektista sekä verkkotyökalusta

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- Projektin kotisivu
 - <http://www.lifeindexair.net/>
 - B1.2 Manual for the management tool utilization
 - <https://www.lifeindexair.net/deliverables/>
 - Verkkotyökalun esittelyvideo
 - <https://www.lifeindexair.net/life-index-air-tool-presentation-video-available/>
- Työkaluun liittyvä palaute ja kysymykset
 - info@lifeindexair.com

LIFE Index-Air

Meeting and training course with the Greek Ministries of Environment & Energy and Health

**LIFE Index-Air - Development of an Integrated Exposure – Dose
Management Tool for Reduction of Particulate Matter in Air –
LIFE15ENV/PT/000674**

Report of the meeting and training course with stakeholders

Date: 30th of September 2021

Zoom meeting

Chair: Konstantinos Eleftheriadis

Rapporteur: Evangelia Diapouli



Introduction

The present Minutes Report has been made to provide an overview of the meeting and training course with representatives from the Greek Ministry of Environment and Energy and the Greek Ministry of Health. The meeting took place on the 30th of September 2021. This meeting was attended by a total of 7 participants: 2 from NCSRD, 3 from the Ministry of Environment & Energy and 2 from the Ministry of Health. Both ministries are key stakeholders for the project in Greece.

Konstantinos Eleftheriadis was the chair of the meeting and nominated Evangelia Diapouli as the rapporteur.

Objectives

The objectives of this meeting were:

1. to highlight the motivation and goals of the LIFE Index-Air project;
2. to present the project results and the outcome of the LIFE Index-Air tool for Athens;
3. to introduce the LIFE Index-Air Management Tool;
4. to train the stakeholders to run the LIFE Index-Air Management Tool;
5. to discuss the results obtained with stakeholders.

Participating Members

The following members of NCSRD and stakeholders participated in the meeting:

- NCSRD – Konstantinos Eleftheriadis, Evangelia Diapouli
- Ministry of Environment and Energy – Eirini Tsilibari, Anastasios Adamopoulos, Eirini Kokoretsi
- Ministry of Health – Vasiliki Karaouli, Sofia Tzala

Agenda of the Meeting

The working agenda of the meeting was the following:

- Motivation, goals and overview of the LIFE Index-Air project
- Pilot implementation of the Index-Air Management Tool in Athens
- Overview of the Index-Air Management Tool
- Practical training on the Index-Air Tool

Working resume

The meeting started at 11:00 with the welcome and introduction of all participants. The first part of the meeting included two presentations. Konstantinos Eleftheriadis presented a general overview of the LIFE Index-Air project: motivation, goals and outcome. Next, Evangelia Diapouli presented the results from the pilot implementation of the Index-Air Management Tool, focusing mainly on the city of Athens. The second part of the meeting was dedicated to the demonstration of the Index-Air Management Tool and the training of stakeholders on the use of the Tool. Evangelia Diapouli presented an overview of the Index-Air Management Tool. Following the presentation, the representatives from the two ministries accessed the online Tool and were trained on its use, with the assistance of Evangelia Diapouli. At the end of the meeting, the LIFE Index-Air team and stakeholders discussed on the project results and the Index-Air Tool. V. Karaouli and S. Tzala from the Ministry of Health were impressed from the outputs of the Tool and the overall work done in the framework of the project. E. Tsilibari and A. Adamopoulos from the Ministry of Environment and Energy were also impressed by the significant results provided by the Tool, in terms of population exposure and health. They commented on the importance of updating the tool, in order to guarantee its continuous use. They also commented on the importance of including high quality input data. The PowerPoint presentations that supported this meeting are shown in Annex 4.

The meeting ended at 15:00.

Images of the online meeting



Figure 10 – Konstantinos Eleftheriadis and Evangelia Diapouli welcome the participants.

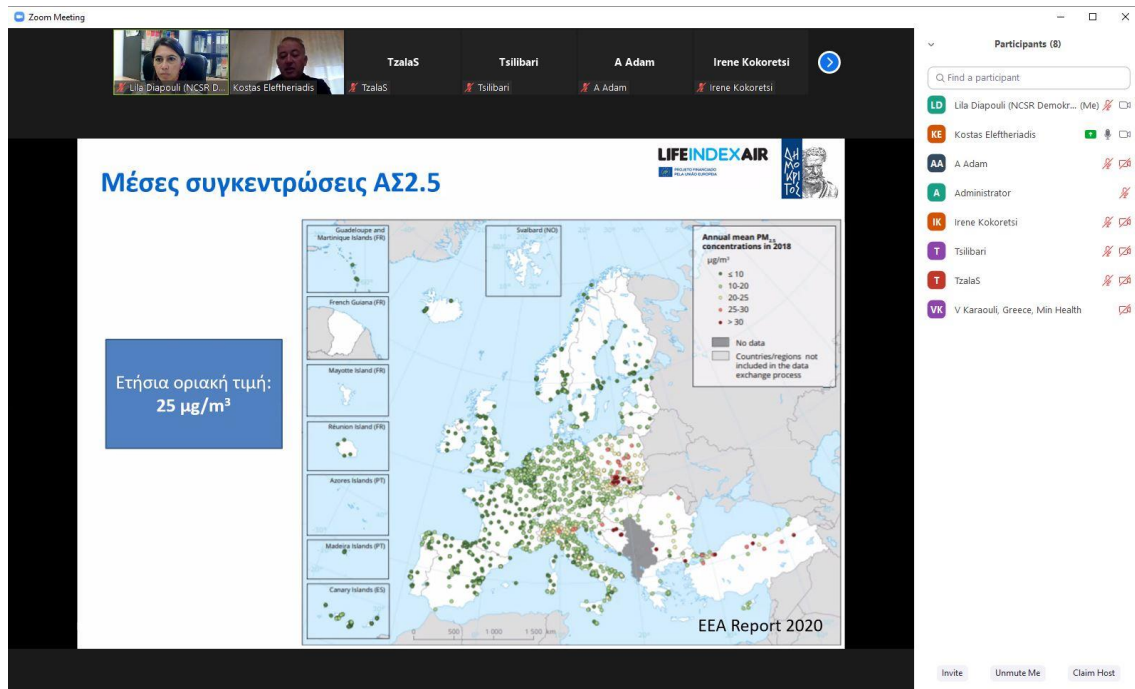


Figure 11 – Konstantinos Eleftheriadis presents the motivation behind the Index-Air project.

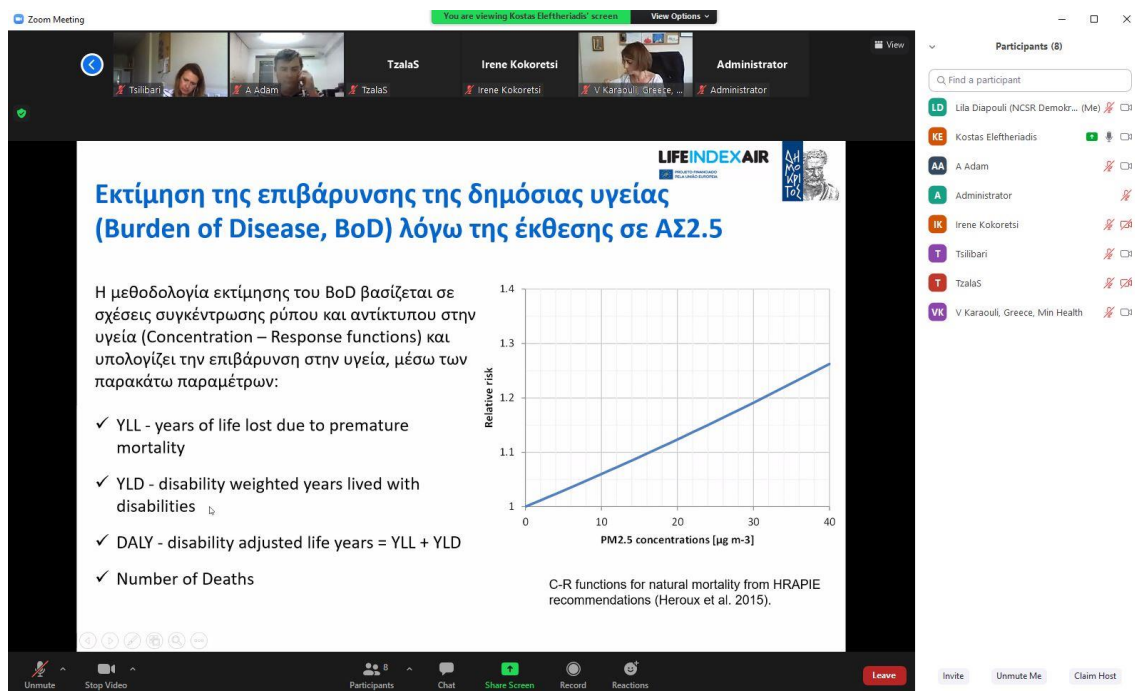


Figure 12 – Konstantinos Eleftheriadis presents the methodological approaches followed in the project.

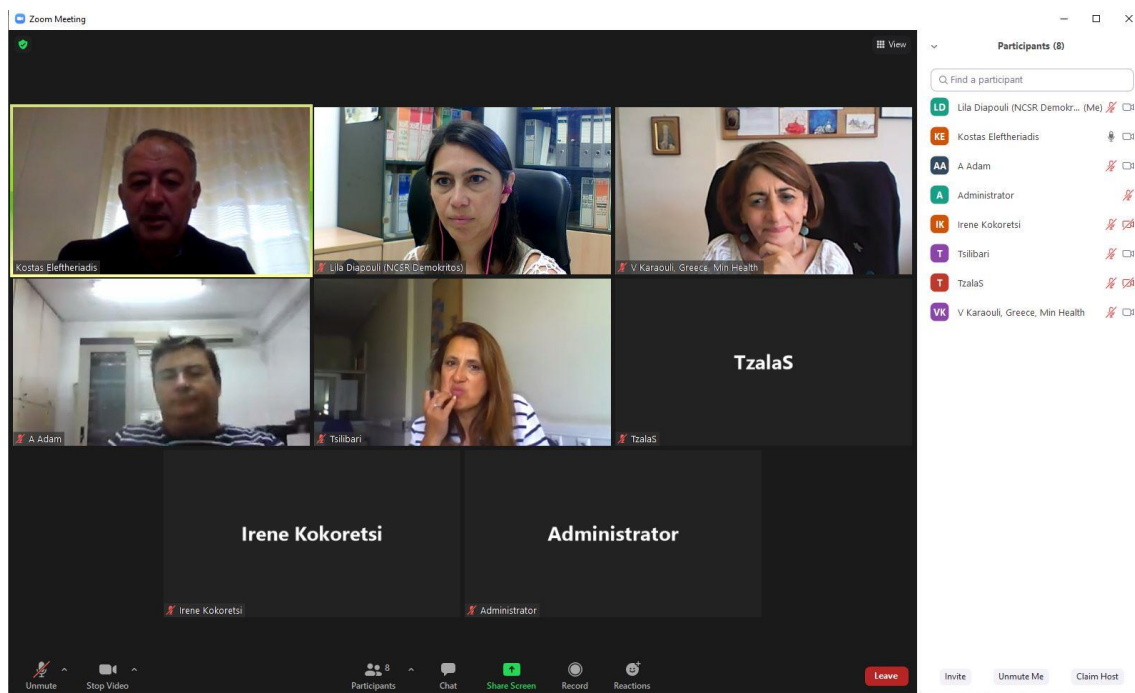


Figure 13 – Final discussion between the NCSR team and stakeholders.

Main conclusions of the meeting

The project key stakeholders in Greece, the Ministries of Environment & Energy and of Health, participated in the meeting and training course, with the objective to be informed on the final outcome of the project, to assess in detail the functionality and effectiveness of the Index-Air Management Tool and to be trained in its use. The Management Tool received very positive feedback, with both stakeholders expressing their interest to use the Tool and obtain further results from the scenario module. The main points raised during the discussion are:

- It is essential that the Tool is updated in order to guarantee its sustainability. E. Tsilibari and A. Adamopoulos mentioned that the EMEP emission inventories are updated every 4 years and this period could be the basis for the update of the Tool. K. Eleftheriadis mentioned the very good and continuous cooperation of NCSR with Msensis company, which facilitates future changes and updates. Of course, the modelling work needed for the Tool update should be also taken into consideration.
- E. Tsilibari and A. Adamopoulos commented on the difficulty to obtain reliable data on the use of wood for residential heating in Athens, and Greece in general. All acknowledged the importance of good quality data for the scenario module. The low impact of measures related to residential wood burning and changes in the bus fleet may be also due to a not so realistic characterisation of these sources. As better and more detailed data may become available, it is important to incorporate them in the Tool.

- A. Adamopoulos commented on the quality of the EMEP emission inventory for Greece. The Ministry of Environment and Energy is responsible for the provision of this data and they are working on enhancing the quality and spatial resolution of the reported emissions. In addition, it should be noted that the EMEP emissions needed further spatial and temporal disaggregation to be inserted into the Tool.
- The Ministry of Environment & Energy showed great interest on the estimates of population exposure and its mapping.
- The Ministry of Health appreciated very much the possibilities of the Tool with respect to assessing the burden of disease for current and future scenarios.

The adoption of the Index-Air Management Tool by these two national authorities ensures the use of the project outcomes after the project end. The project partners will maintain the communication with these two key stakeholder, providing support in the application of the Tool.

Approval of the Meeting Minute

According with the LIFE Index-Air Management Guide the minutes shall be considered as accepted if, within 10 calendar days from sending, no Member has sent an objection in writing to the chairperson. The chairperson will send the final version of the minutes by email to all the beneficiaries that were call to the meeting. Also a copy of the minutes will be archived in the LIFE Index-Air webpage.

ANNEXES

Annex 1: Invitation to the Meeting and Training Course

Annex 2: Agenda of the Meeting and Training Course

Annex 3: List of Participants

Annex 4: Presentations

Annex 1: Invitation to the Meeting and Training Course



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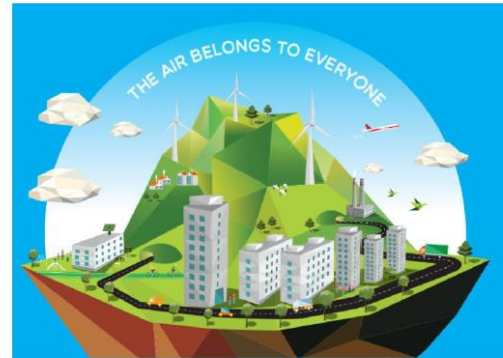
LIFE INDEX-AIR - Ανάπτυξη Εργαλείου Διαχείρισης για τη Μείωση των Συγκεντρώσεων Αιωρούμενων Σωματιδίων στον Αέρα, βάσει της Ολοκληρωμένης Εκτίμησης της Έκθεσης του Πληθυσμού και της Εισερχόμενης στον Οργανισμό Δόσης

ΠΡΟΣΚΛΗΣΗ

Το Ε.Κ.Ε.Φ.Ε. «Δημόκριτος» σας προσκαλεί στην **Ενημερωτική Συνάντηση** σχετικά με τα τελικά αποτελέσματα του έργου LIFE Index-Air και στο **Εκπαιδευτικό Σεμινάριο** πάνω στη χρήση του εργαλείου άσκησης περιβαλλοντικής πολιτικής Index-Air.

Πέμπτη 30 Σεπτεμβρίου 2021 και ώρα 11:00 π.μ.

Διαδικτυακή Εκδήλωση



Πληροφορίες: Ευαγγελία Διαπούλη

E-mail: ldiapouli@ipta.demokritos.gr Τηλ: +30 210 6503259

Annex 2: Agenda of the Meeting and Training Course

LIFEINDEXAIR



Πέμπτη 30/9/2021

Διαδικτυακή εκδήλωση

Ενημερωτική Συνάντηση του έργου LIFE Index-Air

- 11:00 – 11:10 Υποδοχή συμμετεχόντων
- 11:10 – 11:40 Παρουσίαση του έργου LIFE Index-Air
Δρ Κωνσταντίνος Ελευθεριάδης, Ε.Κ.Ε.Φ.Ε. «Δημόκριτος»
- 11:40 – 12:00 Πύλοτική εφαρμογή του εργαλείου Index-Air
Δρ Ευαγγελία Διαπούλη, Ε.Κ.Ε.Φ.Ε. «Δημόκριτος»
- 12:00 – 12:30 Συζήτηση

Εκπαιδευτικό Σεμινάριο πάνω στη χρήση του εργαλείου Index-Air

- 13:00 – 13:30 Παρουσίαση του εργαλείου άσκησης περιβαλλοντικής πολιτικής Index-Air
Δρ Ευαγγελία Διαπούλη, Ε.Κ.Ε.Φ.Ε. «Δημόκριτος»
- 13:30 – 14:30 Πρακτική εξάσκηση πάνω στη χρήση του εργαλείου Index-Air



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Annex 3: List of Participants

Zoom Meeting

You are viewing Kostas Eleftheriadi's screen

View Options

Participants (8)

Find a participant

LD Lila Diapoul (NCSR Demokr... (Me)

KE Kostas Eleftheriadi

AA A Adam

A Administrator

IK Irene Kokoretsi

T Tsilibari

T TzalaS

VK V Karaouli, Greece, Min Health

Unmute Stop Video

Participants Chat Share Screen Record Reactions

Leave Invite Unmute Me Claim Host

Εκτίμηση έκθεσης πολιτών

➤ Καταγραφή χωρο-χρονικής δραστηριότητας μέσω ερωτηματολογίου (χωριστά για καθημερινές και Σαβ/κύριακα) → έμφαση σε παιδιά δημοτικού σχολείου

➤ Εκτίμηση εσωτερικής συγκέντρωσης μέσω σχέσεων I/O, για επιλεγμένα μικροπεριβάλλοντα, κρίσιμα για την έκθεση των πολιτών:

$$E = \frac{1}{T} \cdot \sum_j \int C_j \cdot dt_j$$

5 υποομάδες πληθυσμού:

- Παιδιά προσχολικής ηλικίας (< 5 έτη)
- Παιδιά δημοτικού (5 – 10 έτη)
- Μαθητές / Φοιτητές (11 – 25)
- Εργαζόμενοι ενήλικες (26 – 65)
- Ηλικιωμένοι (> 65 έτη)




Annex 4: Presentations

Ανάπτυξη Εργαλείου Διαχείρισης για τη Μείωση των Συγκεντρώσεων Αιωρούμενων Σωματιδίων στον Αέρα, βάσει της Ολοκληρωμένης Εκτίμησης της Έκθεσης του Πληθυσμού και της Εισερχόμενης στον Οργανισμό Δόσης

**Παρουσίαση του έργου LIFE Index-Air
Δρ Κ. Ελευθεριάδης, Ε.Κ.Ε.Φ.Ε. «Δημόκριτος»**

Ενημερωτική Συνάντηση
Πέμπτη 30 Σεπτεμβρίου 2021



LIFEINDEXAIR       WWW.LIFEINDEXAIR.NET

Έργο LIFE Index-Air



Χρηματοδότηση: LIFE Programme

Διάρκεια: 10/2016 – 09/2021

Συνεργάτες:

Instituto Superior Técnico, Πορτογαλία (Συντονιστής φορέας)

ΕΚΕΦΕ «Δημόκριτος», Ελλάδα

Universidade de Aveiro, Πορτογαλία

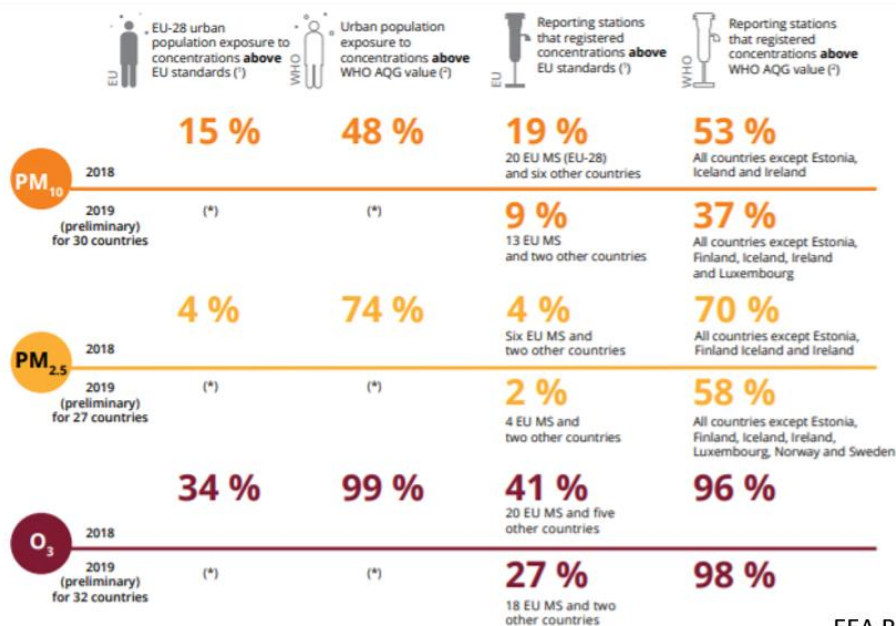
Πολυτεχνείο Κρήτης, Ελλάδα

National Institute for Health and Welfare, Φινλανδία



Ατμοσφαιρική ρύπανση στην Ευρώπη

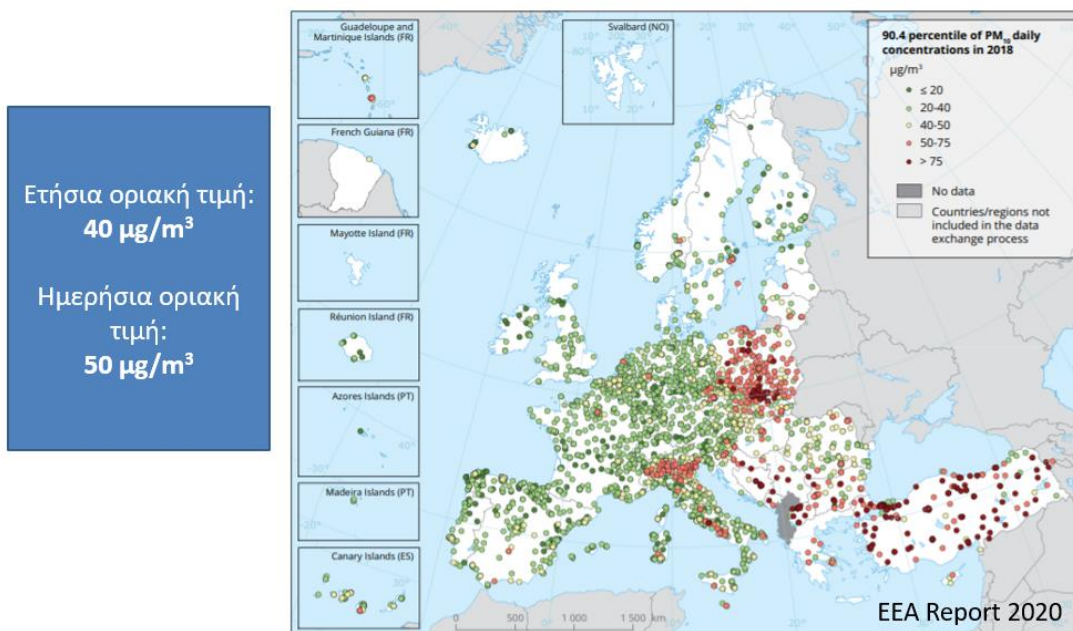
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DALLA UNIONE EUROPEA



EEA Report 2020

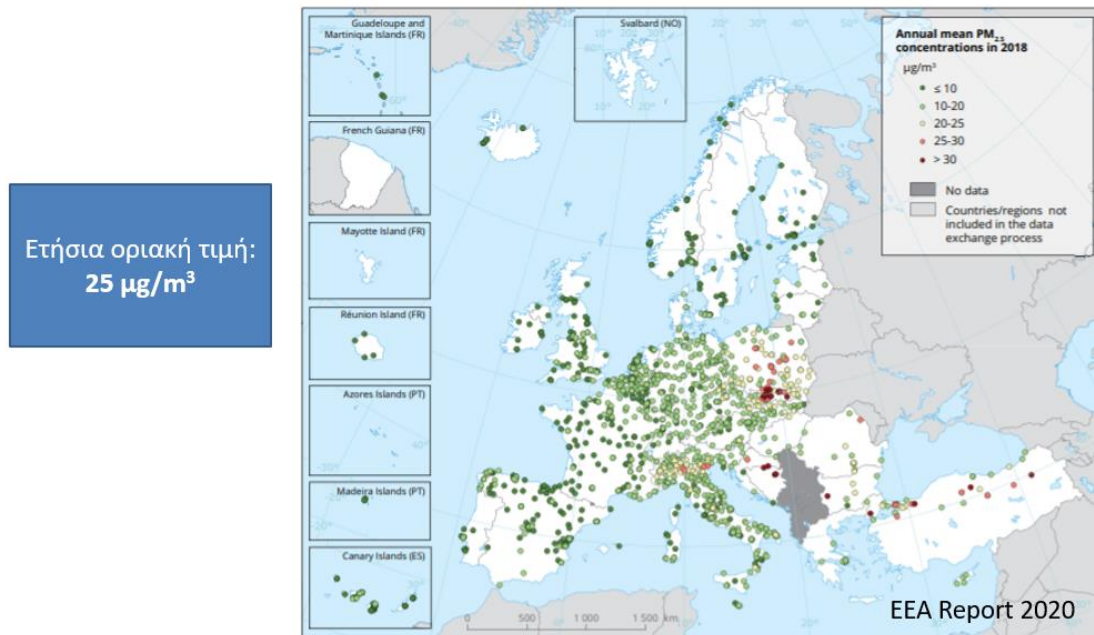
Μέγιστες (90.4 perc.) συγκεντρώσεις ΑΣ10

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Μέσες συγκεντρώσεις ΑΣ2.5

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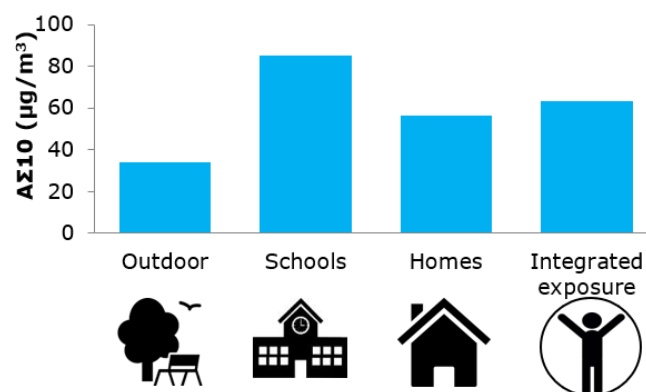


Εκτίμηση έκθεσης πληθυσμού

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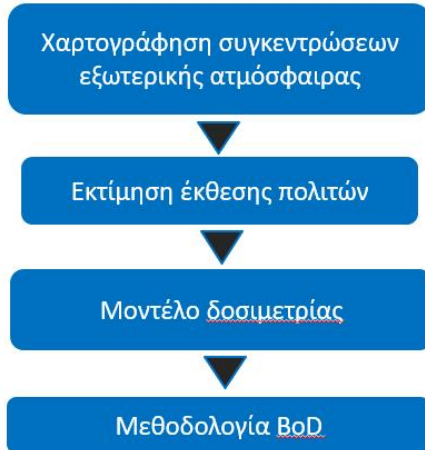


- Οι εξωτερικές συγκεντρώσεις παρουσιάζουν σημαντική χωρική διακύμανση
- Οι αστικοί πληθυσμοί περνούν άνω του 90% της ημέρας του σε εσωτερικούς χώρους
- Σημαντικές διαφοροποιήσεις στο ημερήσιο πρόγραμμα δραστηριοτήτων

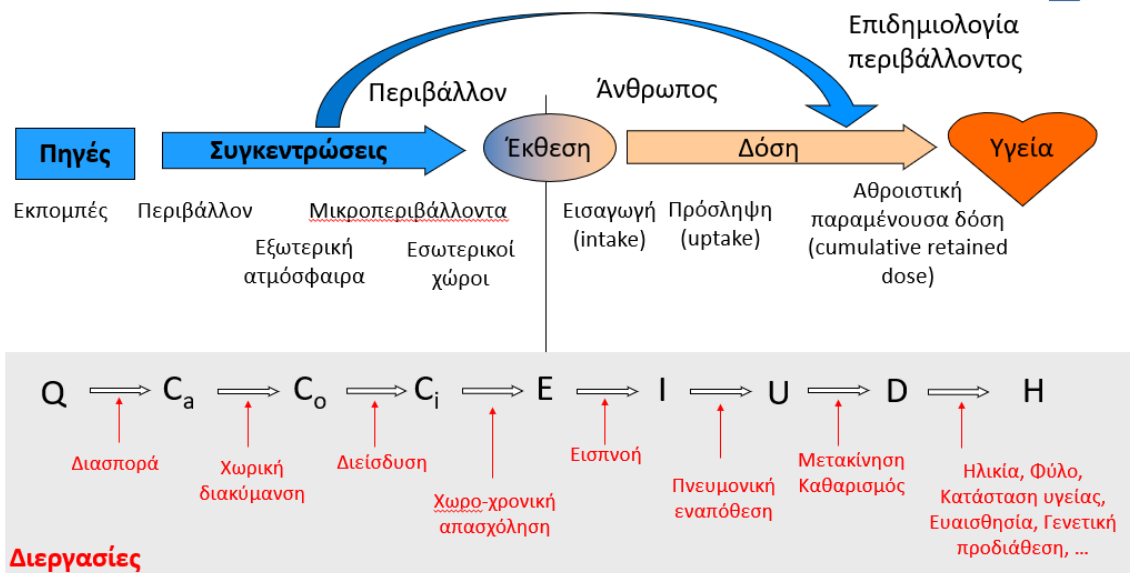


Στόχος έργου LIFE Index-Air

- Ανάπτυξη ενός καινοτόμου και ευέλικτου εργαλείου άσκησης πολιτικής για την αναγνώριση αποτελεσματικών μέτρων μείωσης της ρύπανσης από ΑΣ και προστασίας της δημόσιας υγείας.



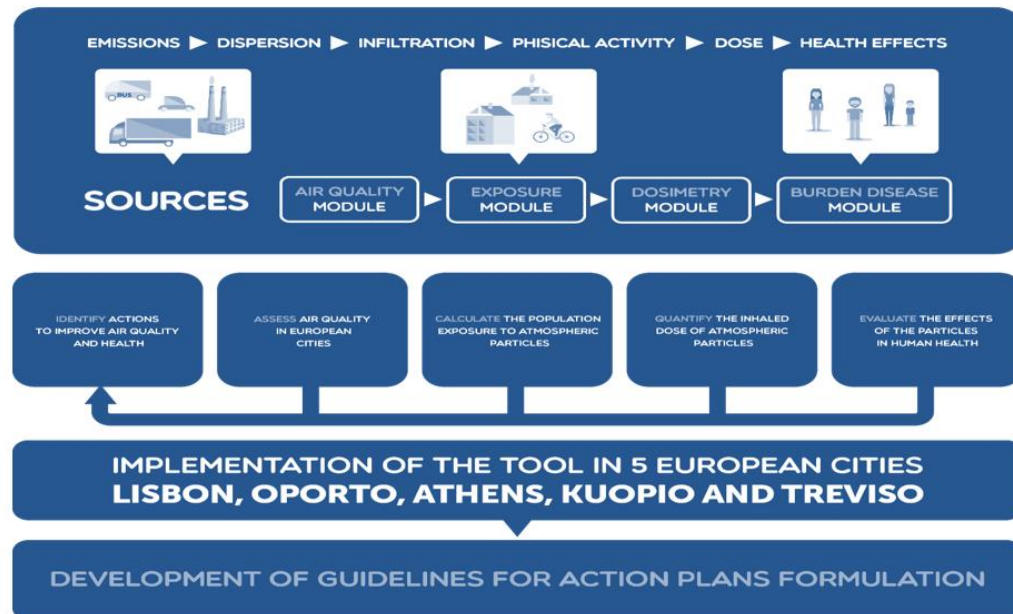
Επιστημονική προσέγγιση



Schematic by Otto Hanninen

Επιμέρους στόχοι & Κύριες δράσεις

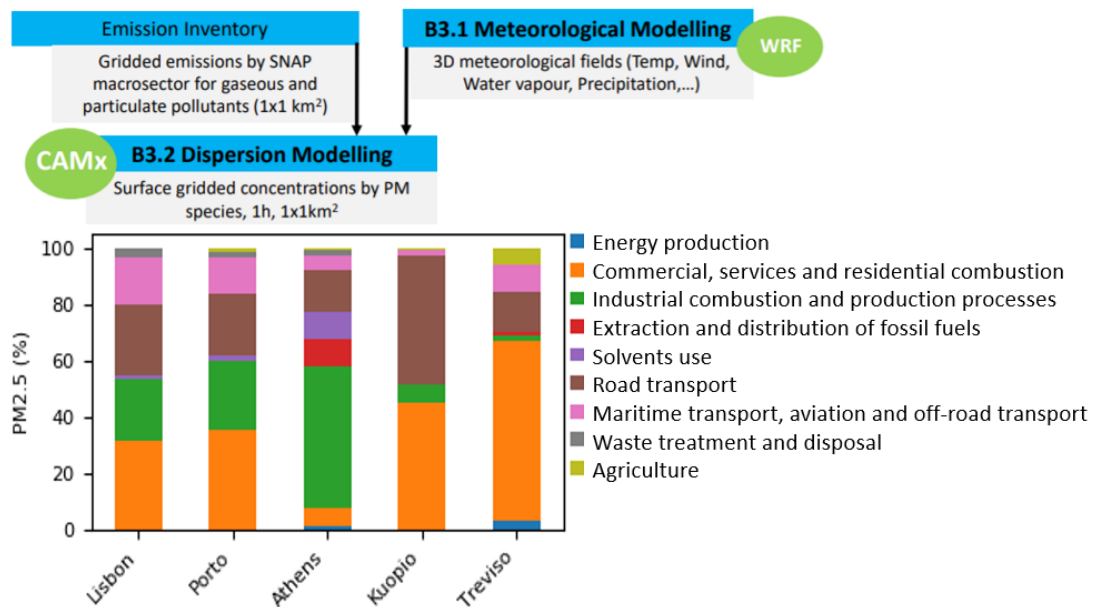
LIFEINDEXAIR
PROJECTO FINANCIADO PELA UNIÃO EUROPEIA



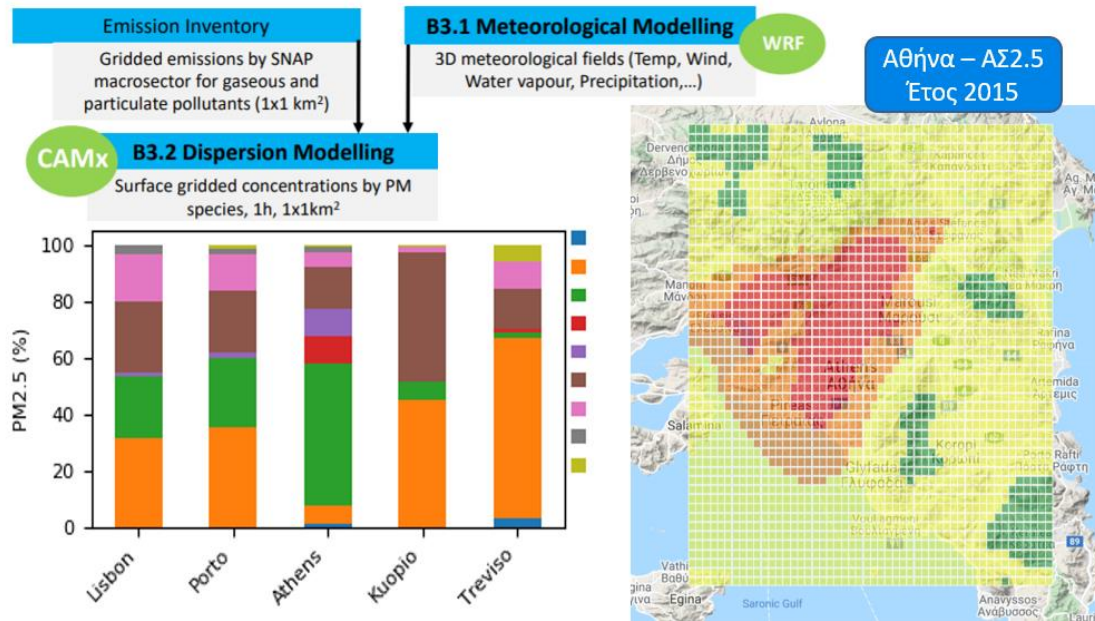
LIFEINDEXAIR
PROJECTO FINANCIADO PELA UNIÃO EUROPEIA



Χαρτογράφηση ατμοσφαιρικών συγκεντρώσεων



Χαρτογράφηση ατμοσφαιρικών συγκεντρώσεων



Συλλογή δεδομένων συγκέντρωσης και χημικής σύστασης ΑΣ

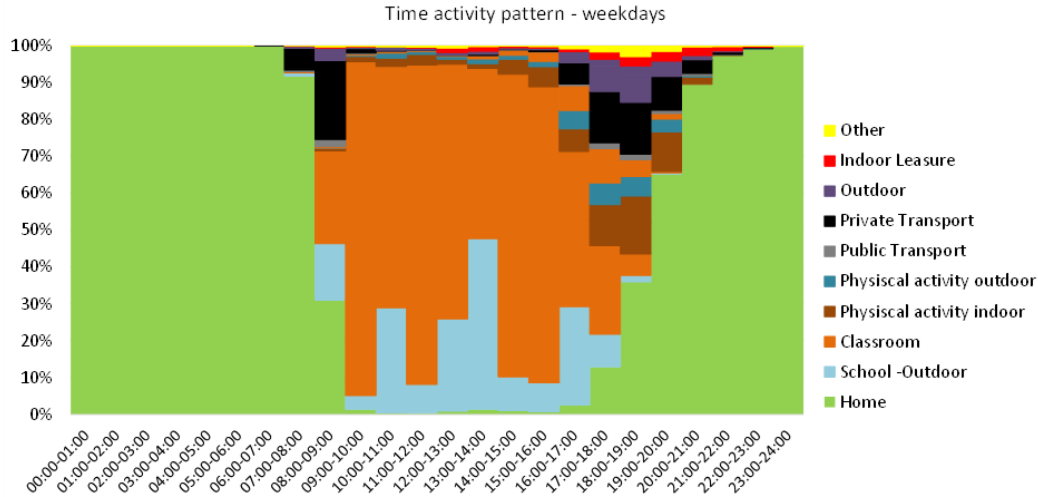
- Από προηγούμενες καμπάνιες μέτρησης στην εξωτερική ατμόσφαιρα και επιλεγμένους εσωτερικούς χώρους
- Από σταθμούς παρακολούθησης της ατμοσφαιρικής ρύπανσης (πχ εθνικά δίκτυα ή/και ερευνητικοί σταθμοί)
- Μέσω στοχευμένης καμπάνιας στην Λισαβόνα, στο πλαίσιο του έργου

- ✓ Επικύρωση του μοντέλου
- ✓ Υπολογισμός σχέσεων I/O (εσωτερικής ως προς εξωτερική συγκέντρωση)



Εκτίμηση έκθεσης πολιτών

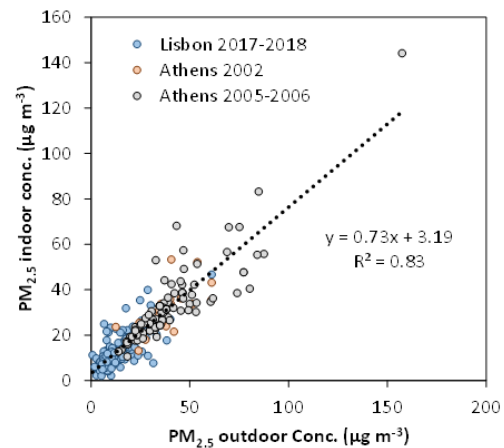
- Καταγραφή χωρο-χρονικής δραστηριότητας μέσω ερωτηματολογίου (χωριστά για καθημερινές και Σαβ/κύριακα) → έμφαση σε παιδιά δημοτικού σχολείου



Εκτίμηση έκθεσης πολιτών


- Καταγραφή χωρο-χρονικής δραστηριότητας μέσω ερωτηματολογίου (χωριστά για καθημερινές και Σαβ/κύριακα) → έμφαση σε παιδιά δημοτικού σχολείου
- Εκτίμηση εσωτερικής συγκέντρωσης συναρτήσει της εξωτερικής, για επιλεγμένα μικροπεριβάλλοντα, κρίσιμα για την έκθεση των πολιτών:

- ✓ Κατοικίες
- ✓ Σχολεία
- ✓ Χώροι γραφείων
- ✓ Μέσα μεταφοράς
- ✓ Εσωτερικοί χώροι υψηλής συγκέντρωσης ατόμων (καταστήματα, εστιατόρια, κλπ.)



Εκτίμηση έκθεσης πολιτών

- Καταγραφή χωρο-χρονικής δραστηριότητας μέσω ερωτηματολογίου (χωριστά για καθημερινές και Σαβ/κύριακα) → έμφαση σε παιδιά δημοτικού σχολείου
- Εκτίμηση εσωτερικής συγκέντρωσης μέσω σχέσεων I/O, για επιλεγμένα μικροπεριβάλλοντα, κρίσιμα για την έκθεση των πολιτών:

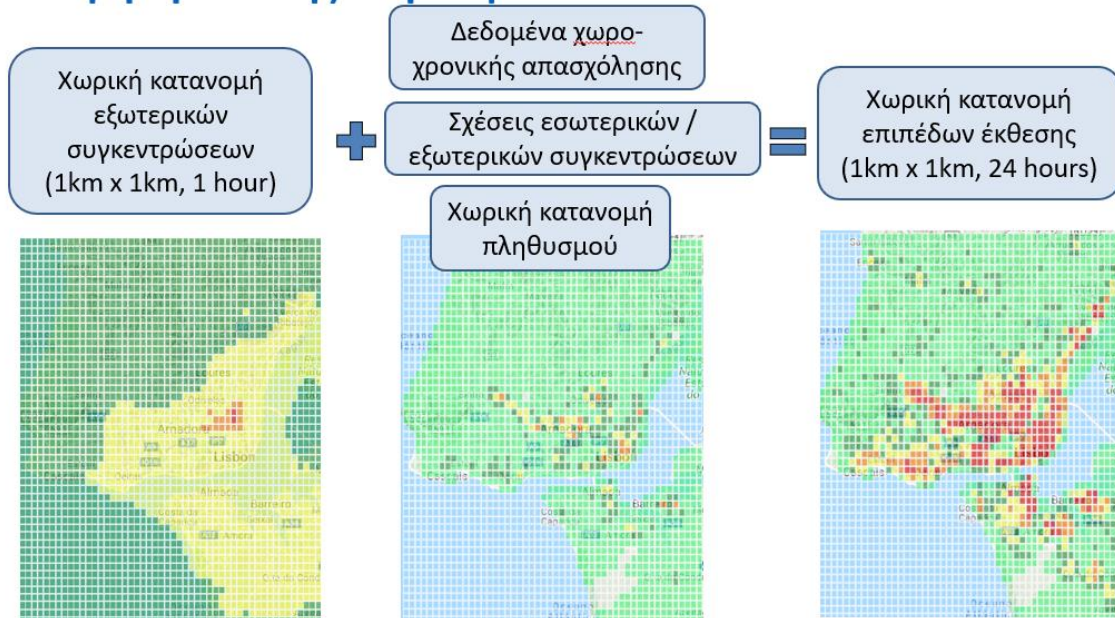


$$E = \frac{1}{T} \cdot \sum_j \int C_j \cdot dt_j$$

5 υποομάδες πληθυσμού:

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- Εργαζόμενοι ενήλικες (26 – 65)
- Ηλικιωμένοι (> 65 έτη)

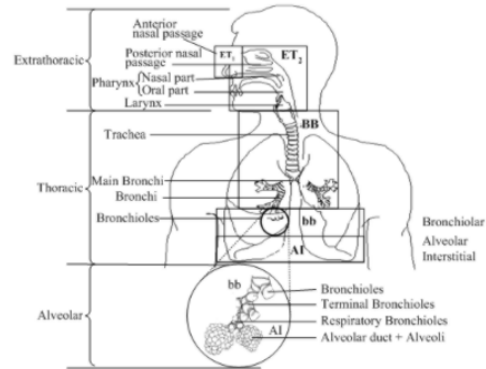
Εκτίμηση έκθεσης πληθυσμού



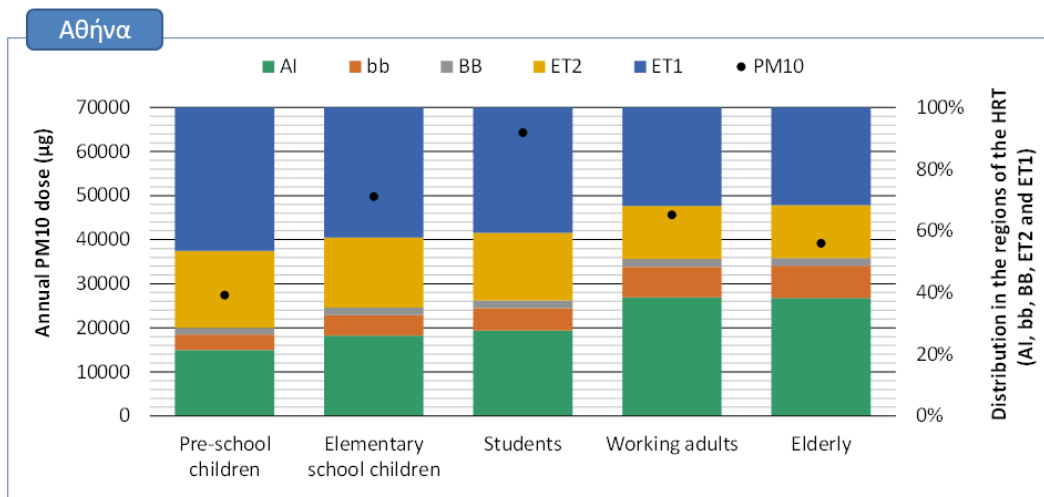
Εκτίμηση δόσης ΑΣ στον ανθρώπινο οργανισμό

Εκτίμηση της δόσης ΑΣ₁₀, ΑΣ_{2.5} και ΑΣ_{2.5-10} σε 5 περιοχές του ανθρώπινου αναπνευστικού συστήματος (ET1, ET2, BB, bb & AI), με χρήση του μοντέλου ExDoM2.

- Χρήση χαρακτηριστικής κατανομής μεγέθους ΑΣ σε κάθε πόλη
- Εκτίμηση για κάθε υποομάδα πληθυσμού, με βάση:
 - ✓ τα ιδιαίτερα ανατομικά και φυσιολογικά χαρακτηριστικά της,
 - ✓ το πρόγραμμα δραστηριότητας και
 - ✓ τα επίπεδα προσωπικής έκθεσης.



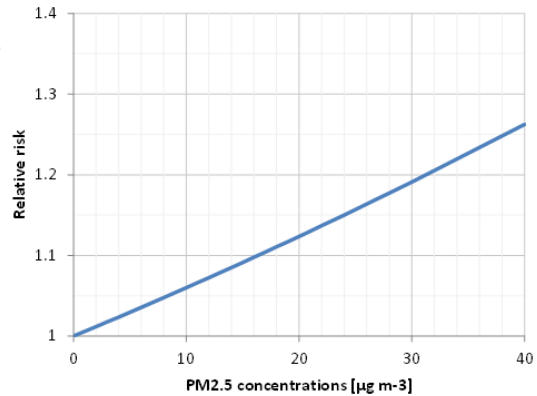
Εκτίμηση δόσης ΑΣ στον ανθρώπινο οργανισμό



Εκτίμηση της επιβάρυνσης της δημόσιας υγείας (Burden of Disease, BoD) λόγω της έκθεσης σε ΑΣ2.5

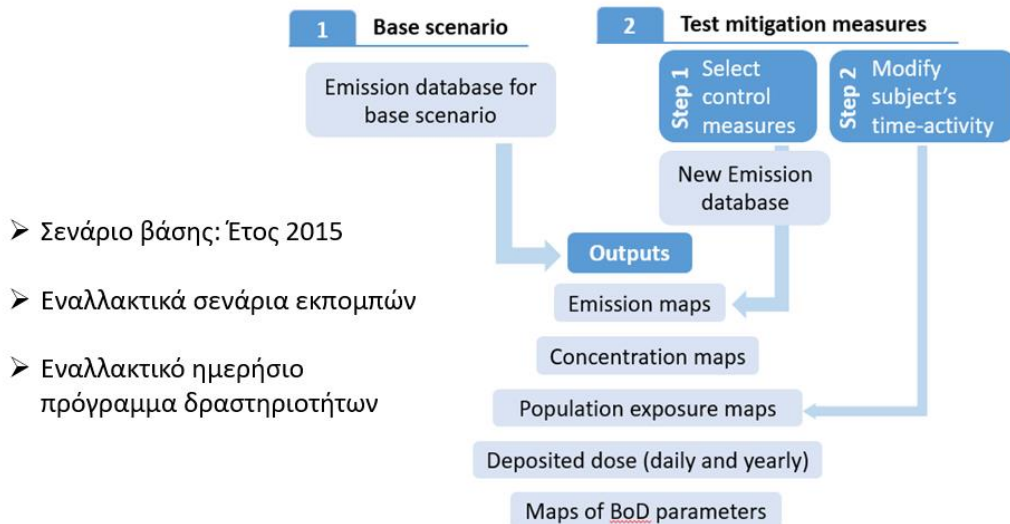
Η μεθοδολογία εκτίμησης του BoD βασίζεται σε σχέσεις συγκέντρωσης ρύπου και αντίκτυπου στην υγεία (Concentration – Response functions) και υπολογίζει την επιβάρυνση στην υγεία, μέσω των παρακάτω παραμέτρων:

- ✓ YLL - years of life lost due to premature mortality
- ✓ YLD - disability weighted years lived with disabilities
- ✓ DALY - disability adjusted life years = YLL + YLD
- ✓ Number of Deaths



C-R functions for natural mortality from HRAPIE recommendations (Heroux et al. 2015).

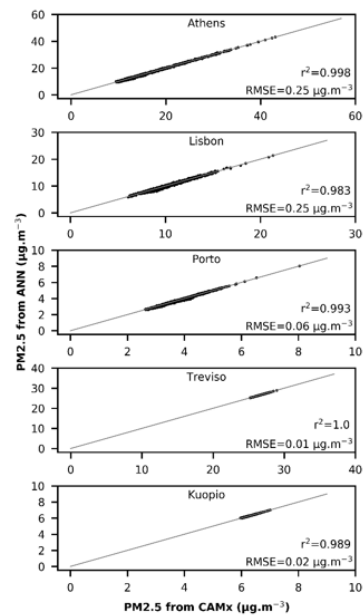
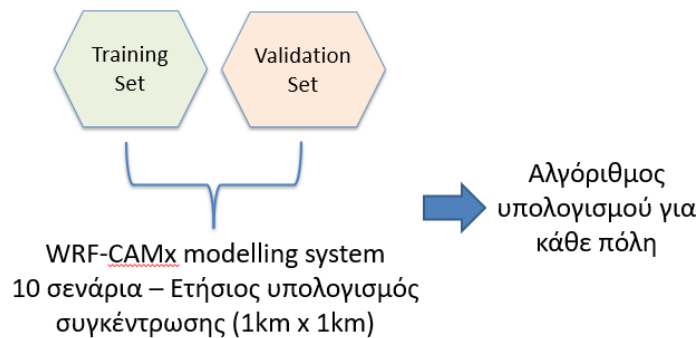
Ανάπτυξη του εργαλείου άσκησης πολιτικής Index-Air



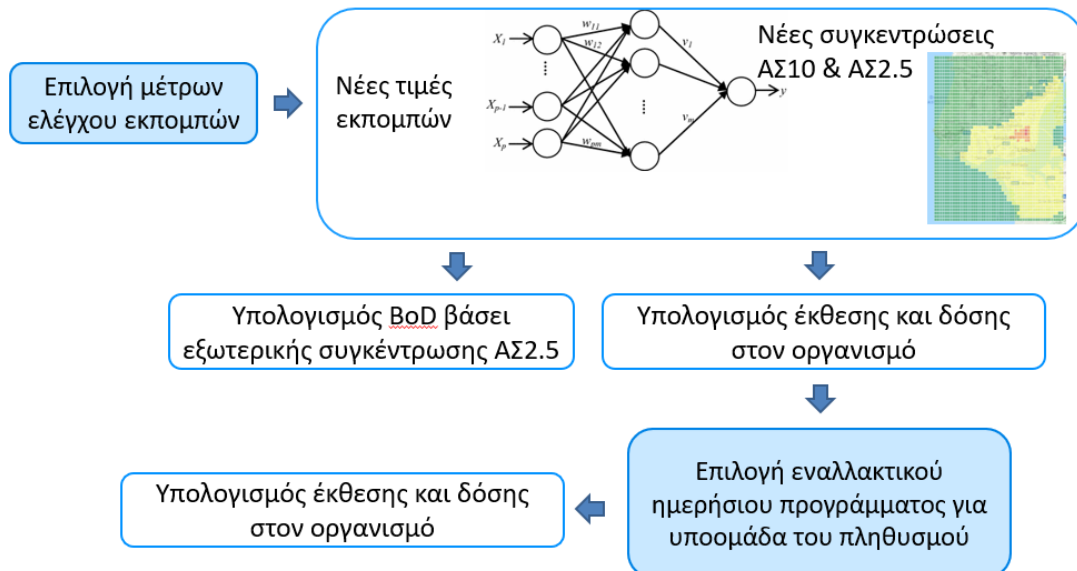
Εφαρμογή εναλλακτικού σεναρίου

- Μη γραμμική σχέση μεταξύ συγκέντρωσης και εκπομπών
- Ανάγκη για μικρούς υπολογιστικούς χρόνους

Υπολογισμός της εξωτερικής συγκέντρωσης ΑΣ, για τη διαφοροποιημένη βάση των εκπομπών, με χρήση Τεχνητών Νευρωνικών Δικτύων (Artificial Neural Networks, ANN)

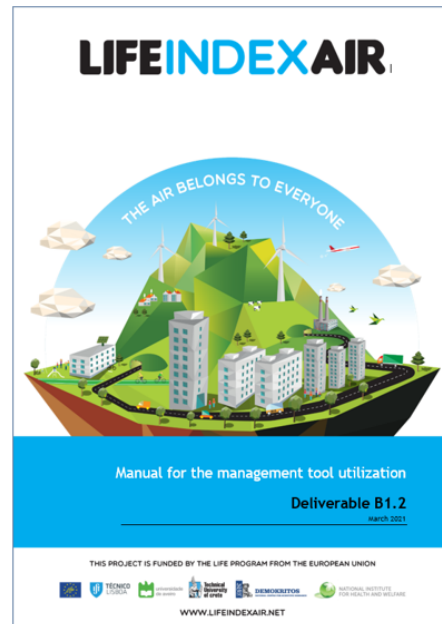


Εφαρμογή εναλλακτικού σεναρίου



Τελικά παραδοτέα του έργου

- ✓ Το εργαλείο Index-Air είναι διαθέσιμο διαδικτυακά
↓
- ✓ Οδηγός χρήσης σε ηλεκτρονική μορφή και εκπαιδευτικό βίντεο
- ✓ Πιλοτική εφαρμογή του εργαλείου στις 5 πόλεις (Αθήνα, Κουόπιο, Λισαβόνα, Πόρτο, Τρεβίζο)
↓
- ✓ Παρουσίαση υφιστάμενης κατάστασης & προτεινόμενες δράσεις για μείωση των συγκεντρώσεων των ΑΣ και προστασία της δημόσιας υγείας



Ανάπτυξη Εργαλείου Διαχείρισης για τη Μείωση των
Συγκεντρώσεων Αιωρούμενων Σωματιδίων στον Αέρα, βάσει
της Ολοκληρωμένης Εκτίμησης της Έκθεσης του Πληθυσμού
και της Εισερχόμενης στον Οργανισμό Δόσης

Πιλοτική εφαρμογή του εργαλείου Index-Air
Δρ Ε. Διαπούλη, Ε.Κ.Ε.Φ.Ε. «Δημόκριτος»

Ενημερωτική Συνάντηση
Πέμπτη 30 Σεπτεμβρίου 2021



WWW.LIFEINDEXAIR.NET

Πιλοτική εφαρμογή του εργαλείου Index-Air



LIFEINDEXAIR

HOME

DATA ANALYSIS

City:

Choose City -

1. Lisbon
2. Porto
3. Athens
4. Kuopio
5. Treviso



City:

3. Athens -

Year:

2015

Go

Base

Scenario

Wood consumed
(ton/year)

26144

Cruisers

622

Total Passenger Cars
(n)

2991570

Total Standard Buses
(n)

2153

Emissions

Ambient concentrations

PM10 Exceedances

Population groups maps

Population exposure

Deposited dose

Burden of disease

Pollutant:

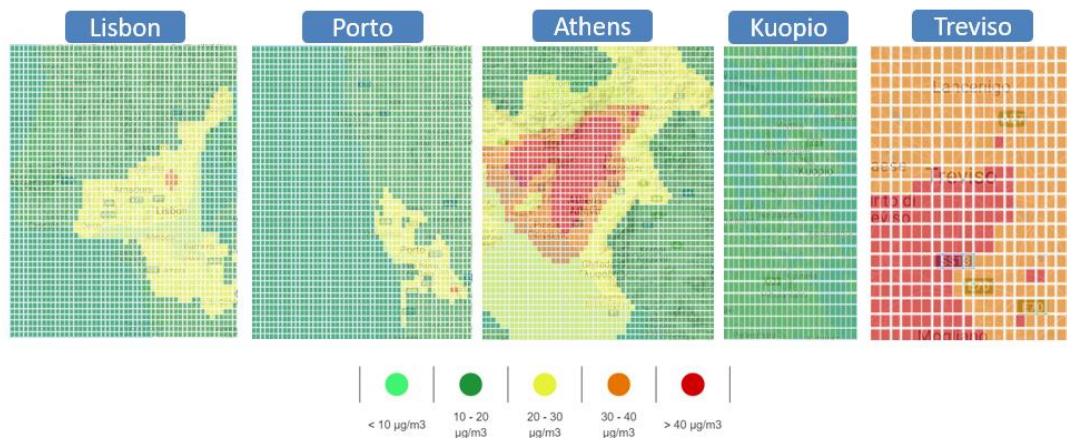
Choose Pollutant -

Source:

Choose Source -

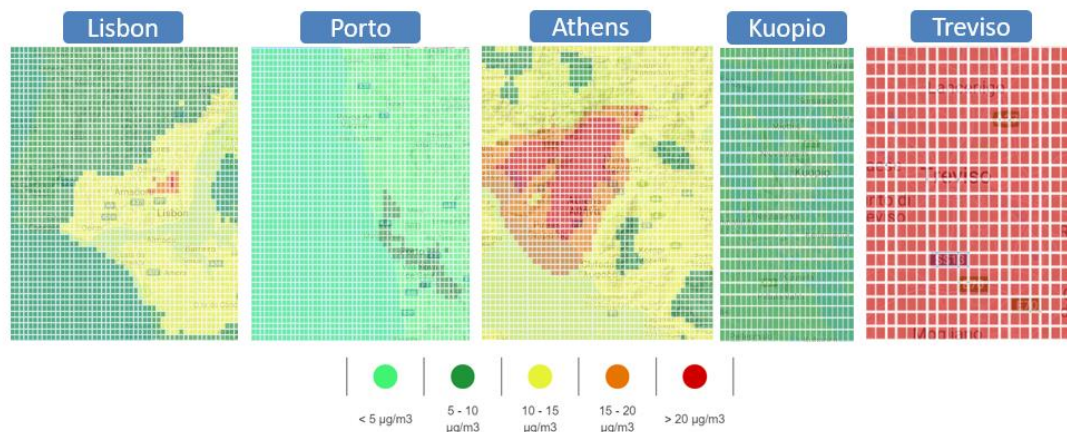
Get Data

Ατμοσφαιρικές συγκεντρώσεις ΑΣ10



PM ₁₀ (μg/m ³)	Lisbon	Porto	Athens	Kuopio	Treviso
Central municipality	25.4	20.9	40.2	11.9	39.8
Other municipalities	18.1	16.2	26.3	11.4	38.6

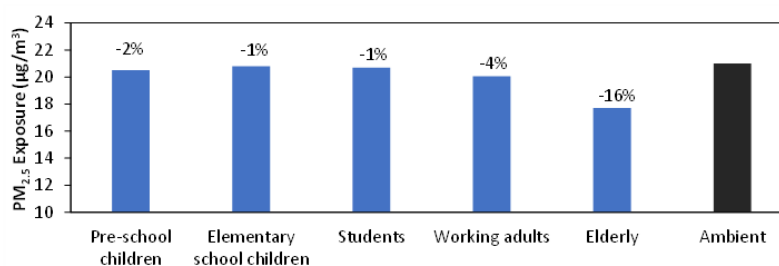
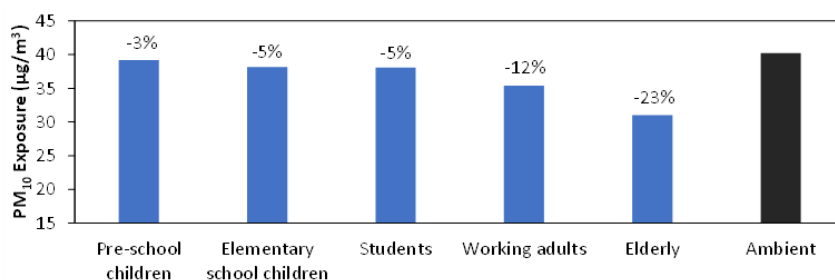
Ατμοσφαιρικές συγκεντρώσεις ΑΣ2.5



PM _{2.5} (μg/m ³)	Lisbon	Porto	Athens	Kuopio	Treviso
Central municipality	13.8	5.0	21.0	6.2	26.8
Other municipalities	10.0	4.0	13.8	6.1	26.0

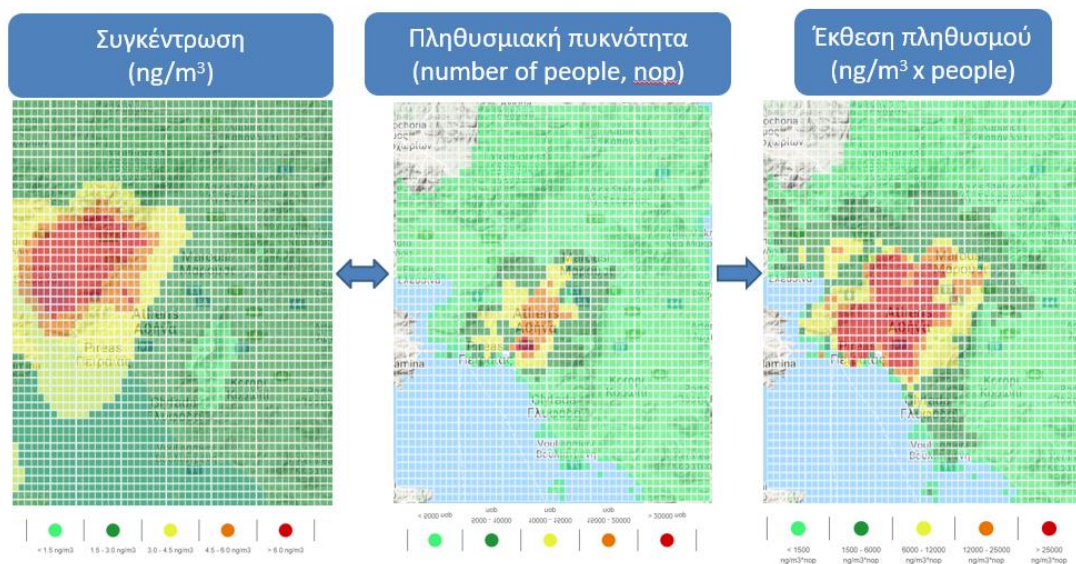
Προσωπική έκθεση πολιτών

Αθήνα – Μέσες τιμές για το Δήμο Αθηναίων

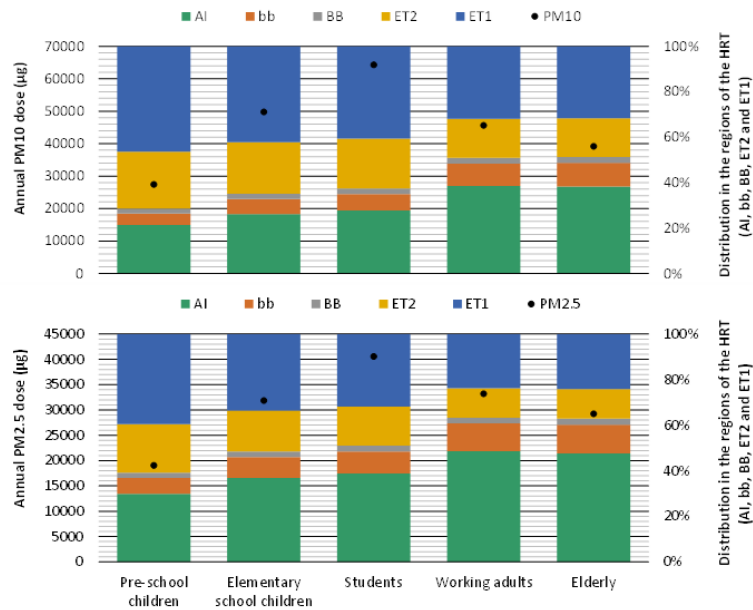


Έκθεση πληθυσμού

Αθήνα – Αρσενικό (As) στα ΑΣ10



Δόση ΑΣ στον ανθρώπινο οργανισμό

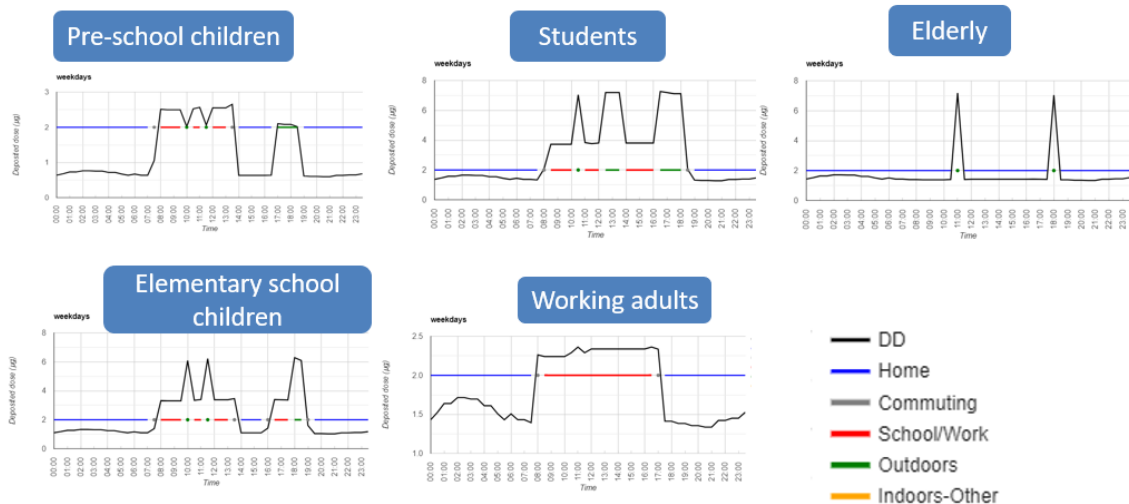


Αθήνα

Ετήσια δόση ΑΣ
 λόγω έκθεσης σε
 ΑΣ10 και ΑΣ2.5

Δόση ΑΣ στον ανθρώπινο οργανισμό

Αθήνα: Συνολική δόση στο αναπνευστικό σύστημα λόγω
 έκθεσης σε ΑΣ2.5



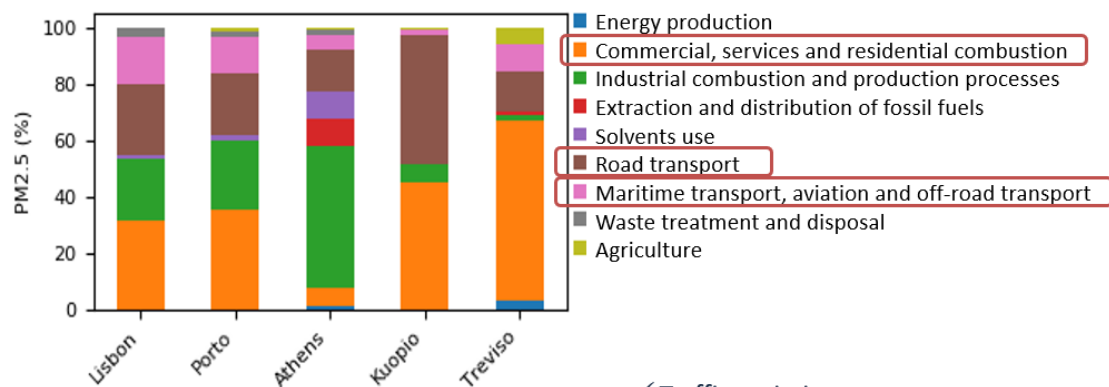
Επιβάρυνση στη δημόσια υγεία



Athens: Burden of disease

	Upper Respiratory Infections			Natural Mortality		
	Pre-school children	Elementary school children	All groups	Working adults	Elderly	All groups
DALY	1.20	1.10	2.20	46000	56000	100000
YLL	0.00	0.00	0.00	23000	43000	66000
YLD	1.20	1.10	2.20	23000	13000	36000
Deaths	0.00	0.00	0.00	640	3400	4100
Sick days (mild)	–	11000	–	–	–	–
Sick days (moderate)	–	7200	–	–	–	–
Sick days (severe)	–	140	–	–	–	–
Days of school absenteeism	–	3500	–	–	–	–
Total sick days	–	19000	–	–	–	–

Επιλογή μέτρων ελέγχου



- ✓ Traffic emissions
- ✓ Domestic wood burning
- ✓ Cruise shipping

Επιλογή μέτρων ελέγχου

LIFEINDEXAIR

HOME DATA ANALYSIS ABOUT CONTACTS

LOG OUT

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msensis

City: Year:

Base Scenario

Wood consumed (ton/year) <input type="text" value="26144"/>		Cruise ships <input type="text" value="622"/>	Total Passenger Cars (n) <input type="text" value="2891572"/>	Total Standard Buses (n) <input type="text" value="2152"/>
-------------------------------------------------------------	--	-----------------------------------------------	---------------------------------------------------------------	------------------------------------------------------------

Improvement measure:

Petrol Passenger Cars (%) Diesel Standard Buses (%)

Diesel Passenger Cars (%) Natural Gas Standard Buses (%)

Electric Passenger Cars (%) Electric Standard Buses (%)

Total

Petrol Passenger Cars (%) Diesel Passenger Cars (%) Diesel Standard Buses (%)

Euro I

Euro II

Euro III

Euro IV

Euro V

Euro VI

Total

Total Passenger Cars (n)

Total Standard Buses (n)

Improvement measure:

Fireplace (%)

More Efficient Fireplaces (%)

Woodstove (%)

Wood burning furnace (%)

Salamander Stove (%)

Boiler (%)

Oven (%)

Wood burning water heater (%)

Furnace (%)

Total

Wood consumed (ton/year)

Improvement measure:

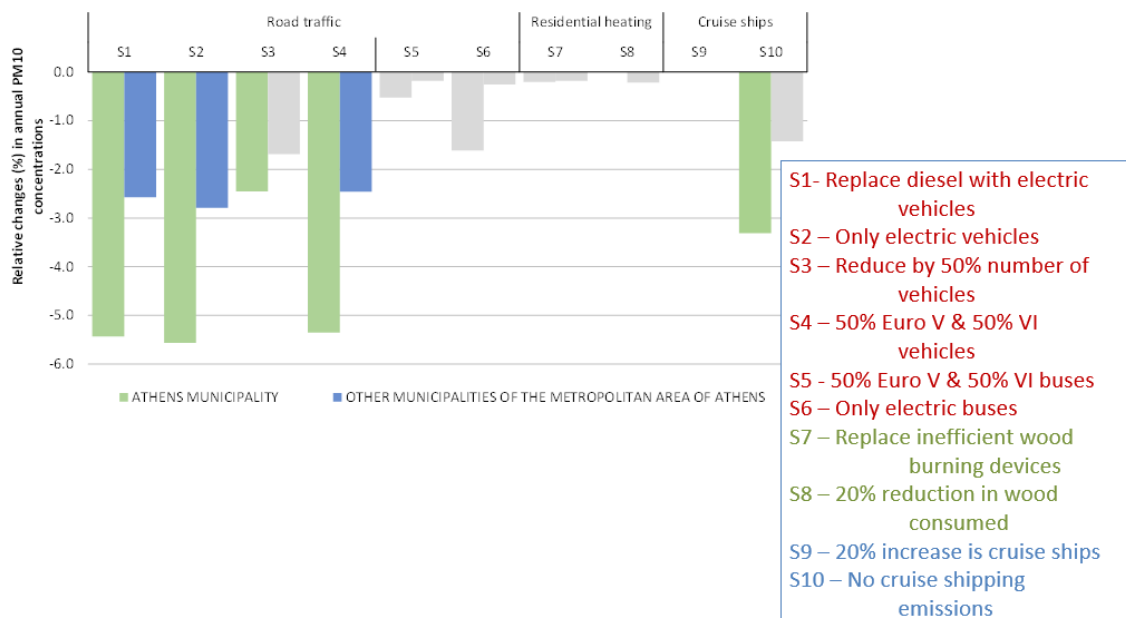
Number of Cruisers

+

Modified time-activity

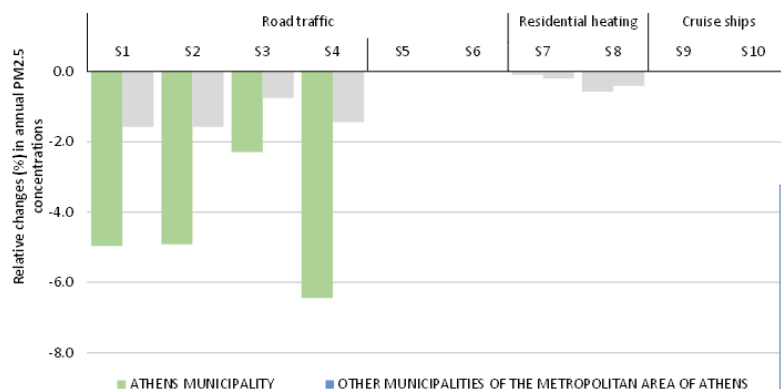
Αντίκτυπος μέτρων στις συγκεντρώσεις ΑΣ10

LIFEINDEXAIR
ΠΡΟΓΝΩΣΤΙΚΟ ΜΟΝΤΕΛΟ ΠΟΛΥΜΕΤΕΩΡΟ



Αντίκτυπος μέτρων στις συγκεντρώσεις ΑΣ2.5

LIFEINDEXAIR
PROGETTO FINANZIATO
PEL LA UNIONE EUROPEA



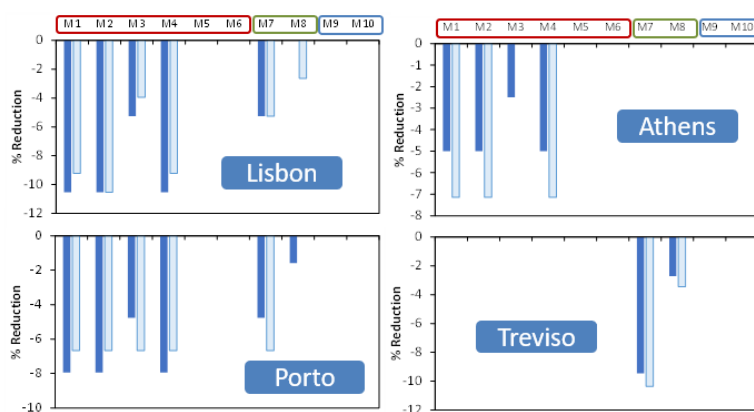
- S1- Replace diesel with electric vehicles
- S2 – Only electric vehicles
- S3 – Reduce by 50% number of vehicles
- S4 – 50% Euro V & 50% VI vehicles
- S5 - 50% Euro V & 50% VI buses
- S6 – Only electric buses
- S7 – Replace inefficient wood burning devices
- S8 – 20% reduction in wood consumed
- S9 – 20% increase in cruise ships
- S10 – No cruise shipping emissions

Αντίκτυπος μέτρων στη δημόσια υγεία

LIFEINDEXAIR
PROGETTO FINANZIATO
PEL LA UNIONE EUROPEA



■ Mortality ■ Number of days of severe sickness (children)

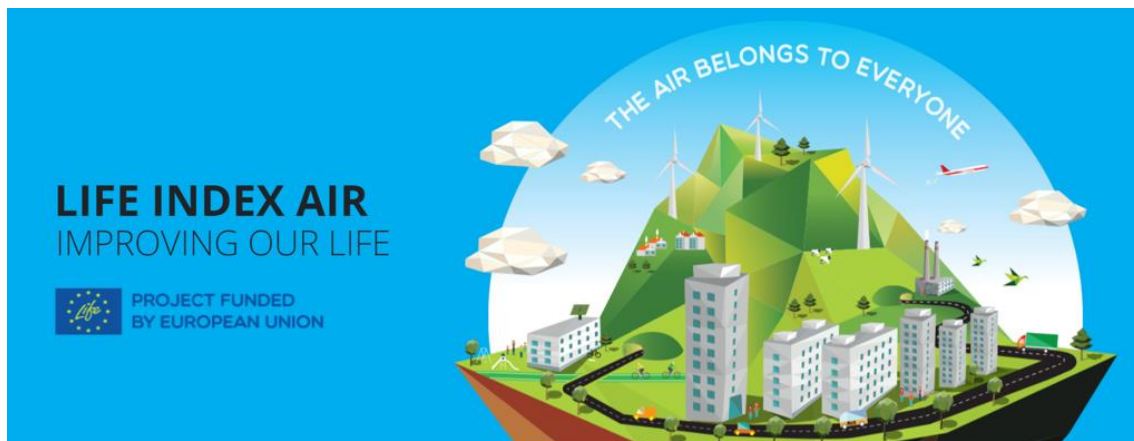


- M1- Replace diesel with electric vehicles
- M2 – Only electric vehicles
- M3 – Reduce by 50% number of vehicles
- M4 – 50% Euro V & 50% VI vehicles
- M5 - 50% Euro V & 50% VI buses
- M6 – Only electric buses
- M7 – Replace inefficient wood burning devices
- M8 – 20% reduction in wood consumed
- M9 – 20% increase in cruise ships
- M10 – No cruise shipping emissions



Γενικά συμπεράσματα

- ❖ Το εργαλείο άσκηση πολιτικής Index-Air συσχετίζει τις εκπομπές ατμοσφαιρικών ρύπων με τις συγκεντρώσεις των ΑΣ, την προσωπική έκθεση και την έκθεση του πληθυσμού, τη δόση των σωματιδίων που εναποτίθενται στο αναπνευστικό σύστημα του ανθρώπου, και την συνολική επιβάρυνση στη δημόσια υγεία.
- ❖ Η εφαρμογή των εναλλακτικών σεναρίων δίνει τη δυνατότητα αξιολόγησης της αποτελεσματικότητας μέτρων ελέγχου που σχετίζονται με την οδική κυκλοφορία, την οικιακή καύση βιομάζας και τις εκπομπές από κρουαζιερόπλοια.
- ❖ Η πιλοτική εφαρμογή του εργαλείου αναγνώρισε ως σημαντικές πηγές σωματιδιακής ρύπανσης την οδική κυκλοφορία στη Λισαβόνα, στο Πόρτο και στην Αθήνα, και την οικιακή καύση ξύλου στο Τρεβίζο, στη Λισαβόνα και στο Πόρτο.



Ανάπτυξη Εργαλείου Διαχείρισης για τη Μείωση των Συγκεντρώσεων Αιωρούμενων Σωματιδίων στον Αέρα, βάσει της Ολοκληρωμένης Εκτίμησης της Έκθεσης του Πληθυσμού και της Εισερχόμενης στον Οργανισμό Δόσης

Παρουσίαση του εργαλείου άσκησης περιβαλλοντικής πολιτικής Index-Air

Δρ Ε. Διαπούλη, Ε.Κ.Ε.Φ.Ε. «Δημόκριτος»

Εκπαιδευτικό Σεμινάριο
Πέμπτη 30 Σεπτεμβρίου 2021



Παρουσίαση και πρακτική εφαρμογή του εργαλείου Index-Air



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LIFE INDEX-AIR PROJECT
PARTNERS
MANUAL
INFORMATIVE VIDEO

The Index-Air Tool is an integrated exposure-dose-burden of disease tool, which allows the quantitative assessment of policies and mitigation strategies for air quality management and protection of public health.

- » The tool analyses emission and ambient concentration data, based on current conditions as well as future scenarios determined by the user for testing different mitigation measures.
- » Through the application of a number of specialised models, it calculates population exposure to airborne particulate matter (PM), deposited dose and respective burden of disease.

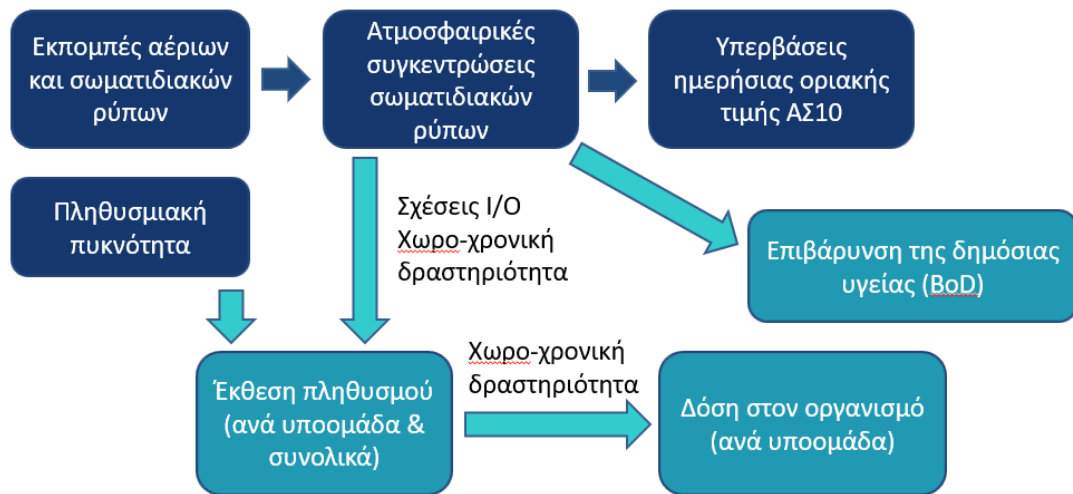
A detailed manual and an informative video are also available, describing how the Index-Air Tool was developed and its features and mode of operation.

The tool is currently applied for 5 cities: Athens, Kuopio, Lisbon, Porto and Treviso. If you are interested in including your city in the LIFE Index-Air Tool, please contact: info@lifeindexair.com

Management Tool

The Index-Air Tool was developed with the contribution of the LIFE financial instrument of the European Community (LIFE15 ENV/PT/000674). This work reflects only the authors' view and EASME is not responsible for any use that may be made of the information it contains.

Υπολογιστικά βήματα



Εναλλακτικά σενάρια εκπομπών

➤ Vehicular Traffic

- Apportionment (%) of total passenger cars per fuel type (petrol, diesel or electric)
- Apportionment (%) of petrol passenger cars per age (Euro I to Euro IV)
- Apportionment (%) of diesel passenger cars per age (Euro I to Euro IV)
- Apportionment (%) of standard buses per fuel type (diesel, natural gas or electric)
- Apportionment (%) of diesel standard buses per age (Euro I to Euro IV)
- Total number of passenger cars
- Total number of standard buses

➤ Residential heating

- Apportionment (%) of wood burning devices per type
- Quantity of wood consumed (in tons/year).

➤ Cruise shipping

- Number of cruisers (for Athens, Lisbon and Porto)

Τιμές αναφοράς παραμέτρων εκπομπών

Οδική κυκλοφορία

Table A1a. ATHENS: Base case input data for Traffic.

Total number of passenger cars	2991572	Total number of standard buses	2153
Petrol Passenger Cars (%)	92.40	Diesel Standard Buses (%)	80.80
Diesel Passenger Cars (%)	7.20	Natural Gas Standard Buses (%)	19.20
Electric Passenger Cars (%)	0.40	Electric Standard Buses (%)	0.00
Petrol Passenger Cars		Diesel Passenger Cars	Diesel Standard Buses
Euro I (%)	12.09	12.09	22.89
Euro II (%)	20.66	20.66	42.49
Euro III (%)	31.63	31.63	16.22
Euro IV (%)	27.24	27.24	12.65
Euro V (%)	7.38	7.38	5.75
Euro VI (%)	1.00	1.00	0.00

Τιμές αναφοράς παραμέτρων εκπομπών

Οικιακή καύση ξύλου

Table A2a. ATHENS: Base case input data for Residential heating.

Type of device	Contribution (%)
Fireplace	3.20
More Efficient Fireplaces	1.80
Woodstove	8.00
Wood burning furnace	5.30
Salamander Stove	31.00
Boiler	31.00
Oven	16.00
Wood burning water heater	1.50
Furnace	2.20
Quantity of wood consumed (tons/year)	26144

Τιμές αναφοράς παραμέτρων εκπομπών



Εκπομπές από κρουαζιερόπλοια

Table A3. Base case input data for Cruise ships.

City	Number of cruise ships
Athens	622
Lisbon	300
Porto	85

- ★ ▪ Πρέπει να συμπληρωθούν όλες οι παράμετροι σε κάθε κατηγορία μέτρων.
- Προτείνεται η σύγκριση των εναλλακτικών σεναρίων με το σενάριο αναφοράς που προκύπτει με χρήση του αλγόριθμου ANN.

Εναλλακτικά σενάρια ημερήσιας δραστηριότητας για επιλεγμένη υποομάδα





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